



#### Understanding Manual J Load Calculations

Amerep

Mike Barcik, Southface Matt Belcher, Energy Code Consultant

### **Energy Code Resources**



#### **Technical assistance or training requests:**

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#### Energy Code Resources

Missouri Residential Building Energy Code Construction Practices Study: <u>https://energy.mo.gov/energy-codes/missouri-residential-building-codes-study</u> For additional information on other DOE Field Studies and participating states, please visit <u>https://www.energycodes.gov/compliance/energy-code-field-studies</u>. Additional education resources are available at <u>www.southfaceonlinetraining.org</u>.

www.southface.org mikeb@southface.org



## About Southface

www.southface.org



Building a Regenerative Economy, Responsible Resource Use & Social Equity Through a Healthy Built Environment for All



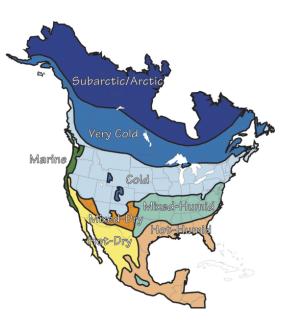
- Mike Barcik Technical Principal
- mikeb@southface.org





### Why building science?

- Employ scientific principles from a variety of fields that govern building performance
- Optimize building performance and understand, prevent and correct building failures
- Systems approach to houses
- Physics of
  - Heat
  - Air
  - Moisture



All efficiency measures should take occupants into account (e.g., air sealing & ventilation)

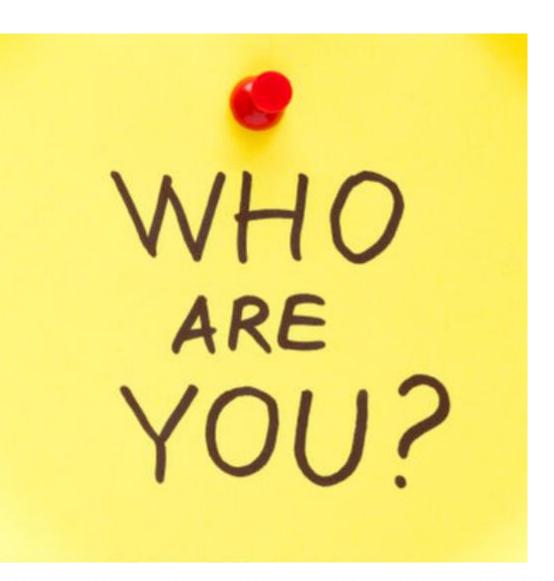






### Who Are You?

- Weatherization
- HERS Raters
- Code official
- Designer
- Contractor / Trades
- Utility
- Manufacturers / Product Rep
- Policy / Government
- Building Managers
- Home Inspectors
- Other?





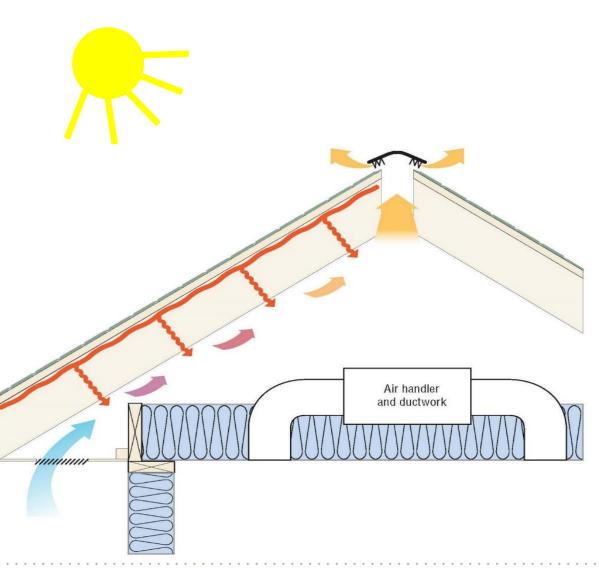
### Learning Objectives

- Identify code requirements regarding sizing, design, and selection of HVAC equipment and ducts
- Explain how the ACCA Manual J calculation standards are used to determine appropriate sizing of HVAC equipment
- Appreciate the consequences an improperly sized HVAC system has on moisture control and the effect excessive moisture has on building durability and occupant comfort and health
- Define sensible and latent heat
- Understand common errors and intentionally incorrect data inputs and see examples of such errors
- See software perform a load calculation



### Building Science: Heat transfer

- Heat is a form of energy
- Heat moves from hot to cold
- 3 methods of heat transfer:
  - Radiation: Sun to shingles; underside of decking to other attic surfaces
  - Conduction: Through shingles and decking
  - Convection:
     Soffit vents through attic to ridge

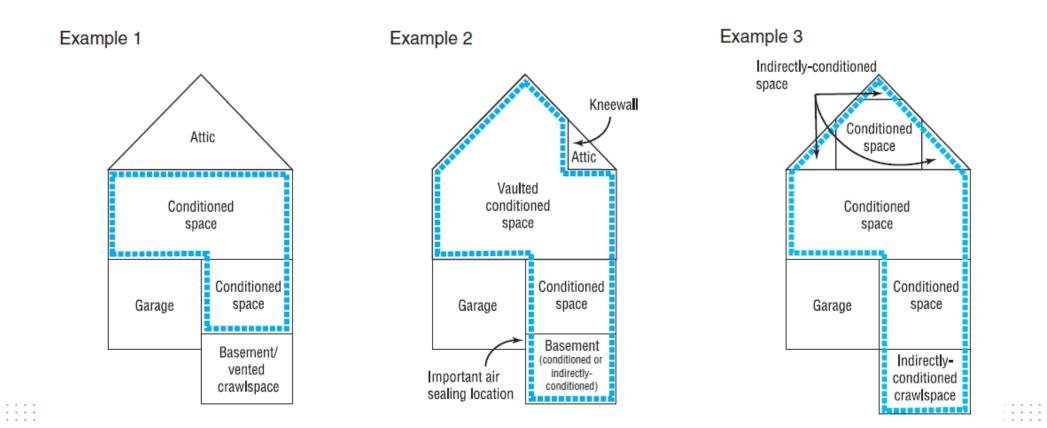




### **Building Thermal Envelope**

#### • System and ducts inside building envelope

• => Big impact on HVAC sizing and performance!





### HVAC 101 – Anatomy of a split System

- Air cooled by the A/C or warmed by the furnace is distributed throughout the home using an air handler
- This is a closed system
- Air is lost through leaks (convection)
- Energy is lost (conduction) through the ducts

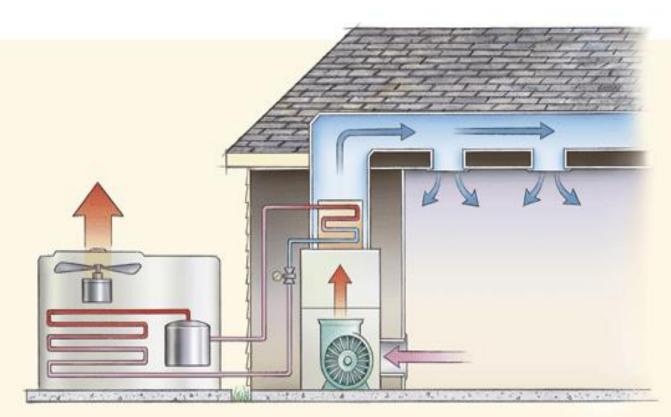
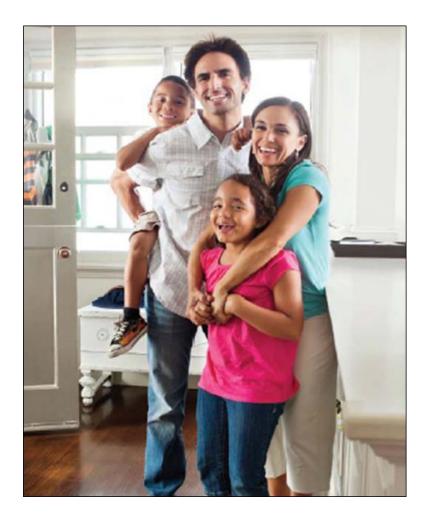


Image Credits: Don Mannes/Fine Homebuilding



### **HVAC** Purpose



- The purpose of the HVAC system is to provide the occupants with a comfortable & healthy living environment
- It does more than just control air temperature
- It also provides moisture control
- Controlling RH is important for comfort, IAQ, and building durability
- Air filtering can be accomplished
- Ventilation may be a part



### How Air Conditioning Removes Moisture

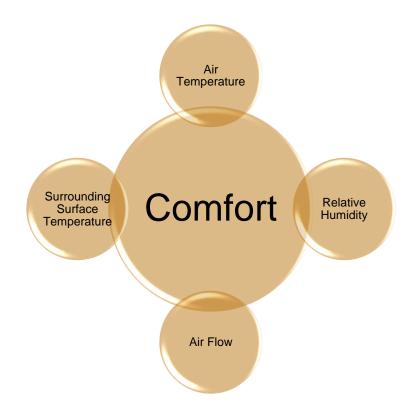


- Warm humid indoor air is blown across a cold coil
- Water vapor in the air condenses on the coil, collects, then exits the home through the condensate line
- This process takes time
- Oversized systems reach the thermostat set point before moisture is removed from home



#### Moisture and comfort

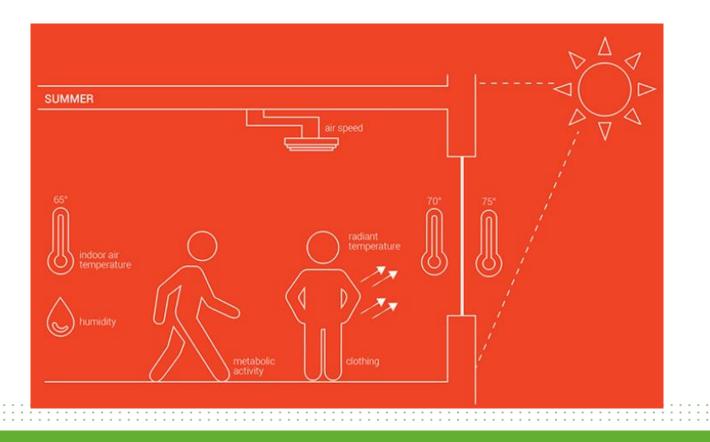
- Human Thermal Comfort:
- Humans make poor thermometers
- Our sense of hot or cold is based on the rate heat is leaving or entering our bodies
- This is affected by a variety of factors not just ambient air temperature
- Since we regulate our body temperature by perspiration, our comfort level is affected by the moisture level in the air around us

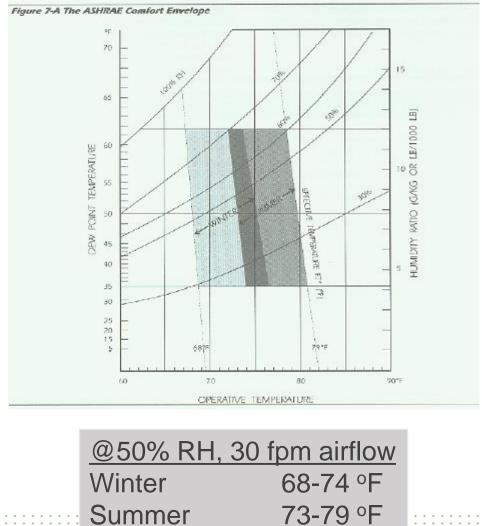




#### Moisture and comfort

# Human indoor comfort is actually a pretty narrow target







### Moisture and indoor air quality

- Ideal Health & Comfort is
   ~50% RH at room temperature (~72°F)
- Building decay
- Interior Mold
- Dust Mites
- Viruses



100% RH

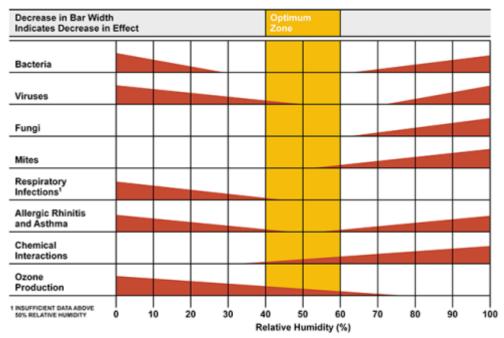
RH > 70%

RH > 50%

RH < 40%

• Static electricity, dry sinus RH < 25%

#### Optimum Relative Humidity Range for Minimizing Adverse Health Effects



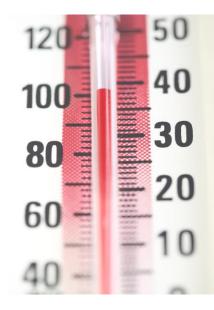
### **Types of Cooling Load**



#### www.ahridirectory.org

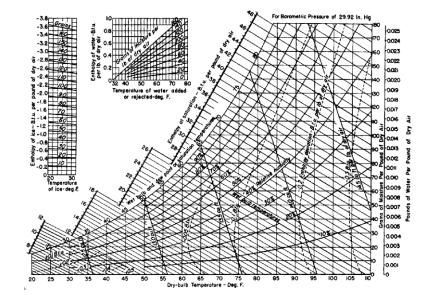
Sensible vs. Latent

Sensible Load





Total = Sensible + Latent



SHR = Sensible / Total



\* Ratings followed by an estantisk (\*) indicate a voluntary results of previously published data, unless accompanied with a WAS, which indicates an involuntary result.

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## HVAC and Moisture



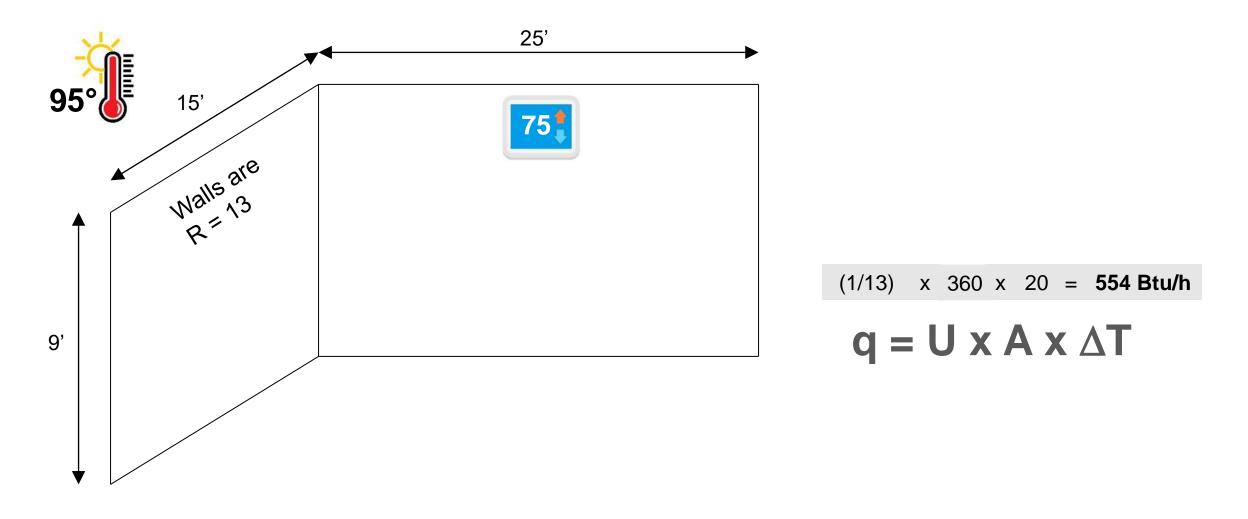
#### It's not the heat, it's the humidity

Atlanta, GA									
Bin Temperature	70-75	75-80	80-85	85-90	90-95	95-100	100-105	105-110	Total
# of Hours of Occurrence	1188	880	620	361	172	23	2	0	3246
	37%	27%	19%	11%	5%	1%	0%	0%	
		83%							
Manual J Design, Load bas	ed on Temp	erature			92°	99	gr/lb		
ASHRAE Humidity Design,	Load based	on Moisture	2		82°	133	gr/lb		
Approximate Extra Moistu	re Added pe	er 100 CFM (	of O.S.A.		3.9	pts/hr	or	93.9	pts/day



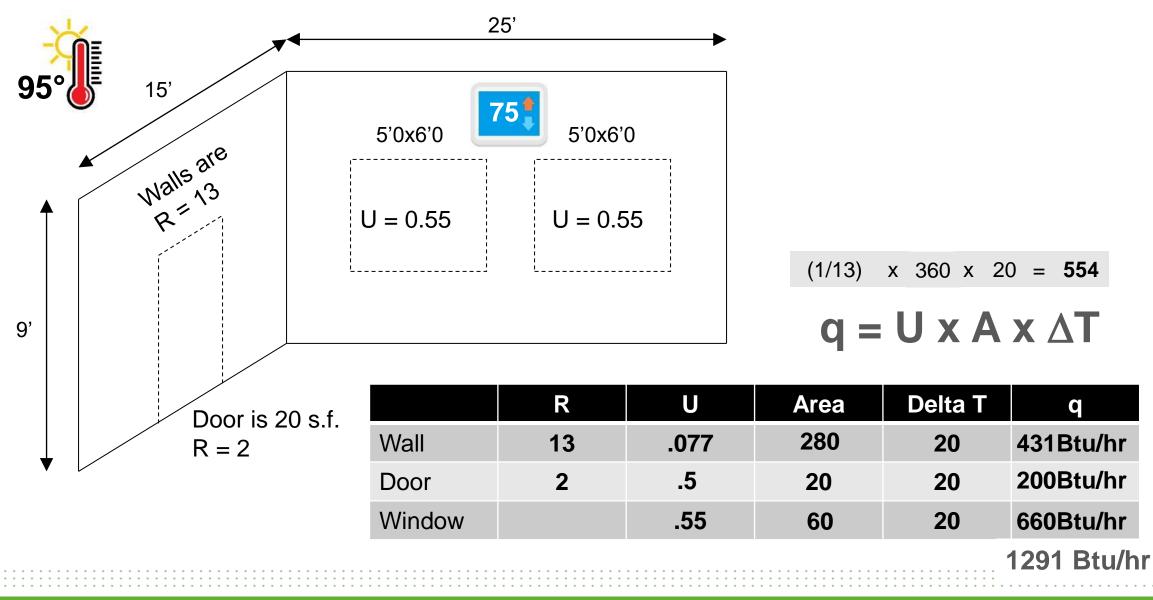
### Solid Wall Area Example





### Net Wall Area Example







# Equipment Sizing

### **HVAC Sizing & Selection Process**

- ACCA Manual J & S are the code required methods used to size and select heating & cooling equipment
- Manual J used to determine heating & cooling loads of home
- Manual S used to select equipment based upon Manual J



Air Conditioning Contractors of America

Man J Total Cooling Load: 28kBtu/h (22k is Sensible, 6k is Latent) [SHF = 22/28 = 0.79]

Option B: 35 kBtu/h (29k is Sensible, 6k is Latent)

Option A: 29 kBtu/h (24k is Sensible, 5k is Latent) Option C: 29 kBtu/h (22k is Sensible, 7k is Latent)



## 403.7 Equipment Sizing –





Load Calcs & Sizing

 ACCA Manual J or approved equivalent, i.e., ASHRAE Fundamentals

- 302.1: Interior design temp (72°F heating, 75°F cooling)
- MUST BE ACCURATE



GA Amendment for Variable Capacity

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R403.7 Equipment sizing and efficiency rating (Mandatory). Heating and cooling equipment shall be sized in accordance with ACCA Manual S based on building loads calculated in accordance with ACCA Manual J or other *approved* heating and cooling calculation methodologies.

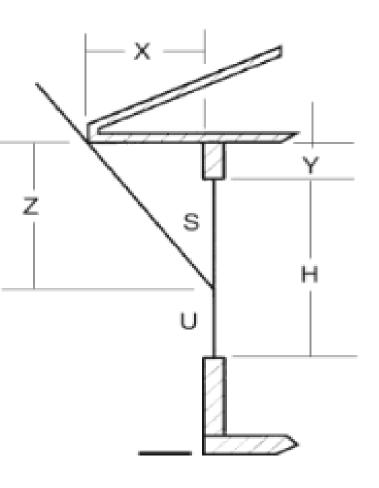
"For automatically modulating capacity heating and cooling equipment, the system shall be deemed to comply with appropriate portions of Manual S provided the lowest output capacity of the equipment is less than the peak design load as determined by New or replacement heating and cooling equipment shall have an efficiency rating equal to or greater than the minimum required by federal law for the geographic location where the equipment is installed.



### How Does Manual J work?

- Location
- Orientation
- Envelope
- Duct & envelope
   tightness
- Internal gains
- Ventilation

		7
	UNLY to determine the required insulation levels for MEC, IECC and ASHRAE 90.2 compliance.	
	HDD, Base 65F: 3025	
	CDH, Base 74F: 16803	
	IECC Climate Zone: 3A	
	ASHRAE W Factor: 0.75	
	Design Heating Temp: 24	
:::	Design Cooling Temp: 92	•



					FORM J	1 <sub>AE</sub> • ABRIDGED VERSIO	N of MANUAL	. J, 8TH ED	ITION										
		Project				Design State & City	Georgia	4	Atlanta AP			ſ							
		Indoor Desig	gn Heating (	dЬ	70	Outdoor (Winter) 99% db	23		HTD	47									
		Indoor Desig	gn Cooling (	dЬ	75	Outdoor (Summer) 1% db	91		CTD	16	AC	4							
Manual J		Indoor Desig	yn Cooling F	RH	50%	Grains Difference	37	Dail	ly Range	Medium									
			Latitu	de	33	Elevation	1010		ACF	0.970	Block	Load	Room			Room			Room:
			Glass					Heating	Cooling	Net	Heating	Cooling	Net	BT	UH	Net	BT	UH	Net
FORM J1 <sub>AF</sub> • ABRIDGED VERSION of MAN			Direction			Construction Detail		НТМ	HTM	Area	BTUH	BTUH	Area	Heating	Cooling	Area	Heating	Cooling	Area
Project Design State & City Georgia Indoor Design Heating db 70 Outdoor (Winter) 393 db 23	6A	Windows																	
Indoor Design Cooling db 75 Outdoor (Summer) 12 db 91		& Glass		$ \rightarrow $				l											
Indoor Design Cooling RH 50% Grains Difference 37 Latitude 33 Elevation 1010		Doors																	
Glass .				$\rightarrow$															
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b	Ĩ			Ь														l l	
Exposed Floors c Slab (Perimeter Ft.) d	10	Ceilings		a															
Basement Floor e				ь															
Partition Floors f				c															
Infiltration         Envelope Leskage         Heated & Cooled           No. of Fireplaces         Floor Area = Sq. Ft.		Partition Ce	ilings	d															
				е															
Appliance - 1200 BTUH	11	Passive Flo	ors	а															
10 Sub Totals TE-T&B SA in Attic, RA Riser in Floor to Ceiling Chase, Peri				Ь															
Duct Loss & Gain     R-Value = 6 Leakage Class 12/24		Exposed Flo	Dors	С															
Installed Square Feet of Surface or Default = 1 Supply		Slab (Perim		d															
Blower Heat Gain     Manufacturer's performance data has no blower heat discou		Basement F	loor	e															
8 Total Sensible Loss or Gain		Partition Flo	Dors	f															
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### **Climate and Energy Efficiency**

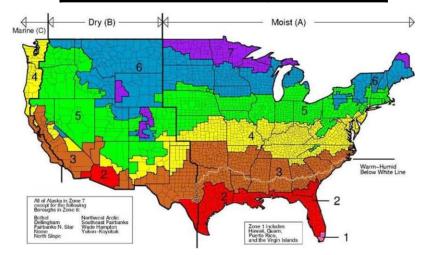
#### **Design Temperatures**

- Heating, for 99% of the season the outdoor temperature is above this value
- Only 1% of the Cooling season is hotter than this temperature Design Temp Example
  - St. Louis Winter **70** 14 = 56 F  $\Delta$ T
  - St. Louis Summer 91 **75** = 16 F ∆T

#### Load Calcs & Energy Code

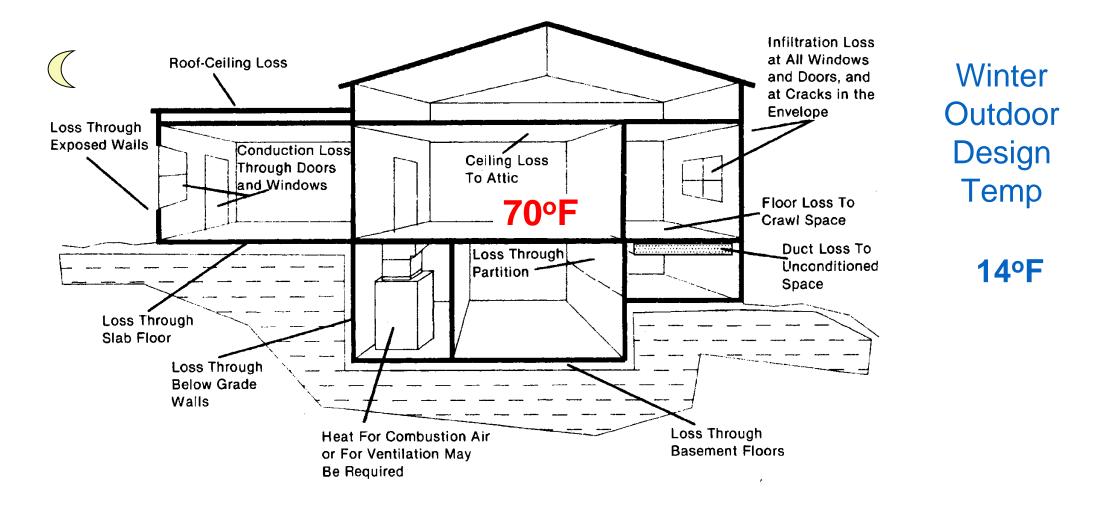
- IECC Section 302.1: Interior design temperatures (up to 72°F heating, minimum 75°F cooling)
- IECC
- "Heating and cooling equipment shall be sized in accordance with Section M1401.3"
- "Heating and cooling equipment shall be sized in accordance with ACCA Manual S based on building loads calculated in accordance with ACCA Manual J or other approved heating and cooling calculation methodologies."- 2015/18 IECC R403.7

Design Temps	<u>W/S</u>
Atlanta	24/92
St. Louis	14/91
Fairbanks	-40/78
Miami	51/90





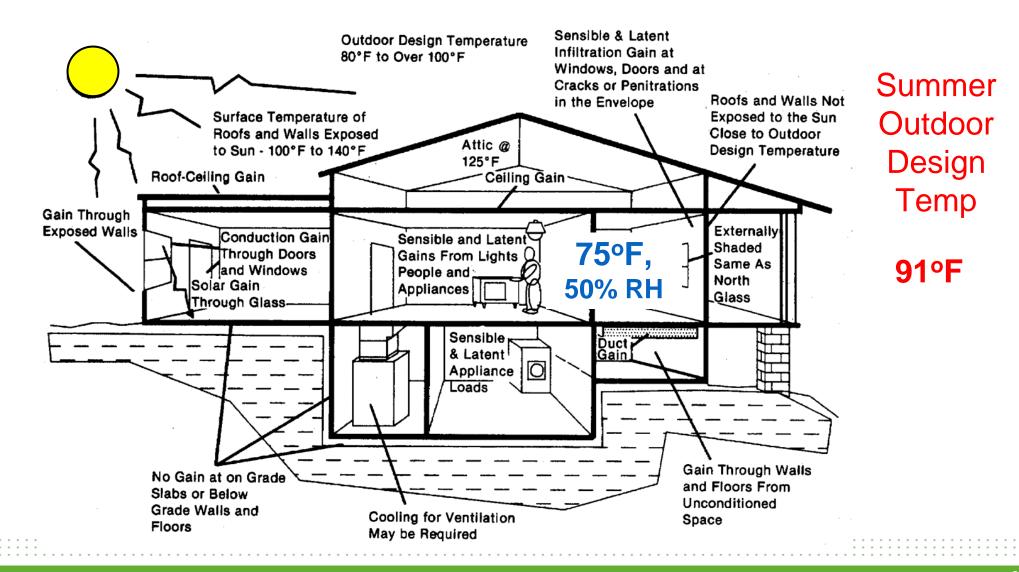
#### Manual J - Winter Loads



26



#### Manual J - Summer Loads



27

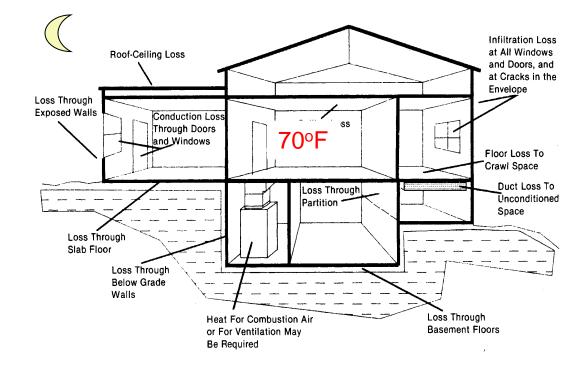
### Manual J – Load Calculations

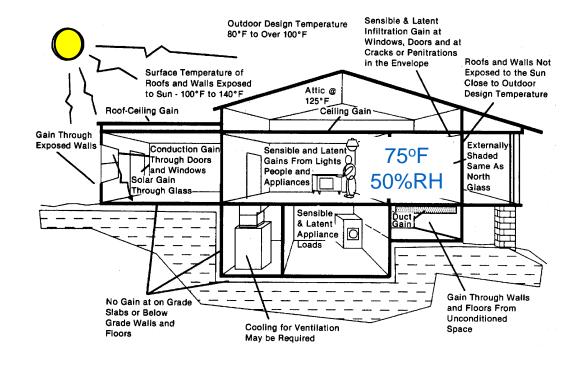


#### Winter Outdoor Design Temp

Load calcs are required, but there are no details about who is qualified to perform them. Enforcement varies greatly!!

#### Summer Outdoor Design Temp







### Manual J Software

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Rig	ght	-J8 Worksheet					<<		: p	)rev zone	next z	one	>	>>	ľ
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	-G	1D-c2ow 10B-w 16B-28md 22A-vpm 21A-28t	0.550 0.600 0.034 1.180 0.022		25.85 28.20 1.598 55.46 1.034	34.40 18.13 1.770 0.000 0.000	83 41 0 330 1411	0 0 55 116	2157 1156 0 3050 1459	2871 743 0 0	83 41 0 330 1411	0 0 55 116	2157 1156 0 3050 1459	6231 1482 0 0 0	
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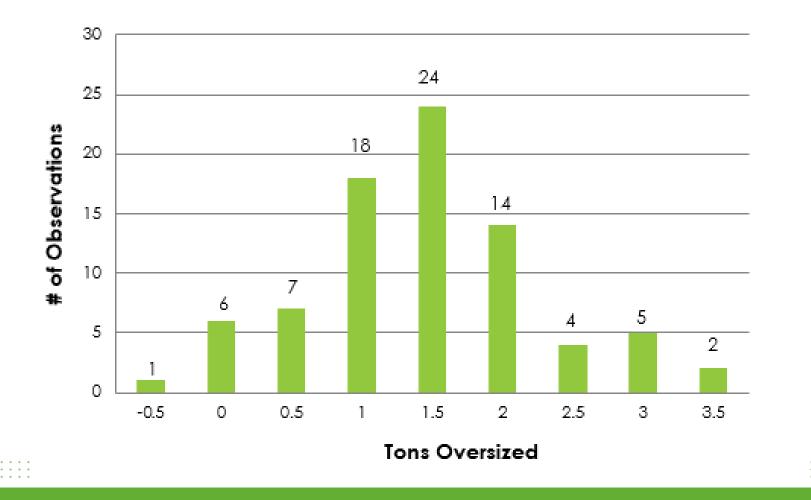
#### Why is sizing important?

- Equipment first-cost
- Longer/more efficient run times
- Limits equipment cycling
- Better dehumidification



#### Installed AC Units

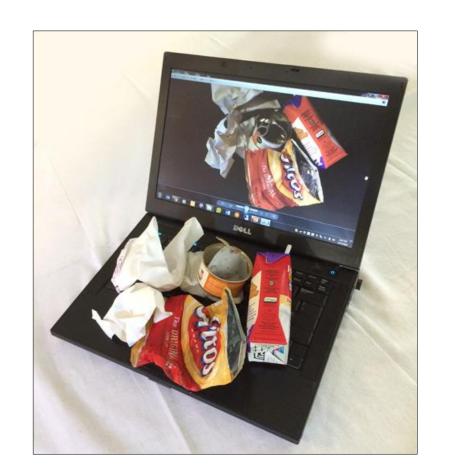
#### Tons Oversized



MO Equipment Sizing Study



#### **Common Problems with Manual J Inputs**



- Manual Js are often not correct both intentionally & unintentionally
- The results of a Manual J are only as meaningful as the input data ("GIGO")
- Several common input errors are often found



#### The Usual Suspects



- Design temperatures
- Building orientation
- Number of occupants
- Window area & U-value
- Air leakage
- Wrong areas



## **Outdoor Design Conditions**

Henderson	, KY				••••				
[Henders	on City, KY,	US]			•••				
Elevation	[ 384] <b>ft</b>		Latitude	[ 37.82]	°N				
Longitude	[ 87.68] °V	V	Time zone	[ -6.0]					
Weather a	nd shielding facto	or		[ 0.47]	1				
	Henderson (	City, KY	, US		•••				
city	Example ear	th city			•••				
ature				[ 50]	°F				
Annual surface earth temperature swing [ 25]									
Day of minimum earth surface temperature [ 38]									
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- The location & design temperatures should be accurately entered into the software
- Typically, city is selected from a menu



# **Outdoor Design Conditions**

- Outdoor design temps are listed in a table in Manual J & within approved software databases
- The 1% & 99% design conditions should be used
- Technicians could override inputs to adjust results

t info   Open project   Sav			<b>E</b>
/eather City Selection			
Country		State/Province	
Tuvalu Ukraine United Arab Emirates United Kingdom United States Minor Outlying Isla Uruguay USA	inds	Hawaii Idaho Illinois Indiana Iowa Kansas Kentucky	7
City		Cooling DB / WB	
Ashland Bowling Green Bowling Green Warren Co AP Bowling Green Warren Co AP Capital City AP Cincinnati Northern Ky AP Corbin AP Covington (Cin) Covington/Cincinnati AP Fort Campbell (Aaf) Fort Campbell (Aaf) Fort Campbell AAF Fort Knox Godman AAF Fort Knox Godman AAF Fort Knox/Godman	Man J/N ASHRAE ASHRAE 2005 ASHRAE 2009 ASHRAE 2009 ASHRAE 2009 Man J/N ASHRAE 2005 ASHRAE ASHRAE 2009 ASHRAE 2009 ASHRAE 2009 ASHRAE 2009 ASHRAE 2009	Annual M. (95 *F / 79 *F) 0.4% (93 *F / 77 *F) 1% (91 *F / 76 *F) 2% (90 *F / 76 *F) Meaning OB 99% (15 *F) 99.6% (7 *F) Mean extreme (-3 *F)	Monthly © 0.4% © 2% © 5% © 10%
Hopkinsville Cambell AFB Jackson Jackson Julian Carroll AP Jackson Julian Carroll AP Lexington	Man J/N ASHRAE ASHRAE2005 ASHRAE2009 ASHRAE2005	Bin Data Source: ASHRAE Copyright © 2009 b American Society of Heating, Refrigera Air-Conditioning Engineers, Inc. Used permission.	ating and

## **MO - Outdoor Design Conditions**



Location	Elevation	Latitude	Winter		a	Sum	mer	N 194	
	Feet	Degrees North	Heating 99% Dry Bulb	Cooling 1% Dry Bulb	Coincide nt Wet Bulb	Design Grains 55% RH	Design Grains 50% RH	Design Grains 45% RH	Daily Range (DR)
Missouri									
Cap e Giradeau	341	37	13	94	77	44	51	57	Μ
Columbia AP	778	39	5	92	75	34	41	47	Μ
Farmington AP	946	37	8	93	75	33	40	46	Μ
Hannibal	712	39	3	93	76	39	46	52	Μ
Jefferson City	770	38	7	95	74	23	30	36	Μ
Joplin AP	980	37	11	94	75	31	38	44	Μ
Kansas City AP	791	39	4	93	75	33	40	46	Μ
Kirksville AP	966	40	0	93	74	27	34	40	Μ
M exico	823	39	4	94	74	25	32	38	Μ
Moberly	867	39	3	94	74	25	32	38	Μ
Poplar Bluff	479	36	13	92	76	41	48	54	Μ
Rolla	987	38	9	91	75	36	43	49	Μ
St. Joseph AP	825	39	2	93	76	39	46	52	Μ
St. Louis AP	535	38	8	93	75	33	40	46	Μ
St. Louis CO	580	38	8	94	75	31	38	44	Μ
Sedalia, Whiteman AFB	909	38	4	92	76	41	48	54	Μ
Sikeston	315	36	15	95	76	36	43	49	Μ
Spickard/Trenton	886	40	6	93	73	20	27	33	Μ
Springfield AP	1268	37	9	92	74	28	35	41	Μ
Warrensburg, Whiteman AFB	869	38	7	93	76	39	46	52	Μ



## Indoor Design Conditions

#### ACCA specifies 70° for heating and 75° & 50% RH for cooling

Design Information										
		Weather:	Atlanta Hartsfield Intl AP, GA, US							
Winte	er Design (	Conditions	Summer Design Conditions							
Outside db Inside db Design TD		26 °F 70 °F 44 °F	Outside db Inside db Design TD Daily range Relative humidity Moisture difference	92 °F 72 °F 20 °F % 50 % 43 gr/lb						

#### These numbers are often subjectively adjusted!

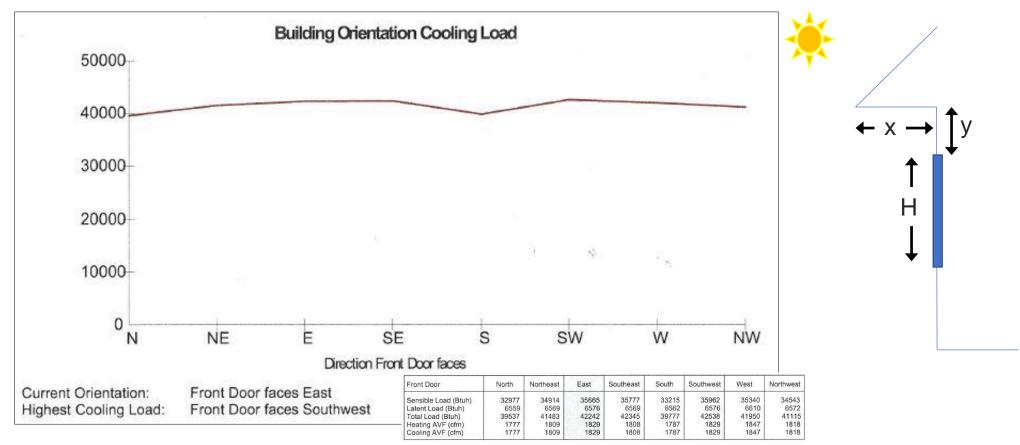
#### SECTION 302 DESIGN CONDITIONS

302.1 Interior design conditions. The interior design temperatures used for heating and cooling load calculations shall be a maximum of 72°F (22°C) for heating and minimum of 75°F (24°C) for cooling.





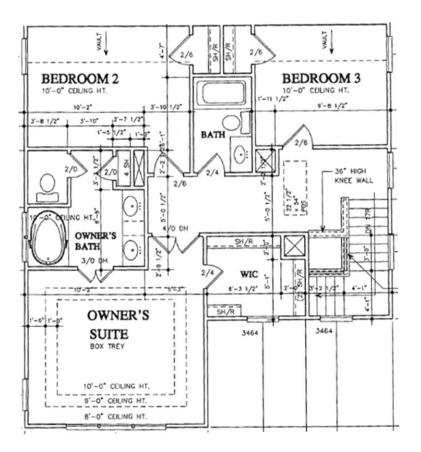
### Orientation



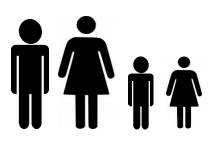
- The heating & cooling loads on a house are dependent on the orientation, especially for windows
- Compare the orientation listed on Manual J documentation to the actual orientation of the home



#### Number of Occupants



- Occupants represent internal gains
- ACCA specifies to use the number of bedrooms plus one
- For example, a three bedroom house should have four occupants entered into the Manual J



Q: How many Btuh does Manual J assume for each person?



#### **Construction Components**

- Manual J requires detailed entry of construction data (Rvalue, U-value, etc.)
- If available, compare the listed components to what is actually in the house
- Pay particular attention to window areas and specifications

Construction descriptions	Or	Area	U-value Btuh/ft3-°F	Insul F
Walls				
12C-0bw: Frm wall, brk 4" ext, 1/2" wood shth, r-13 cav ins, 1/2"	n	545	0.091	13.0
gypsum board int fnsh, 2"x4" wood frm, 16" o.c. stud	ne	17	0.091	13.0
	е	613	0.091	13.0
	S	513	0.091	13.0
	W	486	0.091	13.0
	all	2174	0.091	13.0
15A-4s3oc-4: Bg wall, light dry soil, empty core, concrete block wall,	n	63	0.102	4.0
r-4 ins, 8" thk	n	305	0.093	4.0
	е	232	0.102	4.0
	е	350	0.093	4.0
	s	132	0.102	4.0
	s	205	0.093	4.0
	w	638	0.093	4.0
	all	1924	0.093	4.0
Partitions (none)				
Windows U30 S24: U30 S24; NFRC rated (SHGC=0.24); 50% blinds 45°, light; 50% outdoor insect screen; 2 ft overhang (1.5 ft window ht, 1 ft sep.); 6.8 ft head ht	n	18	0.300	0
U33 S31: U33 S31; NFRC rated (SHGC=0.31); 50% blinds 45°, light; 50% outdoor insect screen; 2 ft overhang (3 ft window ht, 1 ft sep.); 6.8 ft head ht	n	9	0.330	0
U32 S29: U32 S29; NFRC rated (SHGC=0.29); 50% blinds 45°, light;	е	41	0.320	0
50% outdoor insect screen; 2 ft overhang (3.3 ft window ht, 1 ft sep.);	S	41	0.320	0
6.8 ft head ht	all	83	0.320	0





## Air Leakage

- Software typically has generic tightness categories that are selected from a menu
  - Tight
  - Semi-tight
  - Average
  - Semi-loose
  - Loose



Wind shielding	4 (sub	stan	tial)	
Number of stories	1	-		
<ul> <li>Multi-point</li> </ul>				
Test "C" ∨alue	60	0.1		
Test "n" ∨alue	0.	650		
Single-point				
Test pressure difference		50	Ра	
Test air flow	7	615	cfm	$\supset$
Leakage area		608	in	

cooling and heating loads. Enter the correct load factors and thus cost estimates.	on of the property have a significant effect on the ing correct values will help the software determine s produce accurate equipment sizing and running building materials for the following	A
Building type	Single Level	]
Building materials	Basement - Unfinsished Insulated	]
	Conditioned Space	].
Load preferences		
Load preferences Tightness	Average	
Tightness		

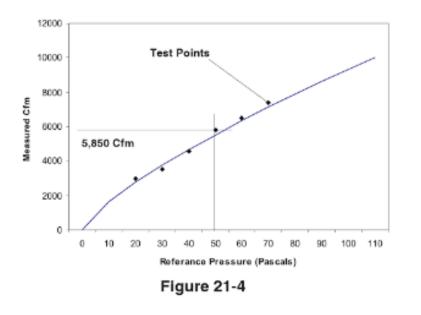
- More detailed options allow input of the actual infiltration (blower door)
- Using the actual (tested) infiltration will result in a more accurate Manual J

Sensible Btu/h = CFM x 1.1. TempDifference Latent Btu/h = CFM X 0.68 X GrainsDifference



#### Air Leakage with a Blower Door

#### Multipoint Blower Door Test



- A blower door CFM50 can be converted into values that can be entered into HVAC Res-load J
- Must determine coefficient "C" and exponent "n"

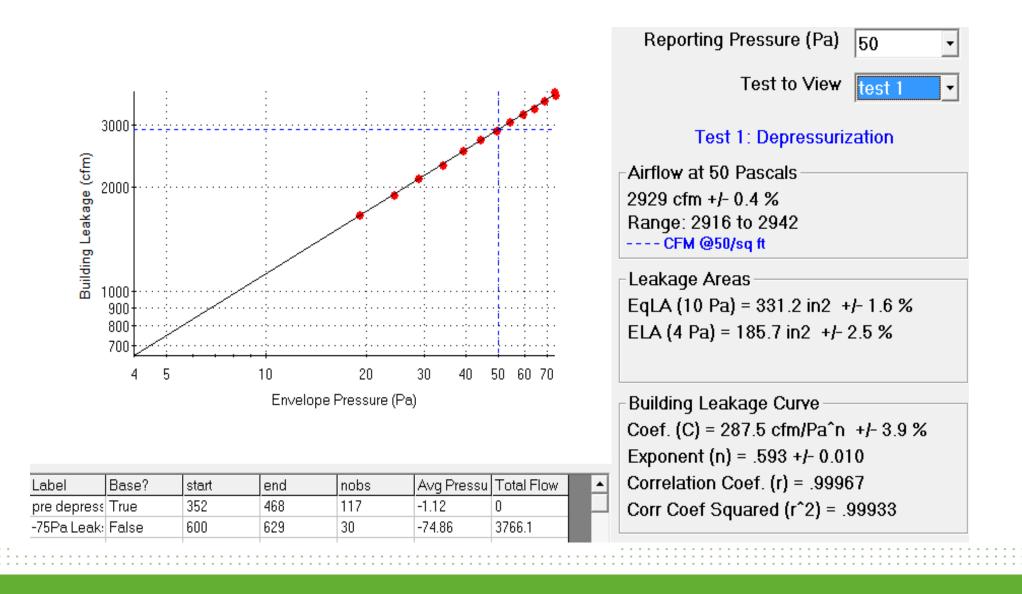
$$CFM_{50} = C \times (50)^{n}$$

- "n" is a value between 0.5 (perfectly round holes) and 1.0 (long slit)
- Assume a default for **n = 0.65**

• 
$$C = CFM_{50} / (50)^{0.65}$$



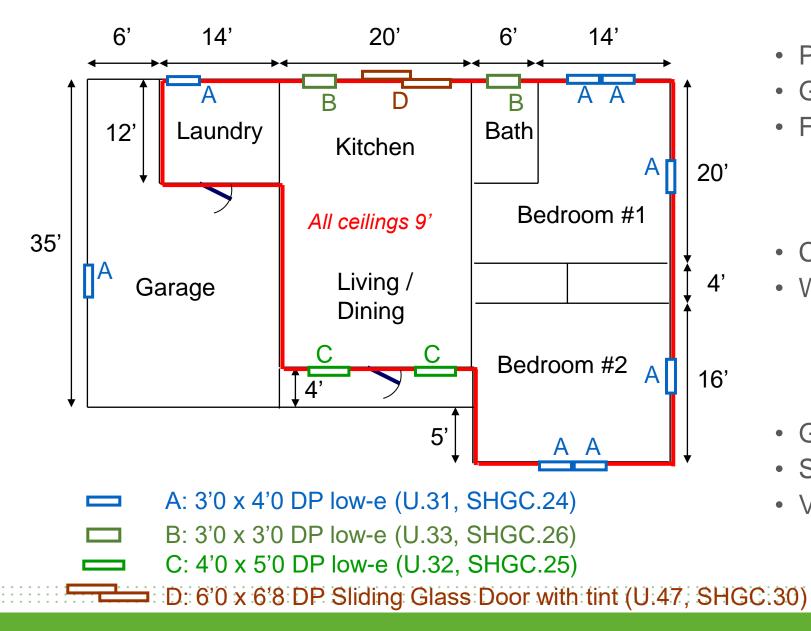
#### Air Leakage with a Blower Door – Multipoint Test





# Manual J Example

## Simple House





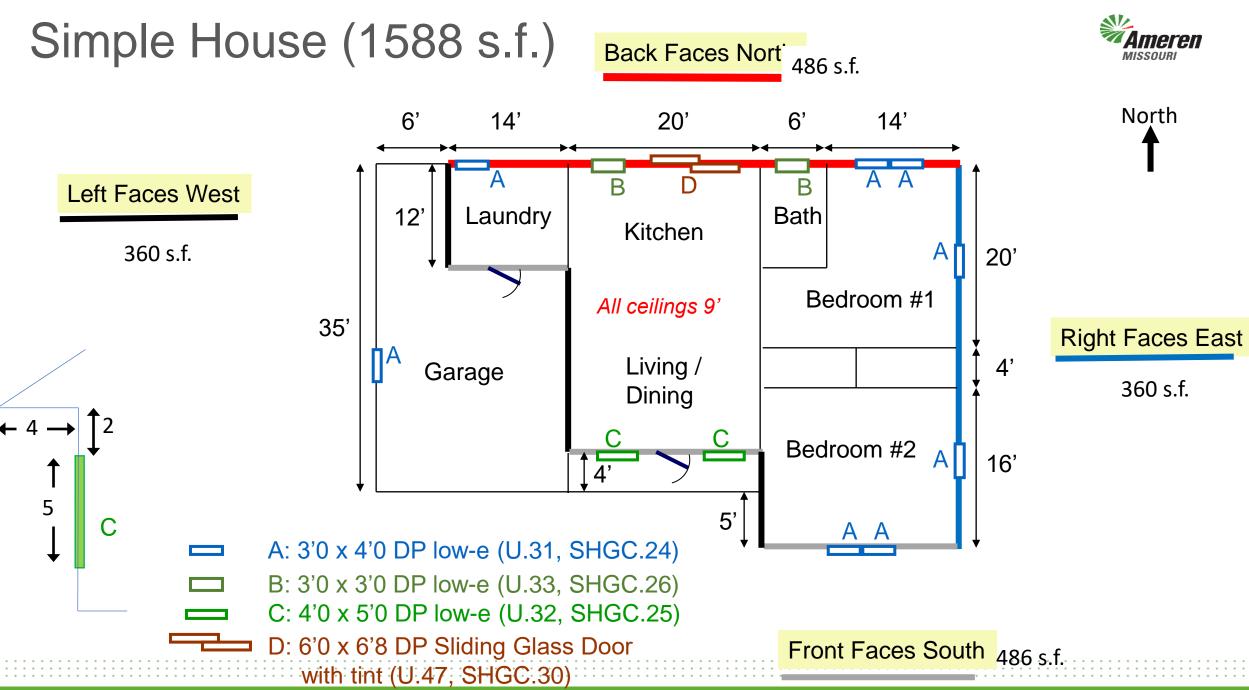
- Perimeter:  $54x^2 + 40x^2 = 188$  ft.
- Gross Wall: 188 x 9 = <u>1,692</u> sq. ft.

 Floor Area: 12x14 + 20x31 + 20x40 = <u>1,588</u> sq. ft.

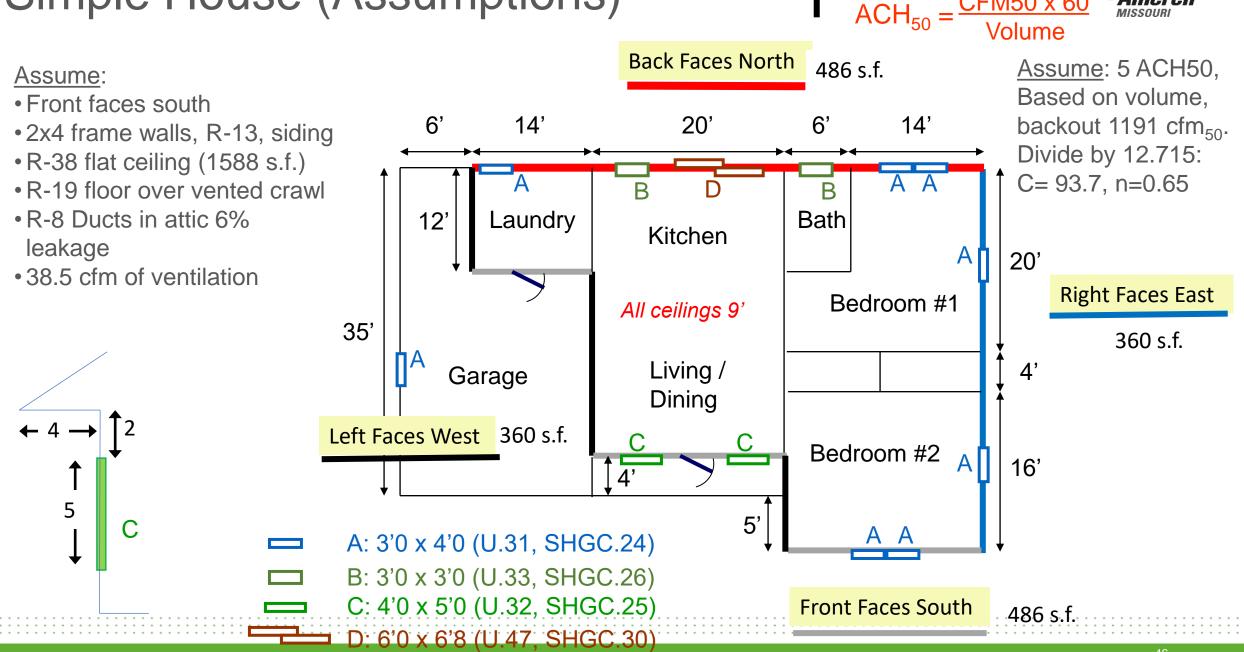
- Ceiling Area: <u>1,588</u> sq. ft.
- Windows
  - A: 12 x 7 = 84 sq. ft.
  - B: 9 x 2 = 18 sq. ft.
  - C:  $20 \times 2 = 40$  sq. ft.

Windows: <u>142</u> sq. ft.

- Glass Doors: 20 x 2 = <u>40</u> sq. ft.
- Solid Doors: <u>42</u> sq. ft. (R-3)
- Volume: 1588x9 = 14,292 c.f.



## Simple House (Assumptions)



North

CFM50 x 60

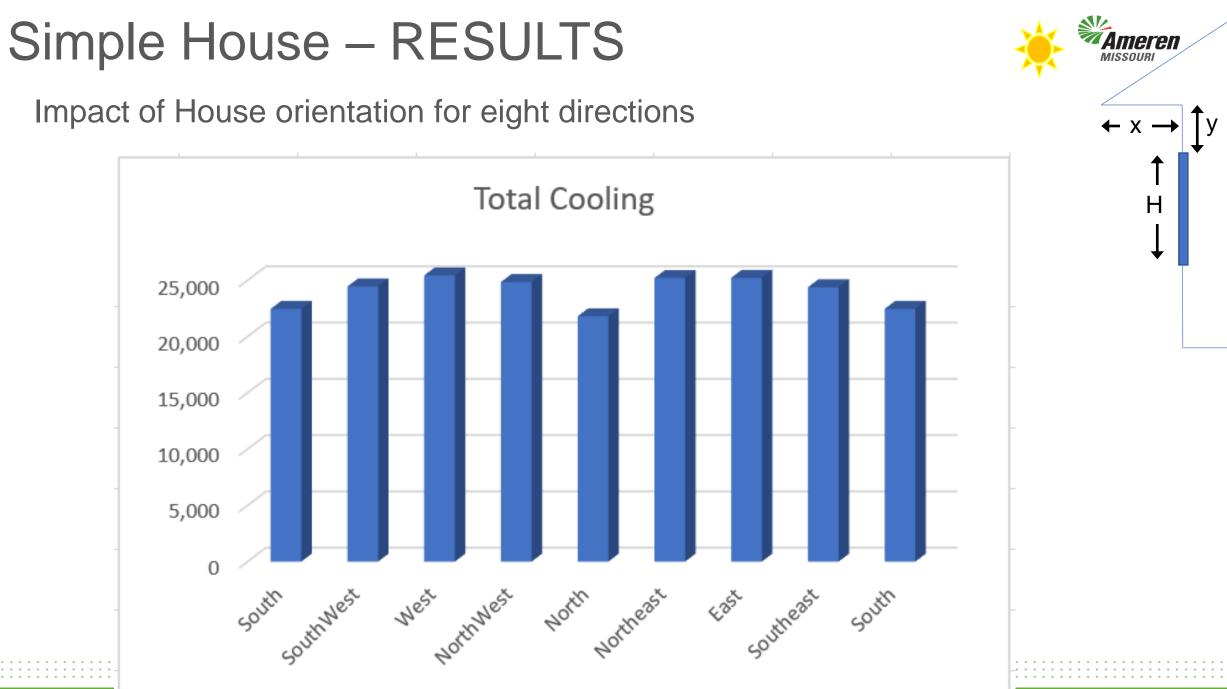
## Simple House – RESULTS

#### Impact of House orientation for eight directions

Version	Total Cooling	Sensible Load	Latent Load	AED Okay?	Heating Load	Front faces	ACH50
Base	22,455	20,305	2150	yes	29,819	South	5
Rotate 45°	24,443	22,294	2150	Yes	29,819	SouthWest	5
Rotate 90°	<mark>25,424</mark>	23,274	2150	Yes	29,819	West	5
Rotate 135°	24,841	22,691	2150	Yes	29,819	NorthWest	5
Rotate 180°	21,797	19,648	2150	yes	29,819	North	5
Rotate 225°	25,194	23,044	2150	No	29,819	Northeast	5
Rotate 270°	25,211	23,061	2150	No	29,819	East	5
Rotate 315°	24,378	22,228	2150	yes	29,819	Southeast	5
<b>Base</b> (360°)	22,455	20,305	2150	yes	29,819	South	5

AED = Adequate Exposure Diversity

Η

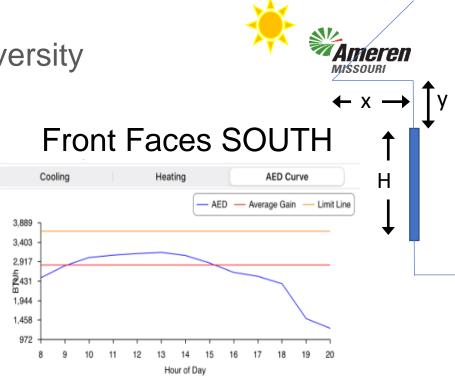


## **AED CURVES** AED = Adequate Exposure Diversity

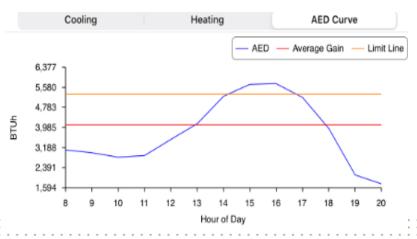
Manual J8 was developed to provide two methods of calculating residential loads; the *average load procedure* and the *peak load procedure*. The average load procedure is used to size the equipment used for homes with Adequate Exposure Diversity\*. (If the home has zoning, then the zone loads must be calculated using the peak load procedure).

\*A home has AED if it is typical with about the same amount of glass facing all directions. If the home does not have AED, then the peak load procedure must be used. It may be necessary to perform a number of calculations, based on time of day or time of year, & then select the load that covers the worst-case scenario. A home does not have AED if it has a disproportional amount of glass facing any one direction.

For example, a home without AED might be one with an unusually large amount of glass facing south. Because the average load procedure is based on mid summer data, the equipment might be undersized in October when the sun gets lower and begins radiating through the large amount of south facing glass.



#### Front Faces NORTHEAS



## Simple House – RESULTS

Impact of House leakage from 3 ACH50 to 15 ACH50





Version	Total Cooling	Sensible Load	SHF	Latent Load	AED Okay?	Heating Load	Front faces	ACH50
Base ("tight")	<mark>21,164</mark>	19,584	.93	1579	yes	<mark>26,527</mark>	South	3
Base (GA code)	22,455	20,305	.90	2150	yes	29,819	South	5
Base (leaky)	25,449	21,975	.86	3470	yes	37,158	South	10
Base (LEAKY)	<mark>28,160</mark>	23,491	.83	4,668	yes	<mark>44,303</mark>	South	<mark>15</mark>



Thank you! <u>mikeb@southface.org</u> Matt@moenergycodesupport.org

Please Unmute or use the Zoom Chat function to submit any questions or comments

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