The 2021 IECC Energy Code & High-Performance Homes in MO

Mike Barcik Southface Energy Institute



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MO Energy Code Support

- Top Ten List of High Perf Design
- Building Science
- Code Envelope Overview
- MO Energy Code Study
- Mechanicals
- · Inspection Checklist



Energy Code Resources

https://codes.iccsafe.org/content/IECC2021P2

Technical assistance or training requests:

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Energy Code Resources

Missouri Residential Building Energy Code Construction Practices Study: https://energy.mo.gov/energy-codes/missouri-residential-building-codes-study
For additional information on other DOE Field Studies and participating states, please visit https://www.energycodes.gov/compliance/energy-code-field-studies.

Additional education resources are available at www.southfaceonlinetraining.org.

www.southface.org mikeb@southface.org



Learning Objectives

- Grasp design priorities for a High-Performance Home
- Review Building Science basics
- Identify standards for insulation requirements and fenestration performance from 2021 IECC
- Define the building envelope and identify best practices for air sealing (and understand blower door testing requirements)
- Identify opportunities resulting from Missouri Residential Energy Code Field Study
- Identify requirements and best practices for heating and cooling (mechanical and ductwork) and fresh air ventilation systems
- View example compliance checklist & images



Learn More at www.southface.org

- Energy Code Resources
- 12 BS webinars
 - Heat Transfer
 - https://www.southface.org/insights/ · Air Movement building-science-webinars/
 - · Moisture Flow
 - · Insulation Installation
 - · Ventilation Concepts & Calcs
 - Ventilation Strategies & Apps
 - · Conditioned Crawlspaces
 - · Ducted Mechanicals
 - · Insulated Rooflines
 - · Combustion Safety
 - HVAC Load Calcs
 - Design High Perf Homes



Learn More at MEEA

https://www.mwalliance.org/ameren-missouriresidential-energy-code-support-program

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Part 1

Design Approach for a High-Performance Home

- Building Science as guide Understand physics of heat air and moisture flow
- **High Performance Enclosure** Sound structure, shell is tight, well-insulated and resilient
- Air Distribution Sealed & insulated ducts - located inside building envelope, intentional fresh air delivery
- **Reduced Equipment & Loads** Efficient Heating, Cooling, Hot Water, Lights, **Appliances**

The Key: It's not necessarily the stuff in the building — it's how it's all put together! (The house is a system)





Part 1

High Performance Top Ten List

- Pay Attention to the Sun 1.
- Ductwork
- 3. Thermal Package
- Equipment 4.
- Bulk Moisture & Cladding 5.
- **Humidity Control** 6.
- 7. Indoor Air Quality
- 8. Appropriate Ventilation
- 9. Lighting and Plug Loads
- 10. Production for Zero Energy



Use Tools and Technology to help us!





Top Ten List - the Sun

Pay Attention to the Sun Glazing on South and North (minimize East/West) overhangs, exterior shading Glazing - DP low-e with wood, vinyl, Extruded Fiberglass frame Sun tubes vs. big skylights. Minimize Window Wall Ratio





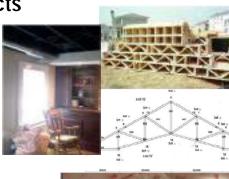




Top Ten List - Ducts

Ductwork Ducts located inside building envelope - sealed with mastic Returns - path from every room; upsized over supplies

"According to NREL researchers David Roberts and Jon Winkler, moving the ducts from a vented attic to a new location inside the conditioned space will reduce electricity used for cooling by 15% to 20%, and will reduce the size of the needed air conditioning equipment by 0.5 to 1 ton."











Top Ten List - Insulation

3. Thermal Package

Prescriptive R-values from 2021 IECC prescriptive chart Walls ~R-20+ thermal break with continuous insulation (rock wool) & efficient framing Insulate foundation walls versus floors – basements, conditioned crawlspaces







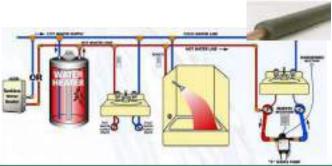
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Top Ten List - Mechanical

4. Equipment

Heating – gas 95%, Cooling – Variable Speed – Right Sized furnaces & heat pumps, mini-splits Hot Water – safe gas units, HP electric – insulate lines, distribution











Top Ten List - Water

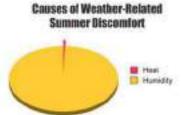
Bulk Moisture and Cladding 5. Sheathing seams sealed - air barrier and weather barrier - (ZIP) Drainage plane behind all cladding Foundation drainage details Flashing integrated with WRB



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Humidity Control Variable speed equipment Dedicated dehumidifier

Top Ten - Humidity















Top Ten List - IAQ

Indoor Air Quality Material selection -Salvaged, Recycled content EPP, avoid Red List Thick, pleated filters Tight envelope with Fresh Air system







HVI CE	RTIFIED PE	RFORMANCE		
MODEL	DUCT SIZE	STATIC PRESSURE	SPEED	WATTS
QFAM	6*	0.2	40 CFM	12.9
			50 CFM	13
			60 CFM	15.1
			70 CFM	17.1
			80 CFM	19.5
			90 CFM	21.8
			100 CFM	26.3
HV			110 CFM	27.5
CHRTIPINO			120 CFM	30.1





Top Ten List - Fresh Air

Appropriate Ventilation

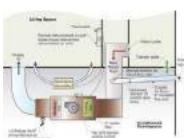
Positive / Balanced versus Exhaust Only Smart Controls and sensors, ERV, Ventilation Dehumidifiers

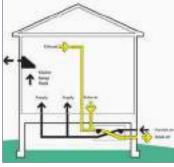




Fresh air

From house









Top Ten List - Plug Loads

Lighting and Plug Loads

100% good quality LED's – economic no-brainer ENERGY STAR appliances - manage this (5 refrigerators?!)

Smart power strips and vampire loads

DC motor ceiling fans







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Top Ten List - Renewables

10. Production for Zero Energy

At least make the home solar ready -(structure, conduit) Solar PV is much more affordable don't rely on solar to offset poor design New technologies include on-site storage - batteries & EV's



Early Design Checklist

- aligned with framing, etc.
- Provide enough space for all the HVAC equipment and ucts (with required insulation) in oproble
- Work with an HVAC system designer who really underst igh performance (lew eo, so pick yours carefully).
- flun an energy model very early in design to get a sense of how much PV you're going to need - that will be important as you design the roof form.
- Avoid complexity in your roof design; simplicity carries multiple benefits
 - + easter to detail so as to reduce risk of water intrusion
 - a median to air-spoil and insulate
 - less costly to build
 - more space for Mrs.

Reduce overall complexity. Changes of plane and complicated intersections add cost; compromise thermal performance; are arder to build while memoring continuity of water, etc. thermal barriers, and therefore increase risk of defects.

- stuid in flexibility to accommodate changes over the building's life span, such as fuel switching igas to electricity), addition of electric vehicle charging, etc.
 - · www.greenbuildingadvisor.com





Technology / Programs Can Help

Use the Tools

Energy Modeling - target EUI's, Performance Monitoring, IAQ Sensors, IR Camera, Blower Door and Duct Leakage Testing, Inspections and Certifications

Beyond Code Programs







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Part 2

Building Science

A house is a system made up of interrelated parts:

- The building thermal envelope
- **Systems**
 - · Heat and air conditioning
 - Ventilation
 - Water heating and distribution
- Lighting & appliances





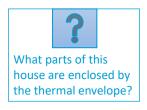


Building Science

Building Thermal Envelope

IECC Definition

The basement walls, exterior walls, floor, roof and any other building elements that enclose conditioned space or provide a boundary between conditioned space and exempt or unconditioned space.





19

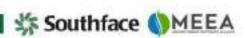


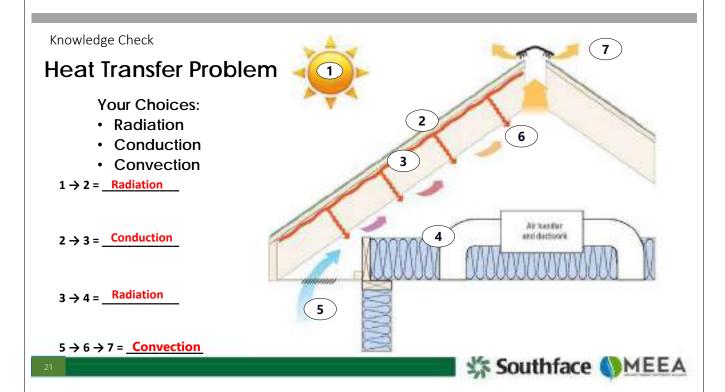
Building Science

Heat Transfer

- Heat is a form of energy
- Heat moves from hot to cold
- 3 types of heat transfer:
 - Conduction heat moves through a material
 - Convection heat energy carried by a fluid (including air)
 - Radiation heat emits from a hot surface to a cooler surface

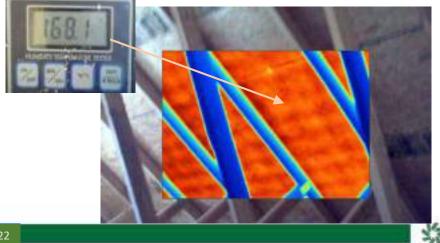






Heat transfer: Radiation

• Low-emitting surfaces slow radiation







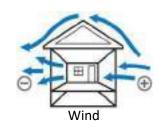


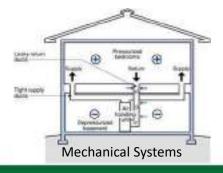


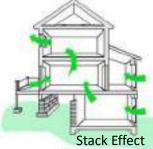
Building Science

Air Flow

- Air moves from areas of higher pressure to areas of lower pressure
- Natural and man-made forces that can create pressure differences cause air to flow
- Whenever air moves out of a home, an equal amount of air enters the home (CFMin = CFMout)





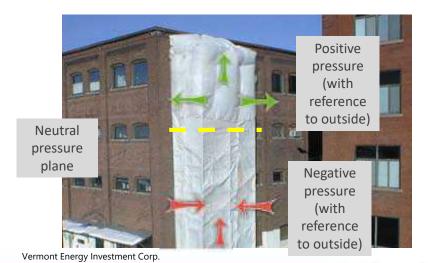






Building Science: Air Flow

Stack Effect







Building Science: Air Flow

Thermal and Air Barriers

The thermal and pressure boundaries in the building envelope must be **complete** and **aligned**





- Insulation products such as fiberglass batts must be completely enclosed on all sides
- · Insulation is most effective when it is continuous and located outside the structure

26



Building Science: Air Flow

Continuous Insulation & Air Barrier

Air barrier and insulation must be in contact.





Building Science: Moisture Transport

Moisture Transport Moisture moves...

- From wet to dry
- As liquid or vapor
- By capillary action (wicking)

Geography matters! What works in one region may not work in another



Appropriate measures for moisture control are essential!



Building Science: Moisture Transport

Bulk Moisture Control

- Proper site drainage
- Foundation waterproofing
- Plastic ground cover
- Gutters channel water away from foundation

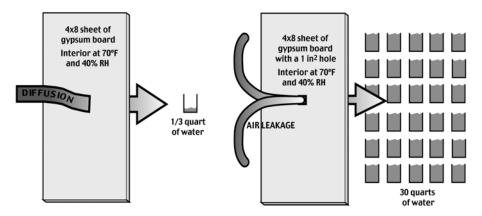






Building Science: Moisture Transport

Diffusion Vs. Air Leakage



Particularly for a Mixed climate, air leakage is typically far more important a moisture transport mechanism than diffusion





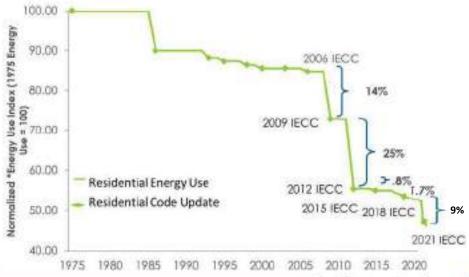
Midwest Residential Energy Code Adoption Part 3







Residential Energy Code Background Part 3







Part 3

Energy Code: Residential Building

Applies to:

- New construction
- 1 and 2 family (R3)
- Multi-family, 3 stories and less (R2 and R4) IECC 2009
- Additions, Alterations, Repairs

Exempt Buildings

- No conditioning
- Historical





shalling that is provided with booling and/or cooling equipanov or systems rapuble of maintaining through design or heat loss/gain, 50°F (10°C) during the feesting season and 85°F (25°C) during the cooling season, or communicates directly with a conditioned space. For mechanical purposes, an area, more or space being heared or cooled by any equipmor or appliance.

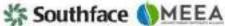




Scope of Residential Energy Code

- Focus is on building envelope
 - o Ceilings, walls, windows, floors, foundations
 - o Sets insulation levels, window U-factors and SHGC
 - Infiltration control
 - Caulk and seal to prevent air leaks
 - Verify envelope tightness with blower door test (or visual inspection for 2009 code)
- **Ducts**
 - o No building cavities as ducts (post-2009)
 - o Seal properly and insulate even if all ductwork is in conditioned space
 - o Verify tight with duct pressurization test (2009 on)
- Lighting equipment
 - o High-efficacy bulbs required (50%, 75%, 90%, 100%)
- HVAC equipment efficiencies covered by different DOE standard
- No appliance requirements

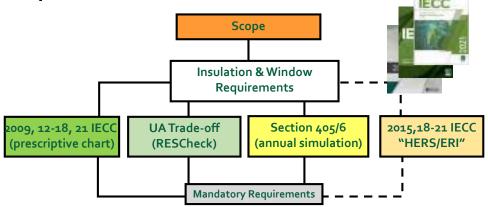






Energy Codes

Compliance Paths



The Energy Rating Index (ERI) path gives the most design flexibility (e.g., credit for mechanical equipment efficiency)



Energy Codes

2009 IECC- Section 402.1

One prescriptive "answer" for how to build per climate zone (CZ: 4 and 5)

Includes lots of footnotes

	2009	INSULA	ATION AND FENE		E 402.1.1 N REQUIREME	NTS BY C	OMPONE	er-		8		4 Fm	
CUMATE	PENESTRATION UFACTOR	SKYLIGHT* U-FACTOR	GLAZED FENESTRATION SHGC ^{A+}	CEILING	WOOD FRAME WALL RVALUE	MASS WALL AVALUE	FLOOR	BASEMENTS WALL AVALUE	SLAB ^d R-VALUE & DEPTH	SP W A-V		Ź.	
1	1.2	0.75	0.30	30	13	3/4	13	0	0		1		
2	0.65	0.75	0.30	30	13	4/6	13	0	0	0	The Paris	Name of Street	
3	0.50	0.65	0.30	30	13	5/8	19	5/13	0	5/13	8	STORY	
4 except Marine	0.35	0.60	NR	38	13	5/10	19	10/13	10.2 ft	10/13	8	v7s	
5 and Marine 4	0.35	0.60	NR	38	20 or 13+5h	13/17	304	10/13	10. Z A	10/13	3	12	
6	0.35	0.60	NR	49	20 or 13+5h	15/19	304	15/19	10.4 ft	10/13	3		
7 and 8	0.35	0.60	NR	49	21	19/21	388	15/19	10.4 ft	10/13	3		



Energy Codes

2015 IECC vs. 2018 IECC

• One prescriptive "answer" for how to build per climate zone (CZ: 4 and 5) TABLE R402.1.2

NBULATION AND FEMESTRATION REQUIREMENTS BY COMPONENT*

SOME	FEMESTRATION: U.FACTOR	SKYLIGHT GPACTOR	GLAZED PENESTRATION SHGC ¹ +	CELMS SVALUE	WOOD PARTY BALL	MASS WALL AVALUE	FLOOR EVALUE	SASSMENT WALL WALLE	SLAS! A-VALUE & DEPTH	GRAWL SPACE WALL STALLS
	2015									



3.	0.35	0.55	0.25	38	20 or 13-35	9/17	19	3/176	0	3/13
4 except Morree	0.35	0.35	0.49	49	20 or 13+5 ⁶	8/15	79	39715	10,28	10:13
Soed Marino-I	0.32	0.35	NR	49	20 or 13+5°	1817	100	15/19	10,28	15/19
6	0.32	0.18	NE.	49	20×5 = 13×10°	15/20	305	15/19	30, 4 R	1539

402.1.4 is similar table for **U-factors** (get U-values from RESCheck)



	2018									
3.	0.32	B.55	0.25	746	20 ct 13+5°	6/11	19	2/17	11	3/13
4 except Monte	0.32	0.55	6.40	411	20 or 13 - 5°	8/17	19	10713	10,28	1073
Sinol Maces #	0.30	B.55	100	49	20 cm 13+5°	13/17	MP	19/19	10.26	15/10
6	0.30	0.55	NR	49	31-5 or 13-16	15/20	50%	13/19/	10, A.B.	15/19





Energy Codes

2021 IECC

PENELTRATION

500

1.30

 Buchanon, Caldwell, Chariton, Clinton, are now CZ 4A

PRIMARIE

- Dunklin & Pemiscot, are now CZ 3A
- One prescriptive "answer" for how to build per climate zone (now CZ: 3, 4, 5)

66

0.25

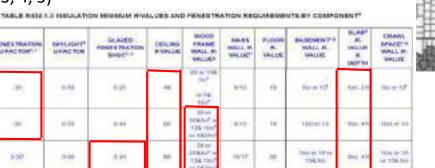
0.44

BANGGAT

0.88

11.60

5.64





402.1.2 is similar table for U-factors (get U-values from RESCheck)

2021

IECC





IECC Code Differences - '15 to '18

- Window Ufactors dropped slightly from U35 to U32 & U30 (CZ's 4-5)
- Exception for log homes built according to ICC 400
- ERV/HRV ducts exempt from leakage testing (if independently ducted)
- Ducts allowed to be buried in ceiling insulation

 - Minimum surrounding insulation R-19 (R-13 for CZ1-3A, ducts >3')
 - Effective R-25 when modeling
- Ducts in conditioned space
 - Completely inside thermal envelope
 - Buried ducts with AHU inside envelope plus < 1.5% Total Leakage plus threshold of ceiling insulation
- 90% Efficient Lighting (LED's)
- ERI relaxed targets (62 for CZ4, 61 for CZ5, backstop penalty for renewables)







IFCC Code Differences - '18 to '21

- Redefined CZ's for 6 counties in MO
- Window Ufactors dropped (more stringent)
- Wall and ceiling R-values increased
- Attic pull-down stairs details R-13 okay for CZ1-4
- Floor insulation options
- **Basement options**
- Sunrooms and heated garage separation
- Ducts in conditioned space
 - Must now be tested < 8% Total Leakage
 - Ducts outside, still tested < 4% Total Leakage
- Ventilation fans (kitchen, bath, whole house) have airflow verified to meet minimum required by IMC
- 100% efficient lighting and controls (dimmer, occupant sensors, with exceptions; exterior)
- Additional Efficiency Package required





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IECC Code'21

Section 408 Additional Efficiency Package – 1 required



SECTION RADE ADDITIONAL EFFICIENCY PACKAGE OFTIONS

\$1400.1 Street

This section entitlities additional efficiency package options to achieve additional energy efficiency in accordance with Section R401.2.6.

RHILD Additional efficiency package options.

Additional efficiency package options for compliance with Section R401.2.1 are set forth in Sections R408.2.1 denugh R408.2.5.

• Envelope is 5% better

HVAC efficiency

RASE 2.1 Enhanced excelope performance option

The stall building thermal envelope UA, the sum of U-factor times assembly area, shall be less than or equal to \$5 percent of the total UA resulting from multiplying the Urladors in Table R402.1.2 by the same assembly area so in the proposed building. The UA calculation shall be performed in eccontance with Section RAGE 1.5. The preprinciplies average SPGC of all placed ferrestration shall be less than or would to SS percent of the movement glazed ferentration SHGC in Table 6402.1.2.

RIBEZ 2 Nove efficient HVSC equipment performance option.

Heating and cooling aquipment shall meet one of the following efficiencies.

- 1. Greator than or equal to SSAFUE natural gas furnace and 16 SEER air conditional.
- 2. Greater than or equal to 10 HSPT/16 SEER oir source heat pump.
- 3. Greater than or equal to 3.5 COP ground source heat pump

For multiple coding systems, all systems shall meet or occord the minimum efficiency requirements in this section and shall be sized to serve 100 persons of the cooling design load. For multiple heating systems, at systems shall meet at exceed the minimum officiency requirements in the section and shall be alsed to serve 100 percent of the heating design load.

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IECC Code'21

408 Additional Efficiency Package (cont.) – 1 required

Water heater

efficiency



Rice 2.5 Reduced energy use in service water-heating option

The hot sealer system shall meet one of the following efficiencies

- Greater than or equal to 0.82 EF foreit faet service water-heating system.
- 2. Greater than or equal to 2.0 EF electric service mater-heating system.
- Greater than or equal to 0.4 solar fraction solar water-freating system.

2042 2.4 More efficient duct thermal distribution system option.

The thermal distribution system shall meet one of the following efficiencies:

- 1: 100 percent of ducts and air handlers located entirely within the building thermal envelope.
- 2 100 percent of ductives thermal distribution system or hydronic flermal distribution system located completely inside the building thermal
- 3: 100 percent of duct thermal distribution system located in conditioned space as defined by Section R403.3.2.

R408.2.5 Improved air seeing and efficient ventilation system option.

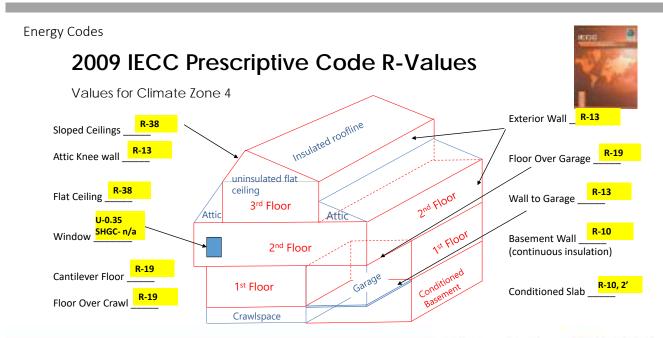
The measured sit leakage rate shall be less than or equal to 3.0 ACHSO, with either on Energy Recovery Vertilator (ERV) or Heat Recovery Vertilator. With ERV/HRV (HRV) installed Minimum HRV and ERV requirements, measured at the lowest tested not supply airliow, shall be greater than or equal to 75 percent Senable Recovery Efficiency (SRE), less than or equal to 1.1 cubic feet per minute per was (0.03 or liminiwals) and shall not use recinculation as a defrost strategy, in addition, the ERV shall be greater than or equal to 50 percent Latent Recovery Monature Transfer (LRMT)

 Ducts inside envelope

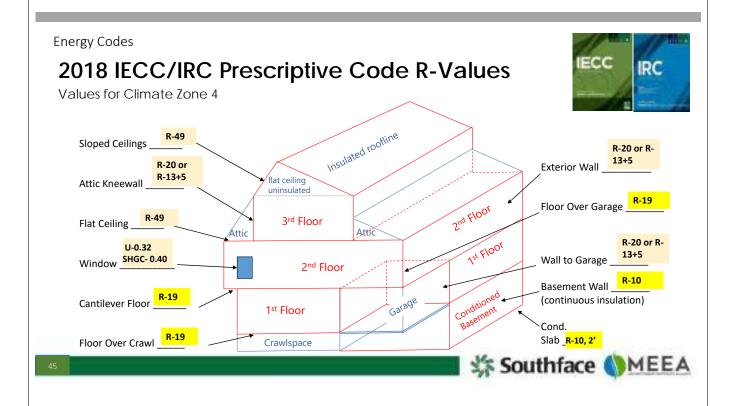
Tight home

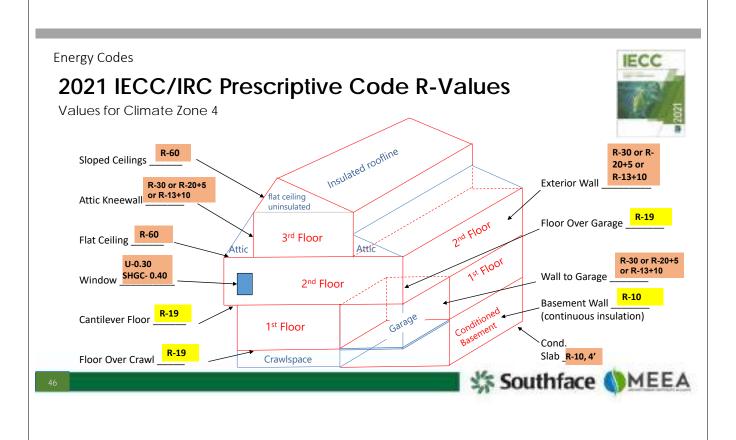












2021 IECC

Section 402.2: Insulation Requirements

- Details for insulating various aspects of the building envelope:
 - Ceilings with Attic 402.2.1
 - Ceilings w/out Attic 402.2.2
 - Eave baffles 402.2.3
 - Access hatches and doors- 402.2.4
 - Mass Walls 402.2.5
 - Steel Framing 402.2.6
 - Floors 402.2.7
 - Basement Walls 402.2.8
 - Slab-on-grade 402.2.9
 - Crawlspace Walls 402.2.10
 - Masonry Veneer 402.2.11
 - Sunroom & Heated Garage 402.2.12









Insulation Requirements

402.2.1 - Ceilings with Attics

- R-49 (CZ3) and R-60 (CZ4-5) is prescriptive requirement
- Rulers required every 300 s.f.





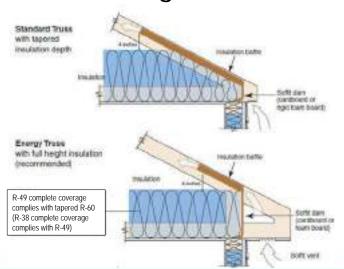








402.2.1 Ceilings with Attics







R402.2.1 Cellings with attics. []

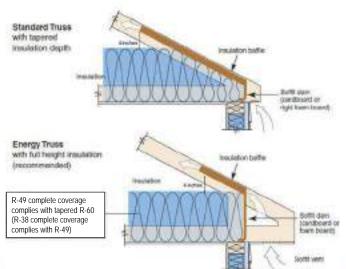
Where Section R402,1.3 requires R-49 insulation in the ceiling or attic, installing R-38 over 100 percent of the ceiling or attic area requiring insulation shall satisfy the requirement for R-49 insulation scherever the full height of uncompressed R-38 insulation extends over the wall top plate at the eaves. Where Section R402.1.3 requires R-60 insulation in the onling or attic, installing R-48 over 100 percent of the ceiling or attic area requiring insulation shall eatisfy the requirement for R-60 insulation wherever the full height of uncompressed R-48 insulation extends over the wall top plate at the eaves. This reduction shall not apply to the insulation and fenestration criteria in Section R402.1.2 and the Total UA alternative in Section R402.1.5.





Insulation Requirements

402.2.3 Eave Baffles





R402.2.3 Eave beffle. (1)

For air-permeable insulation in vertied affics, a baffle shall be installed. adjacent to softs and eave vents. Baffles shall maintain a net free area opening equal to or greater than the size of the vent. The battle shall extend over the top of the attic insulation. The baffle shall be permitted to be any solid material. The baffle shall be installed to the outer edge of the exterior walf top plate so as to provide maximum space for artic insulation coverage over the top plate. Where sofft venting is not continuous, baffles shall be installed continuously to prevent vertilation air in the ease soffit from bypassing the buffle.





402.2.2 - Ceilings without Attics

- R-30 for 20% (up to 500 s.f.) acceptable for CZ4&5
- Vaulted ceilings and foam sprayed rooflines will need to perform an R-value trade-off





Insulation Requirements

402.2.2 - Ceilings without Attics

Can use fiberglass or cellulose in vault for unvented roofs (air-permeable insulation) with added:

R-15 (CZ 4) rigid foam board



Reference IRC Section 806.5

unvented attic assemblies Vaulted unvented attic -Option 1 An imperimental insulation continues above coffers (e.g. rigid from board combined with air-perimental insulation roofline air-permeable insulation or p., reengrans. Insulation (e.g. 10pd four board) R-5 minimum in stimute zonce 2 & 9 R-55 minimum in in.g., fiberglass, celulose rathers (e.g. rigid foart bused or opney foart) combined with at permesses incusation (e.g., fluerigation refusione miscrafters)

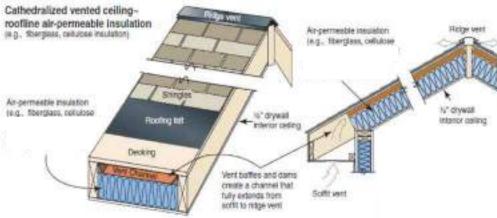




402.2.2 - Ceilings without Attics

Old school approach







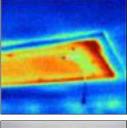


Insulation Requirements

402.2.4 Access Hatches & Doors

- Attic access at same R-value as wall/ceiling
- Exception for pull-down stairs CZ 0-4

 For an attic with 990 s.f. = R-38, and 10 s.f. = R-1, Effective Rvalue = R-29!







R402.2.4 Access hatches and doors.

Access hatches and doors from conditioned to unconditioned spaces. such as attics and crawl spaces shall be insulated to the same R-value required by Table R402.1.3 for the wall or ceiling in which they are installed.

Exceptions:

- Vertical desire providing access from contillioned spaces to consensual approint fact compay with the forestation requirements of Table 8902.13 (level on the applicable climate time specified in Chapter 3.
- Horseway pullations, that type access fulfalls green drive Heat. grentde for continet a accordant space in Climate Zarses 0 frieugh 4 shall not be required to comply with the insciptor level of the participanting surfaces provided the hardy meets all of the following.
- 2.1. The average Q-factor of the basis shall be less than or equal to 25% TE or have an everage variance in value of R-10 or present
- 22. Not less than 75 percent of the purel area shall have an insulation ff-value of N-13 or greate
- I in The ran area of the forest opening shall be less than no equal to 13.5 square heart 1.25 or 5.
- at The perturer of the head edge after the weekent total





402.2.8 Floors

Insulation should maintain continuous *permanent* contact against subfloor





RACE 2.7 Floors

Figure coulty insulation that comply with time of the following

- It Installation shall be installed to maintain permanent contact with the underside of the subfloor decking in accordance with merufacturer instructions to maintain required ff-value or roadly fill the available cavity space.
- 2 Floor faming cavity insulation shall be permitted to be in contact with five lay inde of aftenthing separating the navity and the unconditioned space below, insulation shall extend from the Softern to the top of all permater floor farming receivers and the framing numbers shall be on pasted.
- 1. A combination of cavity and continuous insulation shall be installed so that the savity insulation is in-contact with the top cids of the continuous tractation that is installed on the underside of the foor flaming separating the covity and the unconditioned appear below. The combined Avelue of the cavity and continuous insulation shall equal the required Rvalue for floors, insulation shall exceed from the bettern to the top of all permeter floor flurning members and the harring members shall be air seated.





Insulation Requirements

Reality of Underfloor Insulation



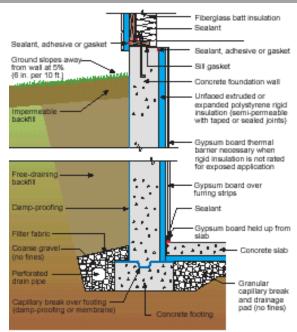






Insulating Basements

www.eeba.org www.buildingscience.com







Insulating Basements

Systems Approach to Walkout Basements

Advantages to insulating all basement walls:

- Wall insulation lasts longer and works well (R-10 wall in CZ4 vs. R-19 floor)
- Ducts and AHU are brought inside envelope
- Main floor level is more comfortable
- Basement may be finished or unfinished





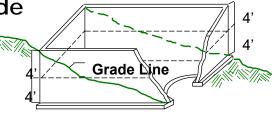


Insulating Basements

Definition and Prescriptive Code

- Basement Wall: Average gross wall must be > 50% below grade and enclose conditioned space
- C74-5: R-10 continuous or R-13 cavity
 - 2018 CZ5=R-15/19

Try to avoid cavity insulation; continuous insulation performs better









Insulating Basements

Interior Insulation Strategies

Cellulose blanket/batt



Rigid foil-faced poly-iso foam board



Fiberglass batt w/ vinyl backing







Insulating Basements

Interior Insulation Strategies

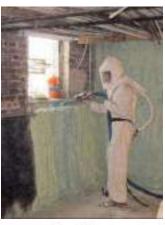
Rigid foam board



Fiberglass batt in AGW, foam board on concrete



Spray Polyurethane Foam







Insulating Basements

Interior Insulation Strategies

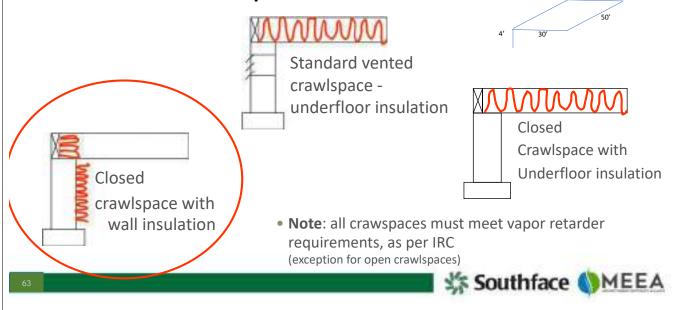


Southface MEEA



Insulating Crawlspace Walls

R402.2.11 Crawlspace Walls



Insulating Crawlspace Walls

R402.2.11 Crawlspace Walls

- Seal ground with 6-mil plastic (6" up walls, 6" overlaps)
- Insulate interior of walls to satisfy code (R-10 in CZ4, R-15 in CZ5)
- Eliminate all vents and leaks (access doors)
- Satisfy IRC exception to vent requirement (IRC section R408.3)

Venting Exceptions:

- Continuous exhaust (radon)
- Direct condition crawlspace (supply)
- Direct condition (dehumidifier)



Critical Details:

- No drainage problems
- Use a sealed combustion / direct vent furnace or install a Heat Pump
- Pest Control and Code Official awareness





Insulating Crawlspace Walls

Insulation techniques - Walls





www.crawlspaces.org





Insulating Crawlspace Walls

area in basements &

crawlspaces

Insulation techniques - Rim/band area

Open/ Closed Cell Foam Caulk and **Fiberglass** Batt Must air seal and insulate rim/band Blown Pest Control industry struggles with band area fully filled with SPF

SPF that fills band blocks inspection for pest control

 Air seal and then insulate with movable insulation product (batts, pillows, rigid board, etc.)

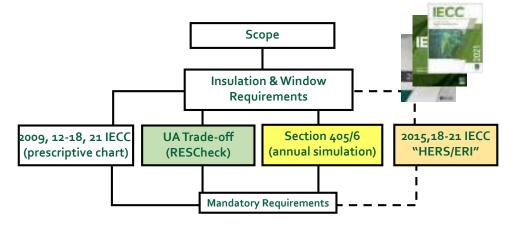
The band joint area carries a deallange to insulat consulty, with some contracture opling for fiberglass ball rather than the complications of oprey form. For lestaflers working with blown fibergless or celluloss, National Fibe: offers enother option. Its transf-Cube to a fire rate of bag can be filled with bown insulation on alls, then friction & between the justs. The amount of Insulation used will vary according to the size of the space, and the aubes can be filled in place behind pipes or vises. National Fiber |

Bag / Pillow





Envelope Tradeoff Options



The Energy Rating Index (ERI) path gives the most design flexibility (e.g., credit for mechanical equipment efficiency)





- www.energycodes.gov
- Software evaluates specific designs quickly
- **Demonstrates SHGC** compliance
- Allows trade-offs
 - Building envelope components
 - No trade-offs for better heating & cooling equipment efficiencies
- Specify code edition



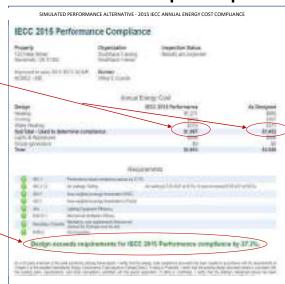




Section 405 Simulated Performance Alternative - Sample Report

- Annual energy usage simulation demonstrates that the proposed building's energy costs are < "standard code" building
- No credit for mechanical efficiencies
- · Likely to involve a HERS rater
- Ekotrope, REMrate & Energy Gauge are acceptable

- Compares total annual energy costs -
 - Window U-factor and SHGC
 - Envelope and duct testing
 - Lighting, duct insulation
- Compares energy costs of actual home being built against IECC reference home's energy cost





Energy Rating Index (ERI) path







The ERI may allow more options in materials choice, technologies and innovative strategies than the simulated performance path













- The Energy Rating Index (ERI) path gives the most design flexibility (e.g., credit for mechanical equipment efficiency)
- It also credits items not covered by the code (e.g., appliance efficiencies)





How is the ERI determined?

- The ERI is a numerical integer value
- Lower index numbers indicate lower energy use
- The HERS Index is similar to the ERI
- A HERS Index is generated from a HERS Rating using modeling software (e.g., Energy Gauge, REMRate, Ékotrope)
- HERS stands for Home Energy Rating System





HERS was developed by the **Residential Energy Services** Network (RESNET)

www.resnet.us





Determining the Energy Rating Index



- Rated Home what will be built
- Reference Home same home but exactly meets '06 code
- 2. Compare Annual Energy
 - Space Heating & Cooling, Hot Water, Lighting and some **Appliances**
 - Multiply by 100 (lower w/renewables)

40 30 30 50

Index = $100 \times PE_{fraction} \times \frac{[Rated Home's Htg + Clg + WtrH + L.A.]}{[Refer. Home's Htg + Clg + WtrH + L.A.]}$

70 20 30

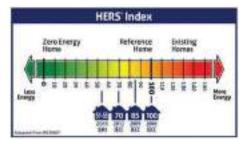






HERS / Energy Rating Index - What does it mean?

- HERS Index (lower is better)
- Rated home with Index of 100 = Reference home exactly meeting 2004/06 IECC
- Net Zero Energy Home = HERS Index of O



PE_{fraction} is ratio of renewables to purchased energy

(e.g, a home that produces 20% of its annual energy would have a $PE_{fraction}$ of 0.8) In this example, 0.8 x 75 = 60



Energy Rating Index: Target Values

The 2015/18/21 IECC sets a maximum ERI for each climate zone

EMERGY RATING INDEX

- The ERI is not a "magic bullet" or "easy"
- However, it opens more options and allows builders more credit for innovative strategies (" the ERI shall consider all energy used in the residential building")



CONTRACTOR CONTRACTOR	Brown Life 1 A D Life Company Company	
1	52	
2	52	
3.	51.	
4	54	
.5	55	
6	54	
7.	53	
8	53	

TABLE R406.4 MAXIMUM ENERGY RATING INDEX



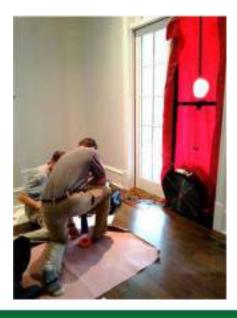
The rated design must have an ERI less than or equal to the above table to comply with IECC



ENERGY RATING MILES!



Blower Door Envelope Testing



- IECC 2009 threshold: < 7 ACH50
- IECC 2012-21 threshold: < 3* ACH50 (CZ 3-8)
- · Quantifies the Amount of Leakage Across the Home's **Thermal Boundary**
- Should be administered by a Certified Professional (e.g., DET Verifier, BPI, HERS)
- · Reported to Builder and Code Official via Certificate

 $ACH_{50} = \frac{CFM50 \times 60}{Volume}$

* 2021 IECC allows up to < 5 ACH50 with Simulation based trade-off





How to Fail a Blower Door Test









How to Fail a Blower Door Test









How to Fail a Blower Door Test









Air Sealing: Critical!



Cap and Seal Chases

Chase capped and sealed around duct







Tubs on Insulated Walls

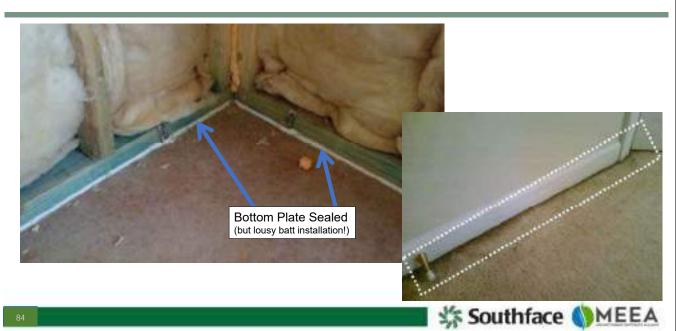


Band Area Between Floors

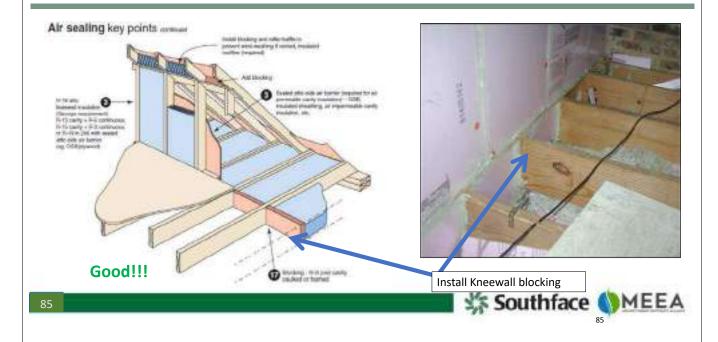




Bottom Plate



Correct Practices - Block + Sheath Kneewalls



Installing Insulation



- Voids / Gaps
- Compression / Incomplete Fill

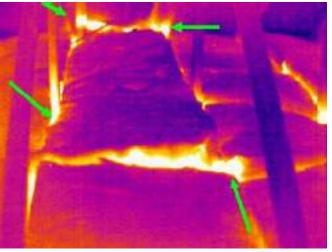




Continuous Insulation & Air Barrier

Installing Insulation

• Building Thermal Envelope (air barrier and insulation must be in contact)







What's Wrong with This Picture?

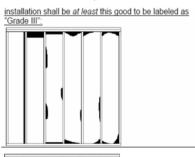
Installing Insulation

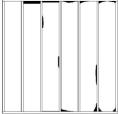












No more than 2% of surface area of insulation missing is acceptable for "Grade II"





Occasional very small gaps are acceptable for "Grade I".

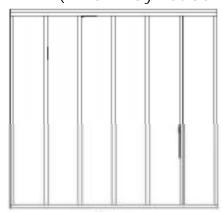




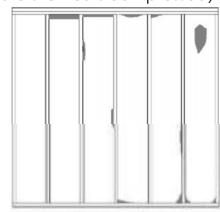
Grade I

RESNET Appendix A-11 - A-13

- occasional very small gaps/voids
- less than 2% compression/incomplete fill (which may not be more than 30% compressed)



Gaps

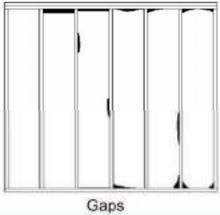


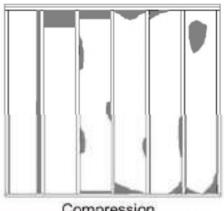




Grade II

- <2% gaps/voids</p>
- <10% compression/incomplete fill (which may not be more than 30% compressed)



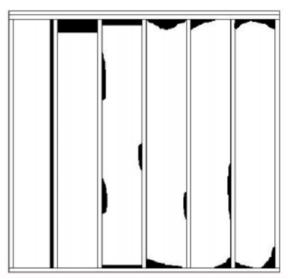


Compression





Grade III



RESNET Appendix A-15 - A-16

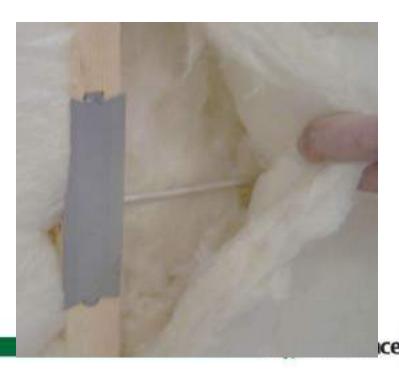
- > 2% and < 5% gaps/voids
- (greater than 5% = downgraded R-value)
- 10% or worse compression/incomplete fill

Gaps





What Grade?



ce MEEA







Installing Insulation

What Grade?

Label This	kness	3 1/2"			
Label R-	Yafue	R-15	R-13	R-11	
212 (metal) 212	15/8"			6.5 6.1	
218	23/2"	70	50	9.9	
214	31/2"	15	13	- 11	















What Grade?



Southface MEEA







What Grade?



MEEA



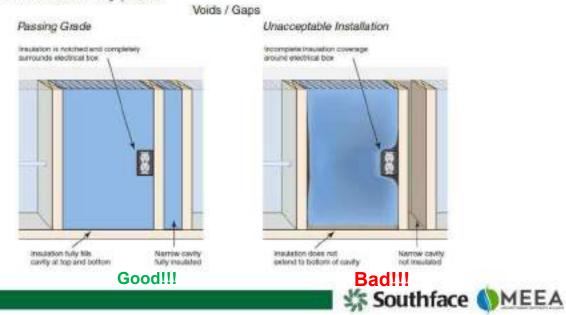




Voids & Gaps

Installing Insulation

Wall Insulation key points

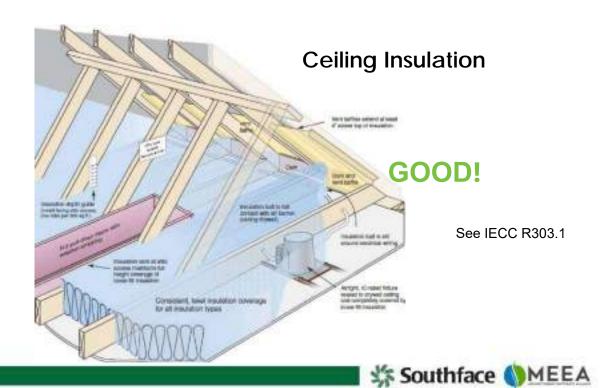


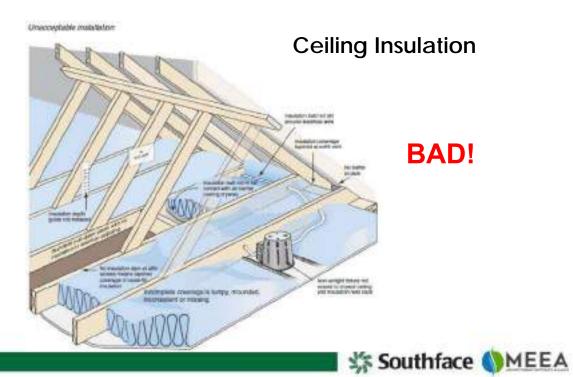
Compression & Incomplete Fill

Installing Insulation











Ugly Ceiling Insulation







Part 4

Missouri Residential Energy Code Baseline Study

In 2016, the Midwest Energy Efficiency Alliance (MEEA) was contracted by the Missouri Department of Economic Development Division of Energy (DED/DE) to collect data about current Missouri residential construction practices as they relate to the **2009 International Energy Conservation Code (IECC)**.

Patterns of Noncompliance

The study found five "patterns of noncompliance" in which buildings failed to meet 2009 standards:

- 1. Duct Leakage (unconditioned space)
- 2. **Duct Sealing** (conditioned space)
- 3. Exterior Wall Insulation Installation Quality
- 4. High Efficacy Lights
- 5. **Basement** Wall Insulation

107



Part 5

Sizing the Mechanical System

"Heating and cooling equipment shall be sized in accordance with Section M1401.3"

"Heating and cooling equipment shall be sized in accordance with **ACCA Manual S** based on building loads calculated in accordance with **ACCA Manual J** or other approved heating and cooling calculation methodologies."

- IECC R403.7



- Building orientation
- Glazing, walls, foundation & roof
- Design conditions
- Infiltration
- Internal loads
- Ventilation load



Loads: Conduction Heat Flow

Heat transfer through a solid object: the formula for calculating conduction heat transfer is $q = U \times A \times \Delta T$

q = heat flow (Btu/hr)

U = inverse of R-Value [U=1/R, R=1/U] (Btu/hr ft² °F)

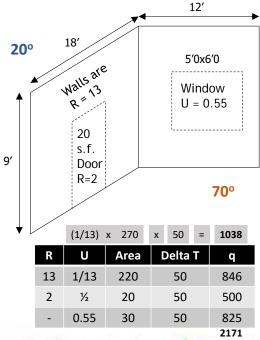
A = area (square feet)

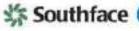
 ΔT = temperature difference across component (°F)

 $q = U \times A \times \Delta T$

Manual J: $q = A \times HTM$

where $HTM = Ux\Delta T$







Climate and Energy Efficiency

<u>Design Temps</u>	<u>W / S</u>
Atlanta	24/92
St. Louis	14/91
Fairbanks	-40/78
Miami	51/90



Design Temperatures

- Heating, for 99% of the season the outdoor temperature is above this value
- Only 1% of the Cooling season is hotter than this temperature value
- Design Temp Example
 - St. Louis Winter 70 14 = 56 F ΔT
 - St. Louis Summer 91 $75 = 16 \text{ F} \Delta T$

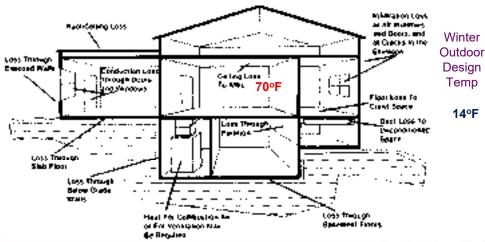
Load Calcs & Energy Code

- IECC Section 302.1: Interior design temperatures (72°F heating, 75°F cooling)
- · MUST BE ACCURATE





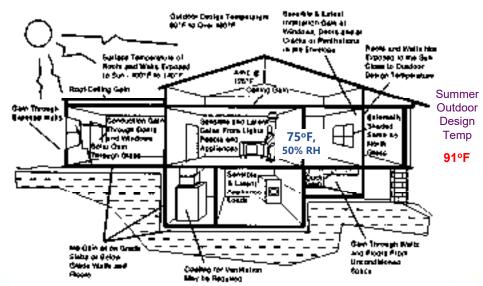
Manual J - Winter Loads



111

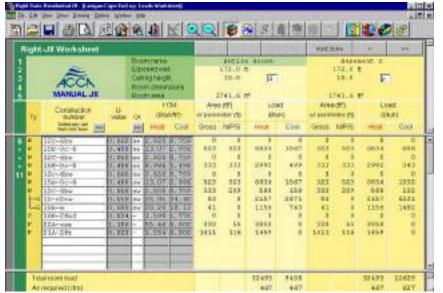


Manual J- Summer Loads





Manual J Software



Why is proper equipment sizing important?

- **Equipment first-cost**
- Longer/more efficient run times
- Limits equipment cycling
- Better dehumidification

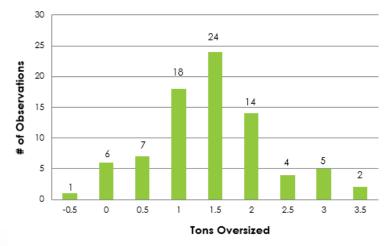




MO Equipment Sizing Study

Installed AC Units

Tons Oversized

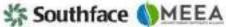


4 Factors Affecting Comfort

- Air Temperature around the person
- Relative Humidity ~50% is best
- · Air flow affects how easily evaporative cooling occurs
- Mean Radiant Temperature the temperature of the surfaces surrounding people

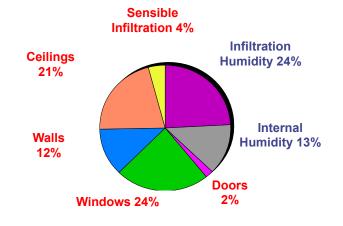








Cooling Load Breakdown



- Sensible = ∆ Temperature
- Latent = ∆ Moisture
- Total = Sensible + Latent
- SHF = S / Total





Variable Speed Blowers

- Allow slower fan speeds in A/C mode to improve dehumidification
- **Utilize ECM motors**
 - Reduce fan wattage up to 1/10 at low speeds
 - Must operate most of the time at low for energy savings
 - · Will consume more energy to satisfy flow if duct restrictions are high
- Permit modest upsizing
- Staged or variable speed compressors offer the greatest efficiency potential
 - Moisture removal is a function of the condensing unit, indoor coil, & fan speed (airflow)
 - · Proper refrigerant charge is also critical







Equipment Location

- Locate the air handler within conditioned space to reduce energy penalty from leakage.
- Don't have leaky air handler next to an atmospheric combustion appliance!!!



· Design Goal: Get all the ducts and the air handler within conditioned space so no energy penalty from leakage

How does duct leakage affect combustion safety?







Ductwork

- Types
- Design
- Sealing
- Insulation











Types of Ductwork

- Round Metal: Minimal air pressure loss retards growth of fungus and mildew; joints leak unless well sealed; must be insulated (in unconditioned space only); installation is more expensive
- Flex Duct: Few joints to leak; inexpensive to install; poor design & installation can crimp duct and reduce air flow; easier to damage











Proper Flex Duct Installation

- Short straight runs from rigid trunk preferred
- Upsize diameter from rigid by 1"
- Support with 1" or wider straps spaced no more than 5'
- Sag no more than 1/2" per foot
- Cut duct to proper length
- Do not pinch duct to change direction or at connections







121

Types of Ductwork

- Fiberglass Ductboard: Must be sealed carefully to be airtight; good noise control; exposed fiberglass; less durable; can be field fabricated
- Building Cavities: panned ducts; shelf systems that support for air handler; often violated (not permitted in IECC2015+)











Site-Built Cavity Ducts

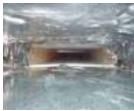
Do not use as supply or return duct (example, toe-kick under cabinets should be fully ducted)















Violated ductwork







IAQ Issues?







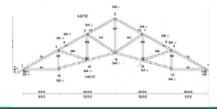
Duct Design



• Try to locate the ductwork inside conditioned space



















Duct Design









Proper Duct Design Details

- · Dampers allow easy alteration of flow to each room
- · Hard metal elbows should be used for tight turns
- Flex ducts turns must be gradual (radius of turn must be > than the duct diameter)





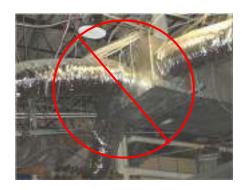




Duct Design Details



 Ducts should not originate from the plenum cap or within 6" of plenum cap

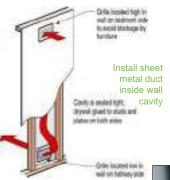


Ducts should not originate from the end of or within 6" of the end of a trunkline



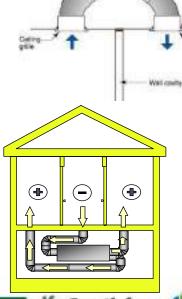


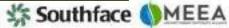
Duct Design-Proper Return Path













Ducts in Buildings

- Don't use building components (stud cavities or joist cavities) as ducts
- If air must run through these spaces, use ducts designed to fit inside those spaces









Duct Sizing

- Manual D
- Duct Calculator

Supply Branches for Entire House										- 6	-	
STO.	Heating friction rate Cooling friction rate		0.070 in/100ft 0.070 in/100ft			Duct Tree			į	triates		
Duct name	ST	RB	Heat	Cool	Ds. flow	STEL	Pr. drop	Veloc	Diam	Rect	. duct	Matl
			(Btuh)	(Btuh)	(cfm)	(ft)	(in H2O)	(fpm)	(in)	(in)		***
Bedroom 3	st1	rb1	2047	1244	h 68	246	0.17	346	р 6	0	0	V1Fx
Bedroom 2	st1	rb1	1757	1248	c 68	246	0.17	344	р 6	0	0	V1Fx
Laundry	st1	rb1	796	415	h 26	246	0.17	303	p 4	0	0	V1Fx
Kitchen	st2	rb1	389	1644	c 89	246	0.17	333	p 7	0	0	V1Fx
Dining	st2	rb1	1888	1135	h 63	246	0.17	319	р 6	0	0	V1Fx
Foyer	st2	rb1	1263	718	h 42	246	0.17	308	p 5	0	0	V1Fx
Master Bathroom	st3	rb1	1993	1058	h 66	246	0.17	337	р 6	0	0	V1Fx
Master Bedroom	st3	rb1	3565	2272	c 123	246	0.17	353	р 8	0	0	V1Fx
Living	st2	rb1	2915	1779	h 97	246	0.17	3 62	p 7	0	0	V1Fx
Breakfast	st2	rb1	1220	668	h 41	246	0.17	297	p 5	0	0	V1Fx





Poor Duct Design...







Sealing Ductwork





• Mastic must be installed on seams & joints of ductwork, not the insulation!



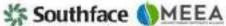


Sealing Ductwork is Code

- Rigid fiberglass ducts must be sealed with UL181A-P tape, UL181A-M tape, UL181A-H tape, or water based mastic
- Flex duct must be sealed with UL181B-FX tape, UL181B-M tape or water based mastic International Residential Code, M1601.3.1

"Tapes and mastics used with rigid fibrous glass ducts shall be listed and labeled in accordance with UL 181-A. Tapes and mastics used with flexible air ducts shall be listed and labeled in accordance with UL 181-B. "Duct tape" is not permitted as a sealant on any ducts."







Sealing Ductwork

Sealing end of rigid supply run with water based mastic







Sealing Ductwork

- 1. Put mastic on collar to plenum connection
- 2. Put mastic on sheet metal connection
- 3. Slide liner over connection and install compression strap (zip tie)
- 4. Mastic over liner & zip tie (about 1" on either side of liner edge
- 5. Pull insulation over connection and zip tie







Sealing Ductwork

All duct connections must be sealed with mastic, including connections to:

- Plenums
- Y-joints
- Boots









Sealing at the Unit Is Critical!



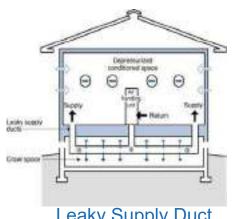
A 13 SEER A/C in a (30%) leaky duct system acts as an 8.5 SEER! Neither the builder or homeowner get what they pay for!

140

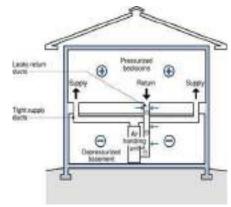




Duct Leakage Affects House Pressure



Leaky Supply Duct (makes house pressure go negative)

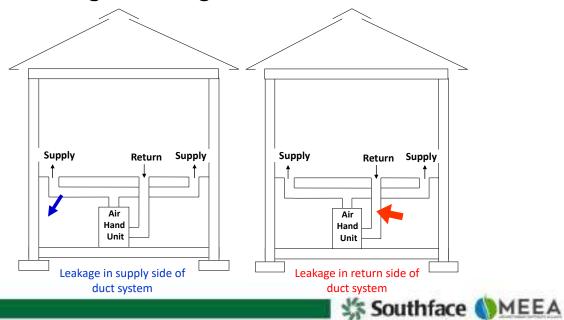


Leaky Return Duct (makes house pressure go positive)





Duct Leakage—Driving force for Infiltration



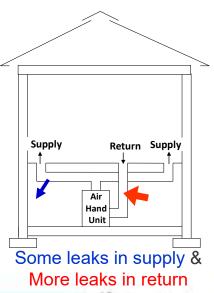


Dominant Duct Leakage - Affects House Pressure

Impact on House pressure due to small supply and larger return duct leakage



What is the net effect on house pressure due to 100 cfm of supply and 300 cfm of return duct leakage?







Testing Duct Leaks



Although it is permitted in the code, Southface does not accept / endorse using UL181 tape to seal ducts!







IRC Reference—Duct Sealing

M1601.4.1 Joints and seams. Joints of duct systems shall be made substantially airtight by means of tapes, mastics, liquid sealants, gasketing or other approved closure systems. Closure systems used with rigid fibrous glass ducts shall comply with UL 181A and shall be marked 181A-P for pressure-sensitive tape, 181A-M for mastic or 181A-H for heat-sensitive tape. Closure systems used with flexible air ducts and flexible air connectors shall comply with UL 181B and shall be marked 181B-FX for pressure-sensitive tape or 181B-M for mastic. All metal to metal connections shall be mechanically fastened. All duct connections shall be sealed. Mechanical fasteners for use with flexible nonmetallic air ducts shall comply with UL181B and shall be marked 181B-C. Crimp joints for round metal ducts shall have a contact lap of at least 11/2 inches (38 mm) and shall be mechanically fastened by means of at least three sheetmetal screws or rivets equally spaced around the joint. Closure systems used to seal metal ductwork shall be installed in accordance with the manufacturer's installation instructions.



Southface strongly recommends mastic or mastic tape, which works better in the real world than foil tape (mastic should be at least 2 mm thick)





403.2.2 Duct Tightness Testing*

- Duct systems must be leak tested
 - When tested at rough-in
 - 4% Total leakage no AHU installed
 - 6% Total leakage w/ AHU
 - When tested at final
 - 12% Total Leakage
 - 8% Leakage to Outside





*Exception: Duct tightness test is not required if the air handler and all ducts are located within conditioned space





Total Duct Leakage ≤ 4%

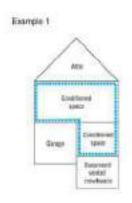


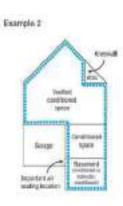
Ducts Inside Total Leakage < 8%

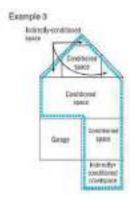




Building Thermal Envelope Impacts Duct Testing







- Although these three homes look identical from the outside, each has defined the building thermal envelope differently
- This affects the requirement for duct testing





Filters

- Change every leap year?
- El Cheapo vs. HEPA filters
- · Want thicker, pleated filters
- · Don't accept installations that prohibit easy filter access
- Seal covers with foil tape
- MERV rating

















148

IECC Section 403.3—Ducts

Mandatory Requirements:

- Insulation required for ducts outside of envelope
 - R-8 Insulation for Supply & Return ducts in attic
 - · R-6 Insulation all other ducts in unconditioned space
 - No Insulation required if ducts inside building thermal envelope (but should insulate to prevent condensation)
- Sealing required with mastic or UL 181 tape
- May not use building cavities as supply ducts











HVAC and Humidity

- Don't expect HVAC to fix bad envelope moisture issues
- Remember Psychrometrics
 - "It ain't the heat, it's the humidity"
- HVAC controls can help
 - Variable speed blower
 - Variable capacity equipment (staged compressors, staged burners)
 - · Dedicated dehumidifier











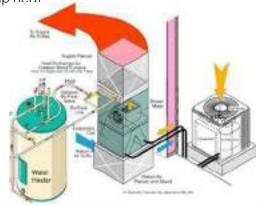


Section 403.1—HVAC Controls

Mandatory Requirement:

- Programmable thermostat required
- Heat Pump requires lockout capability to prevent unnecessary strip heat



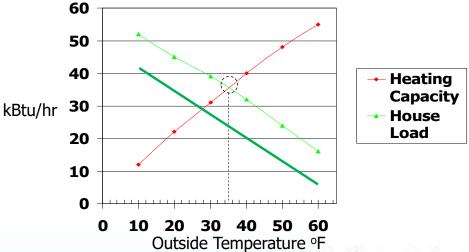






Heat Pump Balance Point

The winter outdoor temperature at which the heat pump can deliver exactly the same amount of Btu's that the house is losing







Part 6

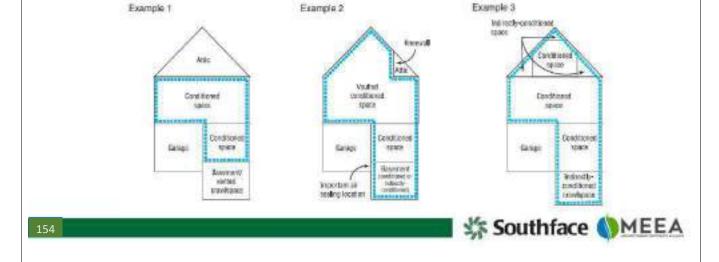


Energy Codes -The Power of a One-Page Checklist!



Building Thermal Envelope

• Options for defining the building thermal envelope



Air permeable vs. air impermeable insulation



St. Louis 2018 IECC Energy Code - Comprehensive Field Inspection Checklist

Instructions/Overview

The purpose of this checklist is to assist in field Inspection primarily for air sealing and insulation details of the 2018 IECC St. Louis Energy Code. While not every detail is included, the list below contains the majority of critical impected items. It is likely that certain items are not applicable to all houses. Note: St Louis amended to R-38 ceilings and R-0 basements.

The checklist has been separated into three sections, corresponding to three different stages of construction. If an item does not comply and must be remedied, or if it cannot be confirmed at this stage of construction, that item should be verified at a later inspection or, at their discretion, by photographic documentation provided to the code official. An item that is not present shall be marked "N/A".

Air barrier and insulation details are located on plans (as applicable).

Pre-insulation, pre-drywall





Preinsulation, pre-Drywall

• May coincide 🔡

with framing,

rough-in

inspection

000

000

000

000

000

No No Pre-insulation, pre-drywall list: (Framing rough inspection)

- 1. Bottom Plate sealed to slab or subfloor gasket or sealant on inside edge Bottom Plate penetrations sealed – (electrical, plumbing knockout, etc.)
- <u>Top Plate</u> penetrations sealed (electrical, plumbing knockout, etc.)
- Exterior wall sheathing seams are sealed OR completely sealed housewrap installed on exterior (housewrap edges all sealed and housewrap penetrations sealed/repaired)
- Cavities within headers, corners and intersecting T-walls are fully insulated
- Attic kneewalls have blocking installed at ceiling joist intersection
- Rim and band areas have air sealing performed
- 8. Windows and doors sealed into rough opening (fiberglass chinking not permissible)
- Window spot check: U-factor and SHGC are reasonable and expected for DP low-e wood/vinyl frame. Weighted average U-factor ≤ 0.32, SHGC ≤ 0.40 (Climate Zone 4)
- 10. Cantilevered Floor joists have blocking (and air sealing) installed above supporting walls
- 11. Rafters have sufficient depth provided for insulation in vaulted ceilings.
- 12. Chases (e.g., to attic) are capped and sealed (chase walls have interior air barrier at insulated wall)
- 13. Tubs and Showers against exterior walls have insulation and sealed air barrier on interior.
- 14. Mumbing penetrations sealed: through envelope floors (e.g., tub drains, supply lines, vent stacts), walls (e.g., kneemalb, crawispaces, wall plates) and ceilings (e.g., chases and soffits) Hot water piping buried in slabs is insulated to 8-3.
- 15. Electrical penetrations sealed: Similar to plumbing, includes main service line entry (Best practice: locate panel box in non-insulated well)
- 16. HVAC penetrations sealed Fuel lines and penetrations through chases sealed
- 17. Platforms in attics for HVAC & appliances are elevated for sufficient depth of insulation
- t8. fireplace inserts -

Sheathing in chase is sealed (or exterior houseurap sealed) before insulation installed insulation coverage is complete (walls, top and bottom) and aligns with air barrier Fire-rated caulk sealed at flue to cap transition (and flue includes damper Outside/combustion air duct installed and sealed (and includes shut off damper)

Fuel gas penetrations are sealed. (Best practice: fully air-seal and insulate before setting insert)

Southface MEEA



Bottom plate sealed to slab or subfloor



No Yes

□□□ 1. <u>Bottom Plate</u> sealed to slab or subfloor – gasket or sealant on inside edge







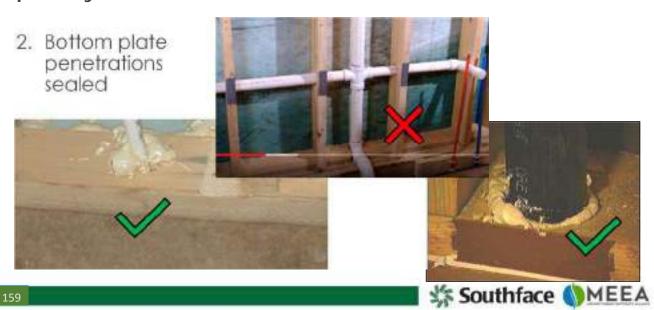


158

Pre-insulation, pre-Drywall

No Yes

□□□ 2. <u>Bottom Plate</u> penetrations sealed – (electrical, plumbing knockout, etc.)



3. Top plate penetrations sealed



No Yes

□□□ 3. <u>Top Plate</u> penetrations sealed – (electrical, plumbing knockout, etc.)



160

Pre-insulation, pre-Drywall

4. Exterior Wall
Sheathing seams
are sealed OR
completely sealed
housewrap
installed on
exterior



No Yes

4. Exterior wall sheathing seams are sealed OR completely sealed housewrap installed on exterior (housewrap edges all sealed and housewrap penetrations sealed/repaired)





No Yes

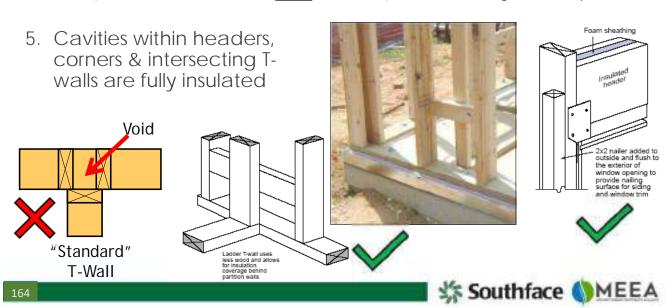
4. Exterior wall sheathing seams are sealed OR completely sealed housewrap installed on exterior (housewrap edges all sealed and housewrap penetrations sealed/repaired)





No No

□□□ 5. Cavities within headers, corners and intersecting T-walls are fully insulated

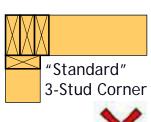


Pre-insulation, pre-Drywall

Nο Yes

5. Cavities within headers, corners & intersecting T-walls are fully insulated

□□□ 5. <u>Cavities</u> within headers, corners and intersecting T-walls are fully insulated









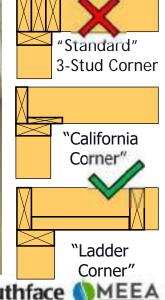




5. Cavities within headers, corners & intersecting T-walls are fully insulated









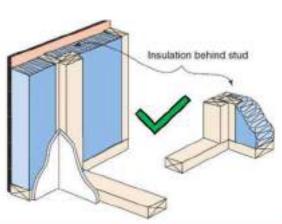
Southface

Pre-insulation, pre-Drywall

No Yes

□□□ 5. <u>Cavities</u> within headers, corners and intersecting T-walls are fully insulated

5. Cavities within headers, corners & intersecting T-walls are fully insulated





1 (7

No N/A

☐☐☐ 6. Attic kneewalls have blocking installed at ceiling joist intersection

6. Attic kneewalls have blocking installed at ceiling joist intersection





ATTIC KNEEWALL

- PICS SHOW NEED FOR **BLOCKING &** SHEATHING













PROPER BLOCKING UNDER ATTIC KNEEWALLS







Pre-insulation, pre-Drywall

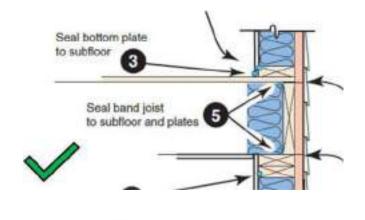
7. Rim and band joist areas



No Yes

□□□ 7. Rim and band areas have air sealing performed

are air sealed







No Yes

8. Windows and doors sealed into rough opening (fiberglass chinking not permissible)

8. Windows and doors sealed into rough opening (no fiberglass chinking)





pre-Drywall

Pre-insulation, window spot check: U-factor and SHGC are reasonable and expected for DP low-e wood/vinyl frame. Weighted average U-factor < 0.32, SHGC < 0.40 (Climate Zone 4)

9. Windows spot check on Ufactor & SHGC $(U \leq 0.32,$ SHGC < 0.40)







ENERGY STAR Windows





Northern*	S 0.27	Any	á
	- 0.28	≥ 0.32	
	+0.29	≥ 0.37	
	-0.30	≥ 0.42	
North- Certinal	s 0.30	≤ 0.40	
South- German	s 0.30	≤0.25	
Southern	€ 0.40	≤ 0.26	1

Climate Zone	U-Factor ¹	SHGC
Northern	≤ 0.50	Any
North-Central	≤ 0.53	≤ 0.35
South-Central	≤ 0.53	≤ 0.28
Southern	≤ 0.60	≤ 0.28



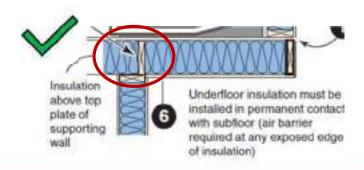


Pre-insulation, pre-Drywall

No Yes

□□□ 10. Cantilevered Floor joists have blocking (and air sealing) installed above supporting walls

10. Cantilevered floor joists have sealed blocking at junction with supporting wall









N/A No

10. Cantilevered Floor joists have blocking (and air sealing) installed above supporting walls

10. Cantilevered floor joists have sealed blocking at junction with supporting wall



No Yes



Southface MEEA



Pre-insulation, pre-Drywall

10. Cantilevered floor joists have sealed blocking at junction with supporting wall

10. <u>Cantilevered Floor</u> joists have blocking (and air sealing) installed above supporting walls





No Yes

10. Cantilevered Floor joists have blocking (and air sealing) installed above supporting walls

10. Cantilevered floor joists have sealed blocking at junction with supporting wall





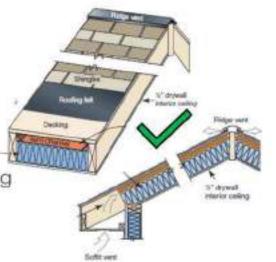


Pre-insulation, pre-Drywall

No N/A

□□□ 11. Rafters have sufficient depth provided for insulation in vaulted ceilings









12. Chases are capped and sealed



N/A Yes □□□ 12. Chases (e.g., to attic) are capped and sealed (chase walls have interior air barrier at insulated wall)



Pre-insulation, pre-Drywall

No N/A

13. Tubs and Showers against exterior walls have insulation and sealed air barrier on interior

13. Tubs & Showers against thermal envelope walls have insulation and sealed air barrier on interior side





N_ο Yes

□□□ 13. Tubs and Showers against exterior walls have insulation and sealed air barrier on interior

Pre-insulation, pre-Drywall

13. Tubs & Showers against thermal envelope walls have insulation and sealed air barrier on interior side









Pre-insulation, pre-Drywall

14. Plumbing penetrations; R-3 hot water piping (in slabs, etc.)



No NA

□□□ 14. *Plumbing* penetrations sealed: through envelope floors (e.g., tub drains, supply lines, vent stacks), walls (e.g., kneewalls, crawlspaces, wall plates) and ceilings (e.g., chases and soffits) -Hot water piping buried in slabs is insulated to R-3



Southface MEEA



Yes No

□□□ 15. Electrical penetrations sealed: Similar to plumbing, includes main service line entry (Best practice: locate panel box in non-insulated wall)

15. Electrical penetrations











Pre-insulation,

pre-Drywall

No N/A

☐ ☐ 16. <u>HVAC</u> penetrations sealed – Fuel lines and penetrations through chases sealed

16. HVAC penetrations











No Yes

16. <u>HVAC</u> penetrations sealed – Fuel lines and penetrations through chases sealed











Pre-insulation, pre-Drywall

17. Platforms in attics for HVAC & appliances are elevated for sufficient depth of insulation

17. Platforms in attics elevated to allow room for insulation







18. Fireplaces

No Yes

18. Fireplace inserts -

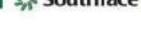
- -Sheathing in chase is sealed (or exterior housewrap sealed) before insulation installed
- -braulation coverage is complete (wells, top and bottom) and aligns with air barrier
- -Fire-rated caulk sealed at flue to cap transition (and flue includes damper)
- -Outside/combustion air duct installed and sealed (and includes shut off damper)
- -Fuel gas penetrations are sealed.

(Best practice: fully air-seal and insulate before setting insert)





Internal sir barrier (recommended) or air aption(recommend covering with ignition Impermesbie barrier for fire protection) insulation Blocking above supporting well for cartilevered foor Insulation Underfloor insulation must be above top retailed in permanent contact with subfloor (sir barrier required at any exposed edge supporting





Seal around chitmey fues with sheet

metal cap

Pre-insulation, pre-Drywall

18. Fireplaces



18. Fireplace inserts -

- Sheathing in chase is sealed (or exterior houseway sealed) before insulation installed
- -insulation coverage is complete (walls, top and bottom) and aligns with air barrier -Fire-rated caulk sealed at flue to cap transition (and flue includes damper)
- Outside/combustion air duct installed and sealed (and includes shut off damper)
- Fuel gas penetrations are sealed:

(Best gractice: fully air-seal and insulate before setting insert)





Pre-insulation, 18. Fireplaces pre-Drywall

18. Fireplace inserts -

Sheathing in chase is sealed for exterior housewrap sealed) before insulation installed -insulation coverage is complete (walk, top and bottom) and aligns with air barrier -Fire-rated caulk sealed at flue to cap transition (and flue includes damper) -Outside/combustion air duct installed and sealed (and includes shut off damper) -Fuel gas penetrations are sealed.

(Best practice: fully air-seal and insulate before setting insert)



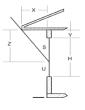


190

Pre-drywall, Post-insulation



Insulation installed properly



St. Louis 2018 IECC Energy Code - Comprehensive Field Inspection Checklist

No Yes Pre-Drywall, post-insulation (Insulation installed properly)

- 1. Wall insulation installed in substantial contact and continuous alignment with the air barrier(s)
- 2. Wall insulation neatly fills cavity (no voids, no insulation compression due to wiring & plumbing)
- Attic insulation prep properly performed

. . .

- Dams and vent baffles extend over top plate of exterior walls
- Dams installed at attic access and to adjacent uninsulated areas (porches & garages, etc.)
- Insulation installed under elevated HVAC/appliance platforms in attics
- 4. Attic pull-down stairs sealed into rough opening
- 5. Cantilevered floors insulated properly (R-19)
- 6. Rim/band areas insulated properly (R-20)
- 7. Ducts insulated to R-8 in attics, R-6 in other unconditioned space.
 - Visually check for sealant at seams and fittings
- 8. Floor insulation supported and in full contact with subfloor sheathing
 - 9. Floor assembly end-dam barriers installed under attic knee walls
- (such as for bonus room floors above garages)
 - 10. Mechanical spaces receiving outdoor combustion air have continuous, air sealed and insulated thermal envelope (walls, floors, ceiling as applicable) to isolate from main house
 - 11. R-3 Hot water piping insulation installed (and recirculation system pipe insulation & controls)
 - Piping 3/4 inch and larger in nominal diameter
 - Piping serving more than one dwelling unit
 - Piping located outside the conditioned space
 - Piping from the water heater to a distribution manifold

 - Piping located under a floor slab & buried in piping
 Supply and return piping in recirculation systems other than demand recirculation systems

Southface MEEA



Pre-drywall, post-insulation

Insulation **NOT** aligned with ceiling air barrier



WHAT'S WRONG WITH THESE PICTURES?





Installing Insulation



- Voids / Gaps
- Compression / Incomplete Fill
- Alignment with air barrier





Pre-drywall, post-insulation

1. Wall insulation in substantial contact and continuous alignment with air barrier (typically sheathing and drywall)

No N/A

☐ ☐ 1. Wall insulation installed in substantial contact and continuous alignment with the air barrier(s)

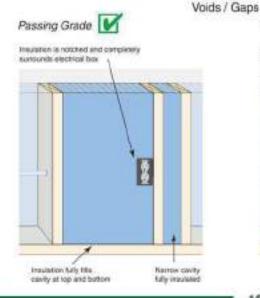


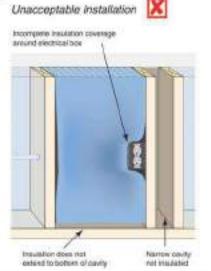




2. Wall insulation neatly fills cavity (no voids, no insulation compression)

Yes V □□□ 2. <u>Wall insulation</u> neatly fills cavity (no voids, no insulation compression due to wiring & plumbing)





Southface



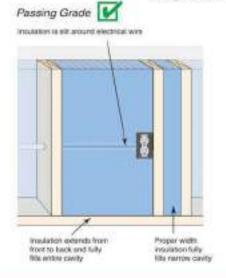
Pre-drywall, post-insulation

Yes V

2. Wall insulation neatly fills cavity (no voids, no insulation compression due to wiring & plumbing)

Compression / Incomplete Fill

2. Wall insulation neatly fills cavity (no voids, no insulation compression)

















Wall Insulation Details

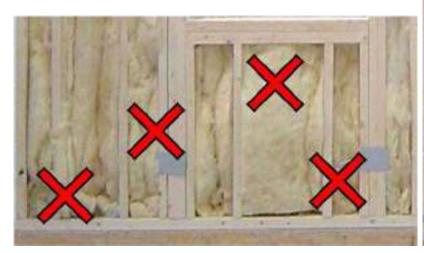


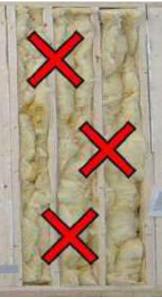
- Wire is compressing the insulation
- Voids around electrical outlet
- Missed a whole cavity





Wall Insulation Details









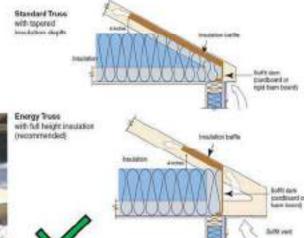


115

Pre-drywall, post-insulation

- □□□ 3. Attic insulation prep properly performed
 - . Dams and vent baffles extend over top plate of exterior walls
 - Dams installed at attic access and to adjacent uninsulated areas (perches & garages, etc.)
 - . Insulation installed under elevated HVAC/appliance platforms in attics
- Attic insulation preparation (dams, baffles, elevated platforms)





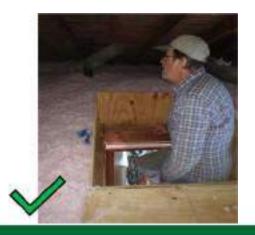








- - . Dams and vent baffles extend over top plate of exterior walls
 - . Dams installed at attic access and to adjacent uninsulated areas (porches & garages, etc.)
 - · Insulation installed under elevated HVAC/appliance platforms in attics
- 3. Attic insulation preparation (dams, baffles, elevated platforms)





204

Pre-drywall, post-insulation

4. Attic pull-down stairs sealed into rough opening

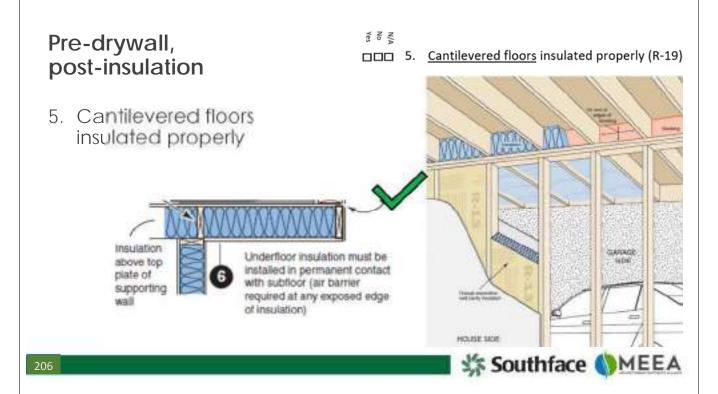


No N/A □□□ 4. Attic pull-down stairs sealed into rough opening









6. Rim/band areas insulated properly (R-20 or R-13+5)



No N/A

□□□ 6. Rim/band areas insulated properly (R-20)



Rigid **Foam Board**



Batt Insulation

Bagged Insulation



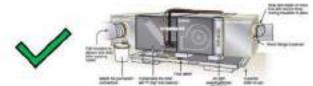




No Yes

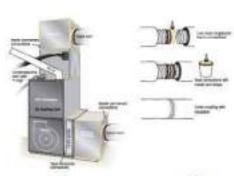
7. <u>Ducts</u> insulated to R-8 in attics, R-6 in other unconditioned space Visually check for sealant at seams and fittings

7. Ducts insulated properly (including boots) Visual check for sealing













Pre-drywall, post-insulation

Yes V

 \square 7. <u>Ducts</u> insulated to R-8 in attics, R-6 in other unconditioned space Visually check for sealant at seams and fittings

7. Ducts insulated properly (including boots) Visual check for sealing









8. Floor insulation supported and in full contact with subfloor sheathing

8. Floor insulation supported and in full contact with subfloor





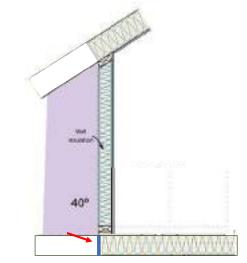


Pre-drywall, post-insulation

No No

9. Floor assembly end-dam barriers installed under attic knee walls (such as for bonus room floors above garages)

9. Floor assembly insulation has end dams installed under attic knee walls







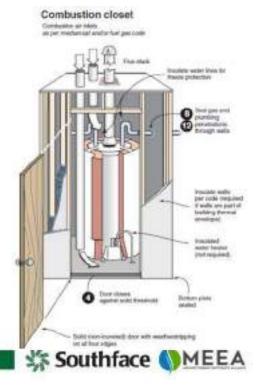


10. Mechanical spaces (i.e., combustion closets) are sealed and insulated to isolate from main house

No Yes

10. Mechanical spaces receiving outdoor combustion air have continuous, air sealed and insulated thermal envelope (walls, floors, ceiling as applicable) to isolate from main house





Pre-drywall, post-insulation

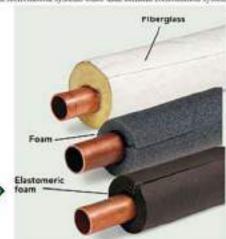
11. R-3 Hot water piping insulation installed (and recirculation system pipe insulation & controls)

- Figure s's meh and larger in nominal diameter
- Figing serving more than one dwelling unit
- · Figurg located outside the conditioned space.
- Figure from the water heater to a distribution manifold
 Figure located under a floor slab & buried in piping
- Supply and return piping in recirculation systems other than demand recirculation systems

11.R-3 hot water pipe insulation







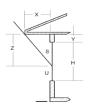






Final Inspection

Confirm all items prior to Certificate of Occupancy



Final inspection (confirm prior to Certificate of Occupancy)

- 1. <u>Blower door</u> and <u>duct leakage</u> passing results correctly displayed on <u>energy code certificate</u>
- 2. Mechanical ventilation system installed for homes < 5 ACH50
- 3. Duct boots insulated and sealed to drywall and/or subfloor
- 4. <u>Underfloor insulation</u> installed in complete contact with air barrier and permanently secured in place (e.g., wire staves)
- 5. Crawlspace has complete (min. 6-mil poly) vapor barrier (overlapped and sealed to foundation)
- 6. Conditioned Crawlspace Wall has insulation installed as per code (402.2.11)
- 7. Basement wall insulated as per code (R-13 cavity or R-10 continuous for CZ 4; amended to R-0)
- 8. Attic access (pull-down stairs or hatch) meets R-38 insulation and air sealing requirements (pull-down stairs door is sealed into rough opening)
- Utility (e.g., gas piping) penetrations sealed at exterior.
- 10. Plumbing penetrations in drywall are sealed
- 11. Attic Ceiling insulation is properly installed: coverage is consistent, proper depth throughout
 - Attic contains Loose-fill Insulation Card and Rulers (1 per 300 sf)
 - Dams and vent baffles extend over top plate of exterior walls at eave/soffit vents
 - Dams installed at attic access and to adjacent uninsulated portions (porches & garages, etc.)
 - Insulation shield around appliance vent pipes and chimneys
- 12. Refrigerant line-set insulation is protected from elements and air sealed at envelope junction
- 13. Efficient lighting for 90% of bulbs- CFL's, linear fluorescent & LED (not incandescent or halogen)





Final inspection

No Yes

1. Blower door $(< 3 ACH_{50})$ and duct leakage (<u><</u> 4%) passing results correctly obtained and displayed on energy code certificate





Final inspection

1. Blower door and duct leakage passing results correctly obtained and displayed on energy code certificate

No Yes

☐☐☐ 1. Blower door and duct leakage passing results correctly displayed on energy code certificate









Final inspection

☐ ☐ 1. Blower door and duct leakage passing results correctly displayed on energy code certificate

> 1. Blower door and duct leakage passing results correctly obtained and displayed on energy code certificate

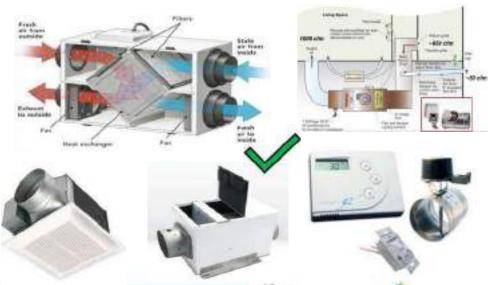


Final inspection

No V

□□□ 2. <u>Mechanical ventilation</u> system installed for homes < 5 ACH50

2. Mechanical ventilation system installed for homes < 5 ACH50 (as per IRC)



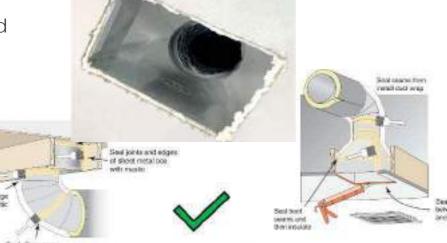




No Yes

□□□ 3. Duct boots insulated and sealed to drywall and/or subfloor

3. Duct boots insulated and sealed to drywall/ subfloor







Final inspection

No Yes

- ☐ ☐ 4. <u>Underfloor insulation</u> installed in complete contact with air barrier and permanently secured in place (e.g., wire staves)
- 4. Underfloor insulation installed in complete contact with air barrier and secured





No Yes

Final inspection

4. <u>Underfloor insulation</u> installed in complete contact with air barrier and permanently secured in place (e.g., wire staves)

4. Underfloor insulation installed in complete contact with air barrier and secured



Southface MEEA



No Yes

Final inspection —— 4. <u>Underfloor insulation</u> installed in complete contact with air barrier and permanently secured in

4. Underfloor insulation installed in complete contact with air barrier and secured







No Nes

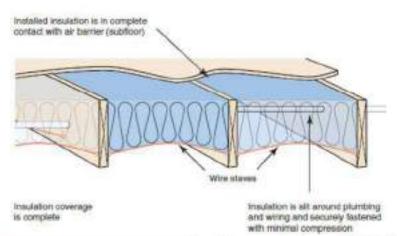
Final inspection

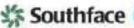
□ □ 4. <u>Underfloor insulation</u> installed in complete contact with air barrier and permanently secured in place (e.g., wire staves)





4. Underfloor insulation installed in complete contact with air barrier and secured



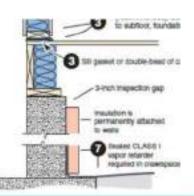




Final inspection

5. <u>Crawlspace</u> has complete (min. 6-mil poly) <u>vapor barrier</u> (overlapped and sealed to foundation)

Standard vented and conditioned crawlspaces have 6-mil poly vapor retarder sealed to foundation









□□□ 6. Conditioned Crawlspace Wall has insulation installed as per code (402.2.11)

6. Conditioned crawlspaces have wall insulation per code (402.2.11) (R-10 continuous for

R402.2.11 Crawl space walls. As an alternative to intolating floors over crimit spaces, crawl space walls shall be introduced provided that the crawl space is not vented to the outdoor: Crawl space wall insulation shall be perma-nently factesed to the wall and shall extend downward from the floor to the finished grade elevation and then vertically or horizontally for not less than an additional 24 inches (610 mm). Exposed earth in survented crawl space

foundations shall be covered with a continuous Class I vapor retander in accordance with the International Building Code or International Residential Code, as applicable. Joints of the vapor retarder shall overlap by 6 mches (153 mm) and be sealed or taped. The edges of the vapor retarder shall extend not less than 6 mches (153 mm) up tem walls and shall be attached to the stem walls.

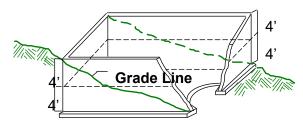




Final inspection ** \$

□□□ 7. <u>Basement wall</u> insulated as per code (R-13 cavity or R-10 continuous for CZ 4; amended to R-0)

7. Basement wall insulated as per code (R-13 cavity or R-10 continuous for CZ-4) Note: St. Louis amended to R-0









Final inspection [] }

□□□ 7. <u>Basement wall</u> insulated as per code (R-13 cavity or R-10 continuous for CZ 4; amended to R-0)

7. Insulated basement wall methods

Cellulose blanket/batt



Fiberglass batt w/ vinyl backing











Final inspection ** \$

□□□ 7. <u>Basement wall</u> insulated as per code (R-13 cavity or R-10 continuous for CZ 4; amended to R-0)

7. Insulated basement wall methods





Final inspection [Seasement wall insulated as per code (R-13 cavity or R-10 continuous for CZ-4; amended to R-0)

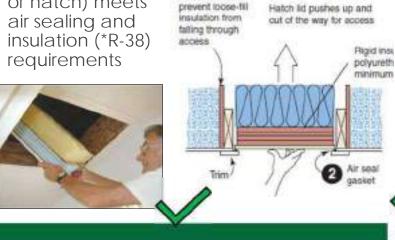
7. Insulated basement wall methods



Final inspection ***

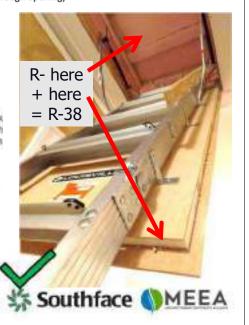
8. Attic access (pull-down stairs or hatch) meets R-38 insulation and air sealing requirements (pull-down stairs door is sealed into rough opening)

8. Attic access (pull-down stairs or hatch) meets air sealing and requirements



Attic scuttle

insulation dams





No Yes

8. Attic access (pull-down stairs or hatch) meets R-38 insulation and air sealing requirements (pull-down stairs door is sealed into rough opening)

8. Attic access (pulldown stairs or hatch) meets air sealing and insulation (*R-38) requirements



Total R-38

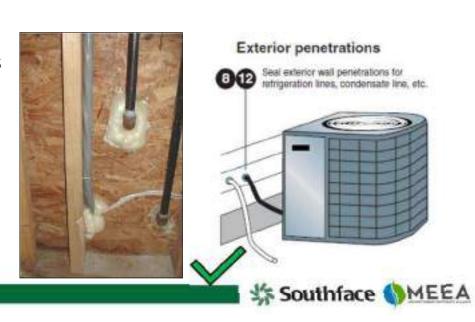
Southface MEEA

Final inspection

No Yes

□□□ 9. <u>Utility (e.g., gas piping)</u> penetrations sealed at exterior

9. Utility (e.g., gas piping) penetrations sealed

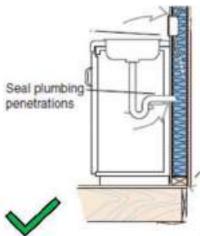


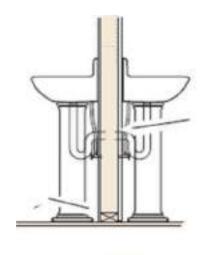
No Yes

□□□ 10. Plumbing penetrations in drywall are sealed

10. Plumbing penetrations sealed to drywall









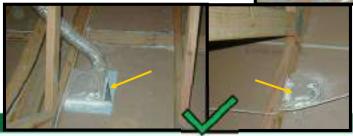


Before ceiling insulation...

Drywall is the only ceiling Air Barrier

- After drywall, but before ceiling insulation is added, interior wall plate leak paths are sealed with caulk, foam, or gaskets
- Light fixture boxes are caulked
- Bath vent fan rough openings sealed with foam and caulked to the drywall









Yes No

- 11. Attic Ceiling insulation is properly installed: coverage is consistent, proper depth throughout
 - Attic contains Loose-fill Insulation Card and Rulers (1 per 300 sf)
 - Dams and vent baffles extend over top plate of exterior walls at eave/soffit vents
 - Dams installed at attic access and to adjacent uninsulated portions (porches & garages, etc.)

11. Attic ceiling insulation is consistent, proper depth throughout (card & rulers, dams & baffles, shields)







Final inspection

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Passing Grade

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 – Artic commiss access fill invalidation Carol and Nation (1) per 289 (f).

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 Consumptions at the access and to adjacent an excepted portions gooding & progra, etc.)

· Insulation shall around appliance vert pipes and chimneys

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Final inspection

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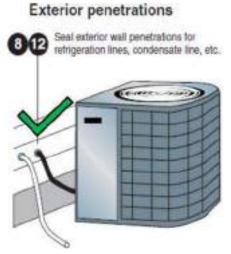
11. Attic ceiling insulation is consistent, proper depth throughout (card & rulers, dams & baffles, shields)



12. Refrigerant line-set insulation is protected from elements and air sealed at envelope junction

12. Refrigerant line-set insulation is protected (and air sealed)

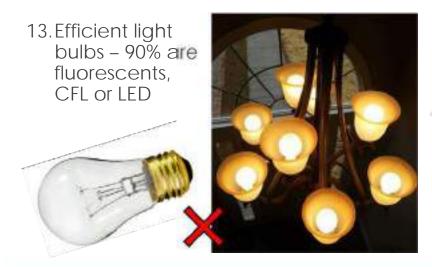




240









Biggest Changes in IECC 2021

- Redrawn Climate Zones (6 CZ's in MO)
- Improved Window Ufactors & Wall and Ceiling R-values
- Attic pull-down stairs R-13 okay for CZ1-4
- Floor insulation 3 options
- Basement option details
- Sunrooms and heated garage separation
- Ducts Testing on all systems
 - Ducts inside, < 8% Total Leakage
 - Ducts outside, < 4% Total Leakage
- Verified fan (kitchen, bath, whole house) airflow
- All efficient lighting and controls
- Must choose your Additional Efficiency Package





Sample Saving **Energy Efficient Mortgage**

	Older Existing Home	Same Home with \$10,000 Energy Improvements
Home Price	\$200,000	\$210,000
Mortgage Amount (96% of Price)	\$192,000	\$201,600
Monthly Payment ** (30-year mortgage at 5.5%, rounded)	\$1,090	\$1,145
Monthly Energy Bills (Electric, Gas)	\$186	\$110
Monthly Cost of Homeownership	\$1,276	\$1,255
Monthly Savings	n/a	\$21
Home Comfort During Hot or Cold		<u> </u>





Wrap up and Q&A

Thank you!

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mikeb@southface.org





