



Energy Code Resources



Technical assistance or training requests:

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Energy Code Resources

Missouri Residential Building Energy Code Construction Practices Study: https://energy.mo.gov/energy-codes/missouri-residential-building-codes-study
For additional information on other DOE Field Studies and participating states, please visit https://www.energycodes.gov/compliance/energy-code-field-studies.
Additional education resources are available at www.southfaceonlinetraining.org.

www.southface.org mikeb@southface.org

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About Southface

www.southface.org



Building a Regenerative Economy, Responsible Resource Use & Social Equity Through a Healthy Built Environment for All



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- mikeb@southface.org





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 - Air Movement
 - Moisture Flow
 - Insulation Installation
 - Ventilation Concepts & Calcs
 - Ventilation Strategies & Apps
 - Conditioned Crawlspaces
 - · Ducted Mechanicals
 - Insulated Rooflines
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 - Design High Perf Homes

https://www.southface.org/insights/building-science-webinars/

southface.org/resources/building-science-webinars/





Design Strategies for a High-Performance Home

This webinar is intended for architects, designers, builders, and raters of new homes. The webinar begins with an overview of building science and the house-as-a-system approach.

Participants will apply this knowledge to total-home performance and the features it entails. This webinar will show participants best practices for designing a high-performance home, with a focus on efficiency, comfort, health, durability and environmental awareness. Participants will discover that high-performance homes begin with an enhanced design effort but





Learning Objectives

- Understand prescriptive energy code requirements from 2018 IECC
- Identify standards for insulation requirements and fenestration performance
- Understand how to use RESCHECK for a simple UA Trade-off
- Learn how RESCHECK can be used as a Simulated Performance Alternative tool
- Use RESCHECK for additional designs

Design Approach for a High-Performance Home

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Subarctic/Arct

- Building Science as guide
 Understand physics of heat air and moisture flow
- High Performance Enclosure
 Sound structure, shell is tight, well-insulated and resilient
- Air Distribution

 Sealed & insulated ducts located inside building envelope, intentional fresh air delivery
- Reduced Equipment & Loads
 Efficient Heating, Cooling, Hot Water, Lights, Appliances

The Key: It's not necessarily the stuff in the building — it's how it's all put together! (The house is a system)

Part I



Building Science

A house is a system made up of interrelated parts:

- The building thermal envelope
- Systems
 - Heat and air conditioning
 - Ventilation
 - Water heating and distribution
- Lighting & appliances



Building Science



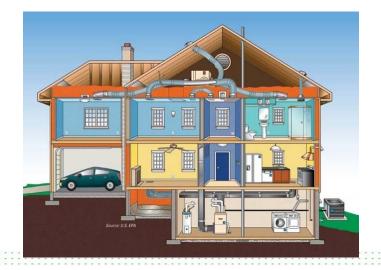
Building Thermal Envelope

IECC Definition

The basement walls, exterior walls, floor, roof and any other building elements that enclose conditioned space or provide a boundary between conditioned space and exempt or unconditioned space.

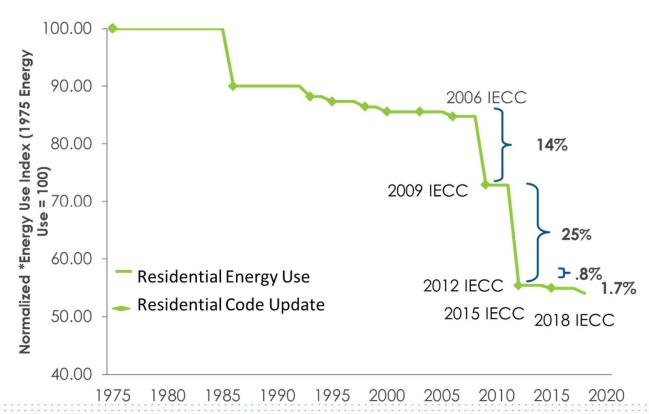


What parts of this house are enclosed by the thermal envelope?





Residential Energy Code Background



Midwest Residential Energy Code Adoption Missouri



As of May 2019

Percentage change is based on EUI of adopted code

Part 2



Energy Code: Residential Building

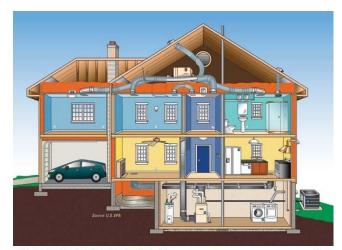
Applies to:

- New construction
- 1 and 2 family (R3)
- Multi-family, 3 stories and less (R2 and R4) – IECC 2009
- Additions, Alterations, Repairs

Exempt Buildings

IECC

- No conditioning
- Historical



CONDITIONED SPACE. For energy purposes, space within a building that is provided with heating and/or cooling *equipment* or systems capable of maintaining, through design or heat loss/gain, 50°F (10°C) during the heating season and 85°F (29°C) during the cooling season, or communicates directly with a *conditioned space*. For mechanical purposes, an area, room or space being heated or cooled by any *equipment* or *appliance*.



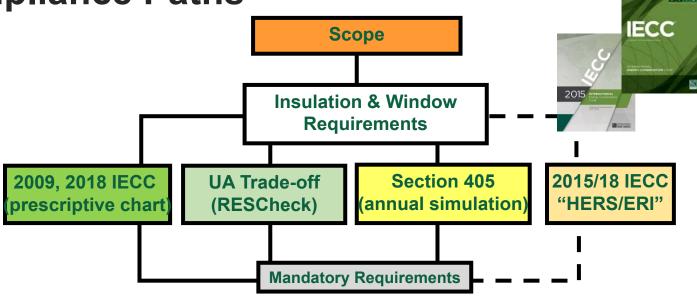
Scope of Residential Energy Code

- · Focus is on building envelope
 - o Ceilings, walls, windows, floors, foundations
 - Sets insulation levels, window U-factors and SHGC
 - Infiltration control
 - Caulk and seal to prevent air leaks
 - Verify envelope tightness with blower door test (or visual inspection for 2009 code)
- Ducts
 - No building cavities as ducts (post-2009)
 - Seal properly and insulate even if all ductwork is in conditioned space
 - Verify tight with duct pressurization test
- Lighting equipment
 - o High-efficacy bulbs required (50%, 75%, 90%)
- HVAC equipment efficiencies covered by different DOE standard
- No appliance requirements









- The new Energy Rating Index (ERI) path gives the most design flexibility (e.g., credit for mechanical equipment efficiency).
 It also credits items not covered by the code (e.g., appliance efficiencies).

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2009 IECC- Section 402.1

- One prescriptive "answer" for how to build per climate zone (CZ: 4 and 5)
- Includes lots of footnotes

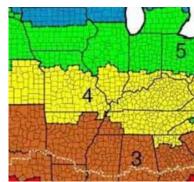


TABLE 402.1.1
INSULATION AND FENESTRATION REQUIREMENTS BY COMPONENT^a

CLIMATE ZONE	FENESTRATION U-FACTOR	SKYLIGHT ^b U-FACTOR	GLAZED FENESTRATION SHGC ^{b, 0}	CEILING R-VALUE	WOOD FRAME WALL R-VALUE	MASS WALL R-VALUE	FLOOR R-VALUE	BASEMENT [©] WALL R-VALUE	SLAB ^d R-VALUE & DEPTH	CRAWL SPACE ^c WALL R-VALUE
1	1.2	0.75	0.30	30	13	3/4	13	0	0	0
2	0.65 ^j	0.75	0.30	30	13	4/6	13	0	0	0
3	0.50 ^j	0.65	0.30	30	13	5/8	19	5/13 ^r	0	5/13
4 except Marine	0.35	0.60	NR	38	13	5/10	19	10/13	10, 2 ft	10/13
5 and Marine 4	0.35	0.60	NR	38	20 or 13+5h	13/17	30g	10/13	10, 2 ft	10/13
6	0.35	0.60	NR	49	20 or 13+5h	15/19	30g	15/19	10, 4 ft	10/13
7 and 8	0.35	0.60	NR	49	21	19/21	38g	15/19	10, 4 ft	10/13



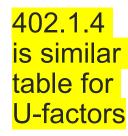


Prescriptive R-values 2015 IECC vs. 2018 IECC

• One prescriptive "answer" for how to build per climate zone (CZ: 4 and 5)

TABLE R402.1.2
INSULATION AND FENESTRATION REQUIREMENTS BY COMPONENT

CLIMATE ZONE	FENESTRATION U-FACTOR ^b		GLAZED FENESTRATION SHGC ^{b, e}	CEILING R-VALUE	WOOD FRAME WALL R-VALUE	MASS WALL R-VALUE	FLOOR R-VALUE	BASEMENT° WALL R-VALUE	SLAB ^d R-VALUE & DEPTH	CRAWL SPACE ^c WALL R-VALUE
-		4								N VALUE





IECC 3

2015

3	0.35	0.55	0.25	38	20 or 13+5h	8/13	19	5/13 ^f	0	5/13
4 except Marine	0.35	0.55	0.40	49	20 or 13+5 ^h	8/13	19	10 /13	10, 2 ft	10/13
5 and Marine 4	0.32	0.55	NR	49	20 or 13+5h	13/17	30 ^g	15/19	10, 2 ft	15/19
6	0.32	0.55	NR	49	20+5 or 13+10 ^h	15/20	$30^{\rm g}$	15/19	10, 4 ft	15/19

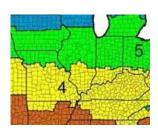
2018

	2010									
3	0.32	0.55	0.25	38	20 or 13+5 ^h	8/13	19	5/13 ^f	0	5/13
4 except Marine	0.32	0.55	0.40	49	20 or 13+5 ^h	8/13	19	10 /13	10, 2 ft	10/13
5 and Marine 4	0.30	0.55	NR	49	20 or 13+5h	13/17	30 ^g	15/19	10, 2 ft	15/19
6	0.30	0.55	NR	49	20+5h or 13+10h	15/20	$30^{\rm g}$	15/19	10, 4 ft	15/19



Prescriptive U-factors 2015 IECC vs. 2018 IECC

One prescriptive "answer" for how to build per climate zone (CZ: 4 and 5)





CLIMATE	FENESTRATION	SKYLIGHT	CEILING	WALL	MASS WALL	FLOOR	WALL	SPACE WALL
ZONE	U-FACTOR	U-FACTOR	U-FACTOR	U-FACTOR	U-FACTOR ^b	U-FACTOR	U-FACTOR	U-FACTOR
2015								



				l				
4 except Marine	0.35	0.55	0.026	0.060	0.098	0.047	0.059	0.065
5 and Marine 4	0.32	0.55	0.026	0.060	0.082	0.033	0.050	0.055

2018

4 except Marine	0.32	0.55	0.026	0.060	0.098	0.047	0.059	0.065
5 and Marine 4	0.30	0.55	0.026	0.060	0.082	0.033	0.050	0.055



IECC Code Differences - '15 to '18

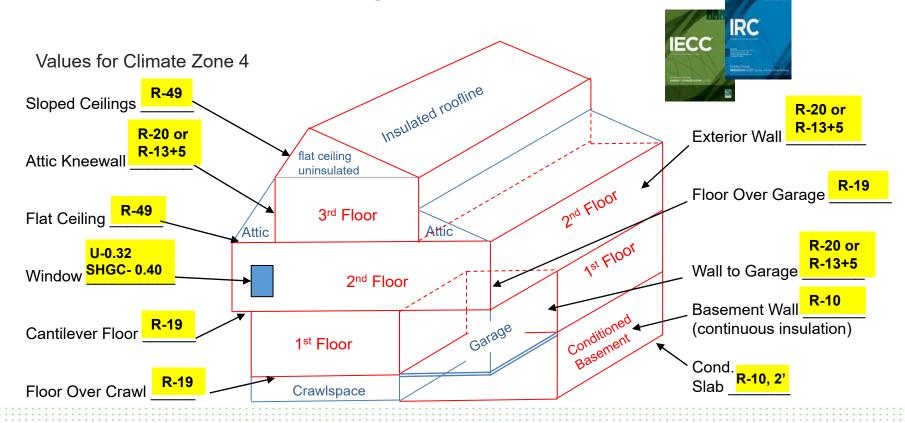
- Window Ufactors dropped slightly from U35 to U32 & U30 (CZ's 4-5)
- Exception for log homes built according to ICC 400
- ERV/HRV ducts exempt from leakage testing (if independently ducted).
- Ducts allowed to be buried in ceiling insulation
 - Ducts R-8
 - Minimum surrounding insulation R-19 (R-13 for CZ1-3A, ducts >3')
 - Effective R-25 when modeling
- Ducts in conditioned space
 - Completely inside thermal envelope
 - Buried ducts with AHU inside envelope plus < 1.5% Total Leakage plus threshold of ceiling insulation
- 90% Efficient Lighting (LED's)
- ERI relaxed targets (62 for CZ4, 61 for CZ5, backstop penalty for renewables)







2018 IECC/IRC Prescriptive Code R-Values





Section 402.2: Insulation Requirements

- Details for insulating various aspects of the building envelope:
 - Ceilings with Attic 402.2.1
 - Ceilings w/out Attic 402.2.2
 - Eave baffles 402.2.3
 - Access hatches and doors 402.2.4
 - Mass Walls 402.2.5
 - Steel Framing 402.2.6
 - Partial Structural sheathed walls 402.2.7
 - Floors 402.2.8
 - Basement Walls 402.2.9
 - Slab-on-grade 402.2.10
 - Crawlspace Walls 402.2.11
 - Masonry Veneer 402.2.12
 - Sunrooms 402.2.13



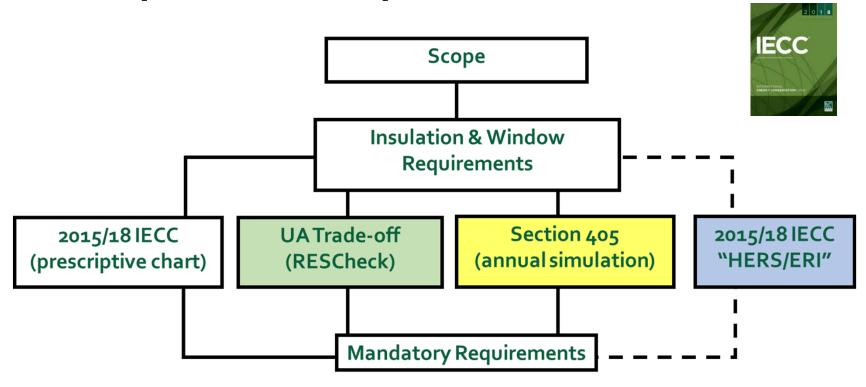








Envelope Tradeoff Options







- www.energycodes.gov
- Software evaluates specific designs quickly
- Demonstrates SHGC compliance
- Allows trade-offs
 - Building envelope components
 - No trade-offs for better heating & cooling equipment efficiencies
- Specify code edition
- UA or Simulated Performance









Conduction Heat Flow

Heat transfer through a solid object: the formula for calculating conduction heat transfer is $q = U \times A \times \Delta T$

q = heat flow (Btu/hr)

U = inverse of R-Value [U=1/R, R=1/U] (Btu/hr ft² °F)

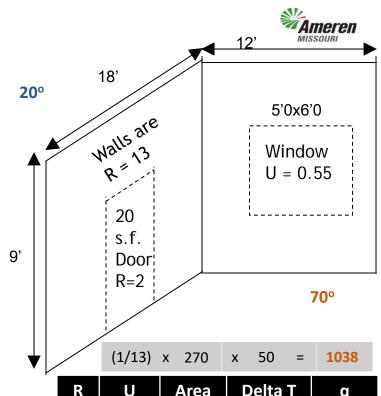
A = area (square feet)

 ΔT = temperature difference across component (°F)

$$q = U \times A \times \Delta T$$

Manual J: $q = A \times HTM$

where $HTM = Ux\Delta T$



R	U	Area	Delta T	q
13	1/13	220	50	846
2	1/2	20	50	500
-	0.55	30	50	825

21



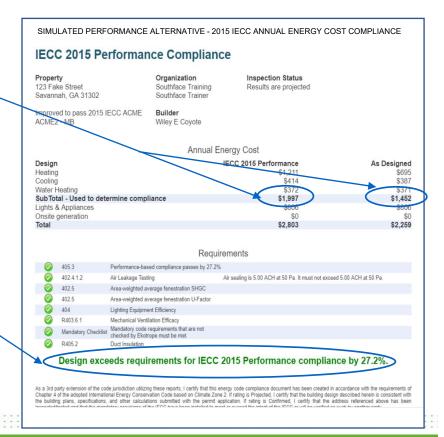
Section 405 Simulated Performance Alternative, Sample Report

- Annual energy usage simulation demonstrates that the proposed building's energy costs are < "standard code"
- No credit for mechanical efficiencies
- Likely to involve a HERS rater

building

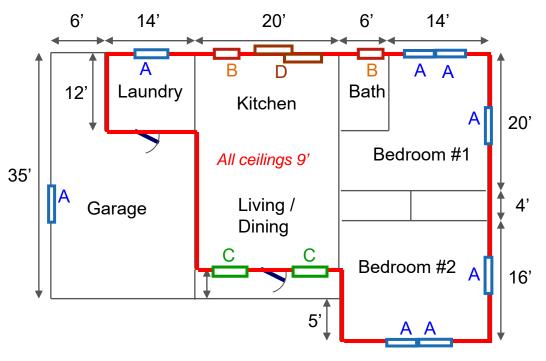
 Ekotrope, REMrate & Energy Gauge are acceptable

- Compares total annual energy costs
 - Window U-factor and SHGC
 - Envelope and duct testing
 - □ Lighting, duct insulation
 - Compares energy costs of actual home being built against 2015/18 IECC reference home's energy cost



RESCHECK - Simple House





- Perimeter: 54x2 + 40x2 = 188 ft.
- Gross Wall: $188 \times 9 = 1,692 \text{ sq. ft.}$
- Floor Area:

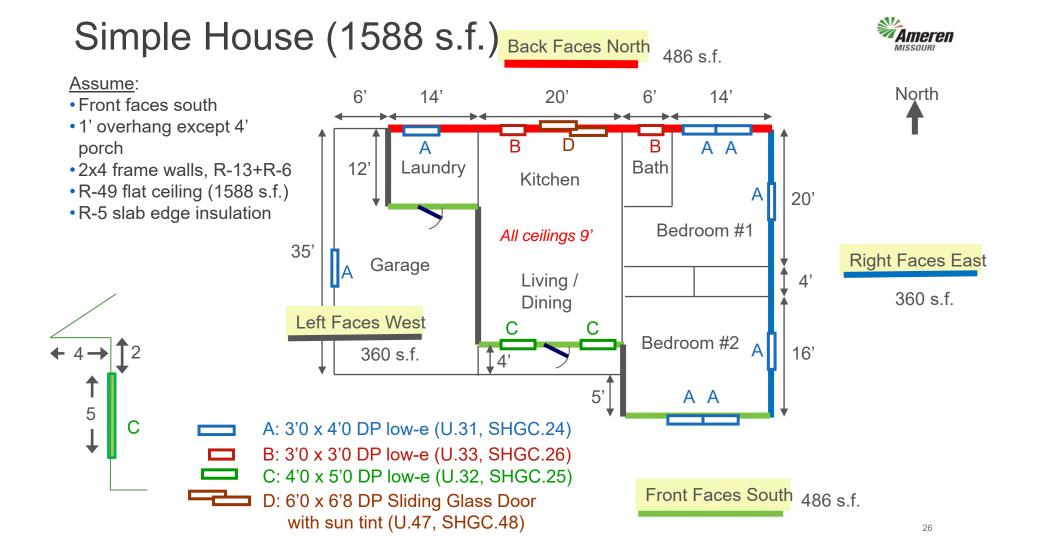
```
12x14 +
20x31 +
20x40 =
<u>1,588</u> sq. ft.
```

- Ceiling Area: 1,588 sq. ft.
- Windows
 - A: $12 \times 7 = 84 \text{ sq. ft.}$
 - B: $9 \times 2 = 18 \text{ sq. ft.}$
 - C: $20 \times 2 = 40 \text{ sq. ft.}$

Windows: <u>142</u> sq. ft.

- Glass Doors: 20 x 2 = 40 sq. ft.
- Solid Doors: 40 sq. ft. (R-3)
- Volume: 1588x9 = 14,292 c.f.

- A: 3'0 x 4'0 DP low-e (U.31, SHGC.24)
- B: 3'0 x 3'0 DP low-e (U.33, SHGC.26)
- C: 4'0 x 5'0 DP low-e (U.32, SHGC.25)
- D: 6'0 x 6'8 DP Sliding Glass Door with tint (U.47, SHGC.48)



1500 s.f. RENO House Specs: for entry into RESCheck/Ekotrope

V1.2 -7/30/2021

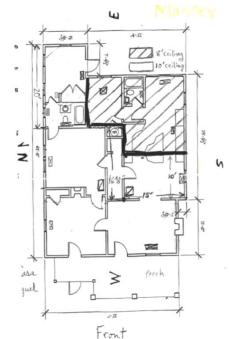
- 3 Bedroom, 2 bath, 1-story single family house (1920) located at: **1 Govt Drive, St. Louis, MO 63110**
- Create & Save file as "FINAL Your Full Name 2021" (use current year)
- Create library entries as needed and name things intelligently (add your initials to the entry name).
 - For example, "R-11 g3 Cavity insulation mb"
 - Make sure the details are correct in the actual library entry

Create utilities:

- HER Elec-Initials: \$0.13 / kWh , \$10/mo fee
- HIS Gas-Initials: \$0.75 / therm, \$20/mo fee

Use the Notepad:

- Be thorough
- · List all assumptions that you make









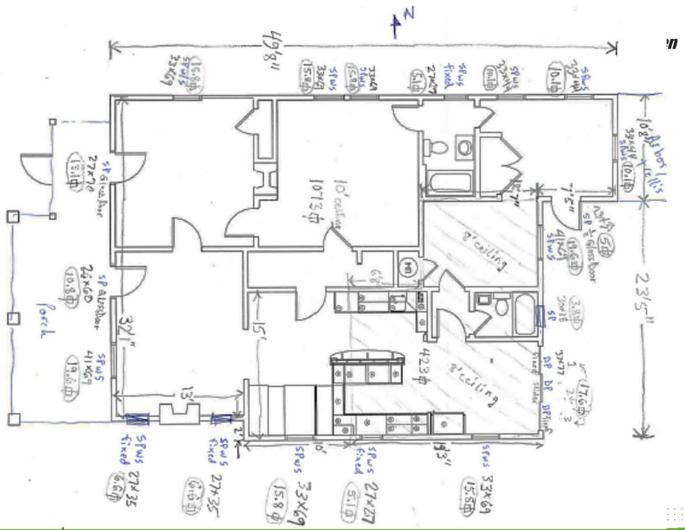
extends 10' (small porch is 6')

All ceilings 10' except as shown (8')

Large image, Rotated

The 2x4 (16" o.c.)
 exterior walls are
 pumped with
 cellulose (R-13 G3) &
 interior is ½" drywall

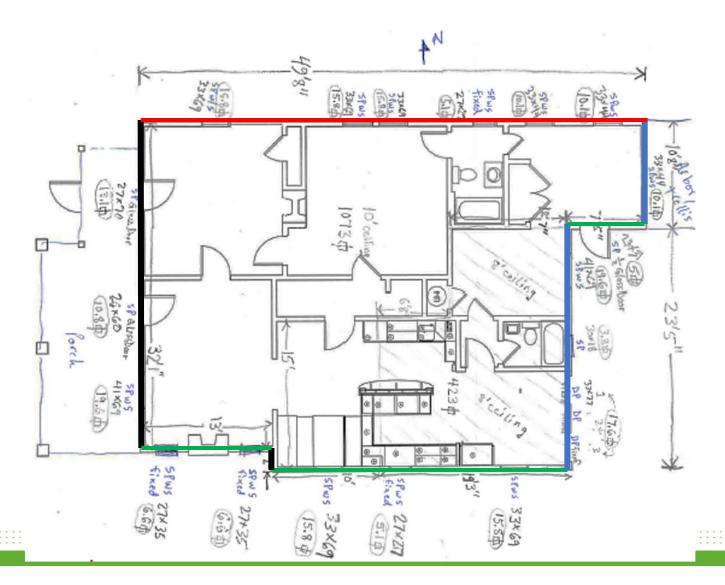




Exterior Walls

- Red/Green = 49.7'x10' = 497 s.f.
- Black/Blue = 34.1'x10' = 341 s.f.

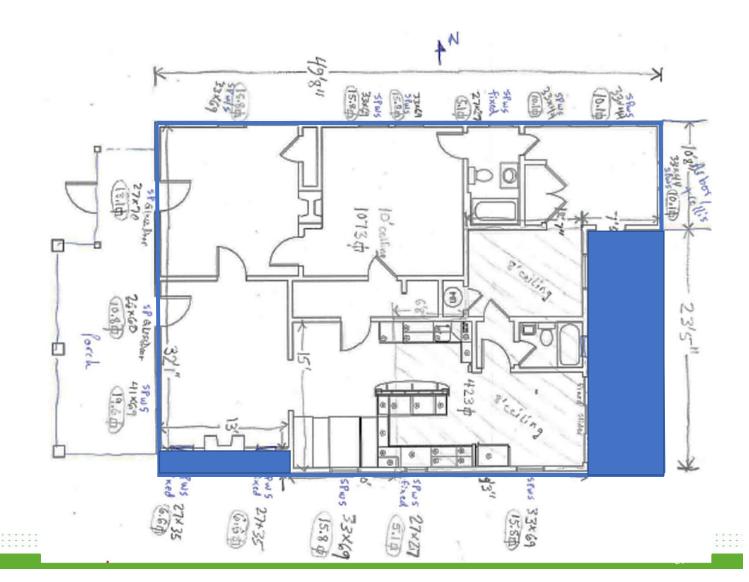


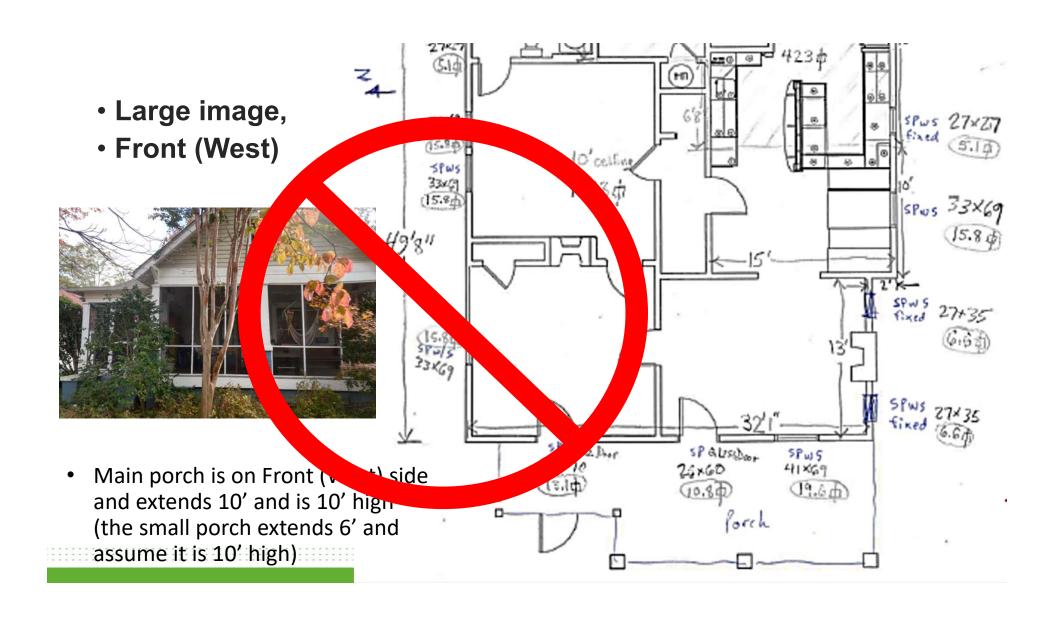


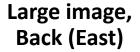
Conditioned Floor Area

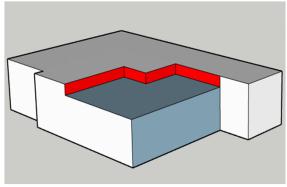
- Floor Area:
- 49'8 x 34'1 less 2'x13' less 7'5x23'5

= 1,496 s.f.

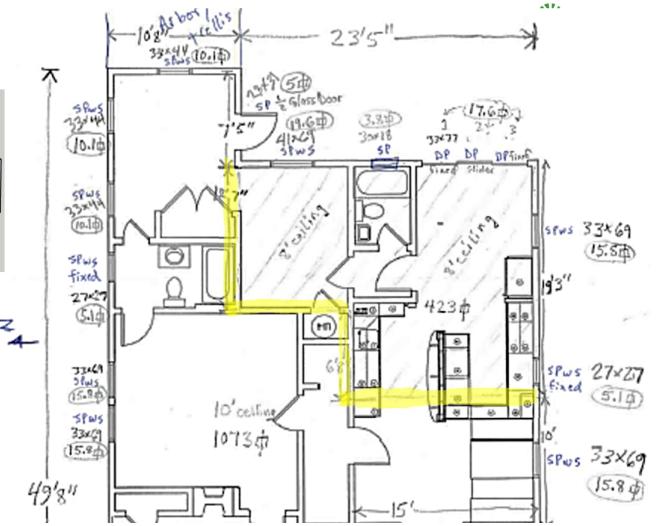






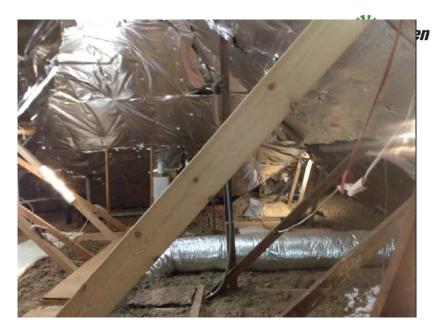


- Note that most of the ceilings are 10'
- There's a 2' kneewall between the 8' and 10' sections (42'8 length)
- Assume this R-13+R-8 cont. kneewall is 2x4 (16" o.c.)
- Exterior wall area = 1590 s.f.



- Vented crawlspace has R-30 underfloor insulation
- 2x10 16" OC floor joists
- NO RIM/BAND SHOULD BE MODELED:
 - Because this is a 1 story house, and
 - Because framed floor is building thermal envelope (no rim and band entry required for a vented crawlspace)





- Majority of flat ceilings are insulated to ~R-60+
 - Radiant Barrier: Yes
 - o 12" Loose continuous Cellulose (R3.7 per inch)
 - 2x6 16"OC wood ceiling joists filled with
 5.5" Loose cavity Cellulose (R3.7/inch) Grade III
 - o 1/2" gypsum board interior
- Radiant barrier is installed at the (10:12 pitch) roof
- Use the pitch info to estimate roof surface area

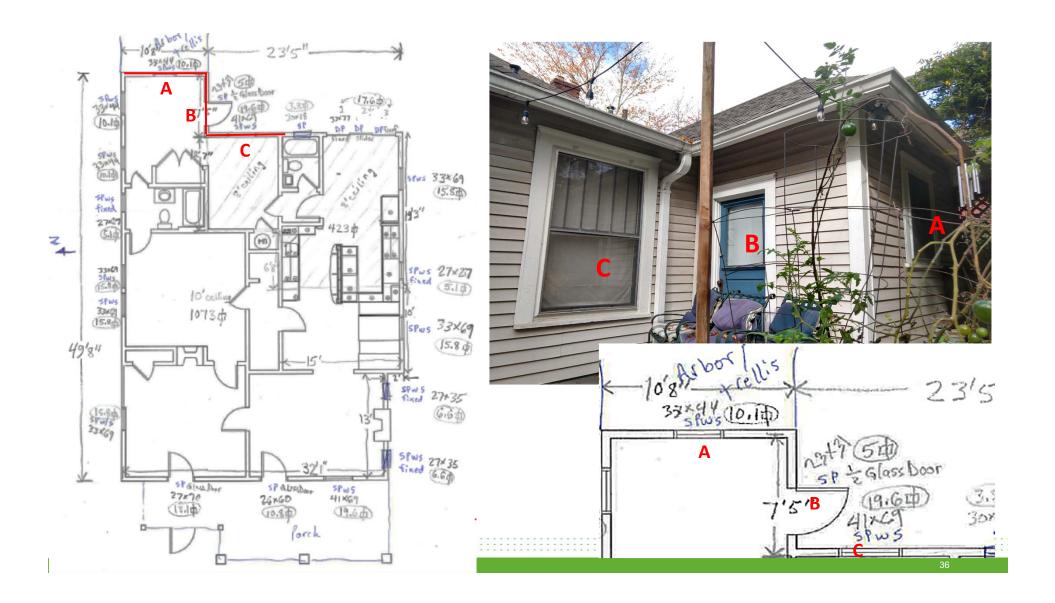
Glazing Summary

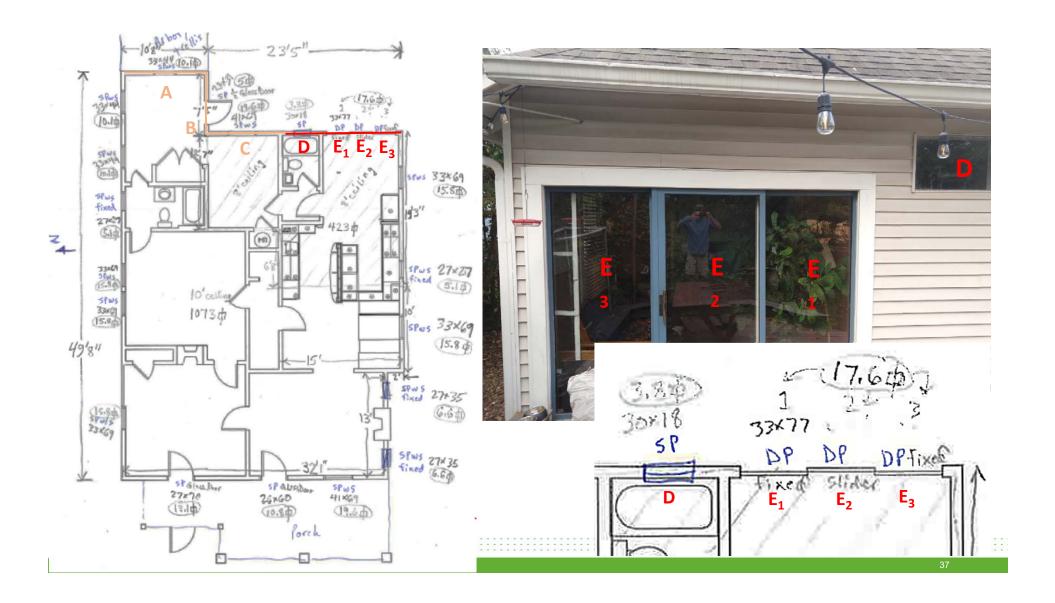


- Take your time and get the windows right!
 Use correct U-values and SHGC for wood frame windows.
- Window summary: you will need to look at the elevation photos to estimate the distances from the overhang (~1.5') to the tops of the window. Main porch extends 10' (small porch extends 6' & assume is 10' high)
- Don't forget that portions of the two front doors (L&M) are opaque doors. Also, most of door B is opaque.



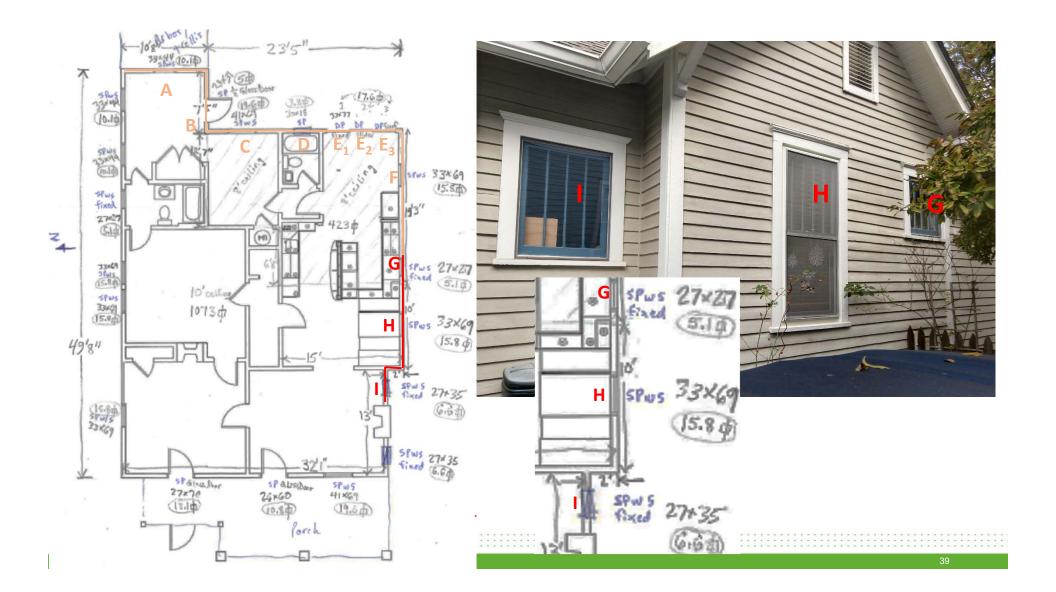
- A: DP low-e (U.3 S.3), 33x44, 10.1 s.f.
- B: SP clear (U.9 S.7) in door, 23x31, 5 s.f.
- C: DP low-e (U.31 S.32), , 41x69, 19.6 s.f.
- D: DP low-e (U.31 S.32), 30x18, 3.8 s.f.
- E₁₂₃: DP low-e (U.3 S.27), 33x77, 17.6 s.f. each
- F: DP low-e (U.28 S.28), 33x69, 15.8 s.f.
- G: DP low-e (U.28 S.28), 27x27, 5.1 s.f.
- H: DP low-e (U.28 S.28), 33x69, 15.8 s.f.
- I-J: DP low-e (U.31 S.32), 27x35, 6.6 s.f. each
- K: DP low-e (U.31 S.32), 41x69, 19.6 s.f.
- L: SP clear (U.9 S.7) in door, 26x60, 10.8 s.f.
- M: SP clear (U.9 S.7) in door, 27x70, 13.1 s.f.
- N₁₂₃: DP low-e (U.28 S.28), 33x69, 15.8 s.f. each
- O: DP low-e (U.28 S.28), 27x27, 5.1 s.f.
- P₁₂: DP low-e (U.3 S.3), 33x44, 10.1 s.f. each

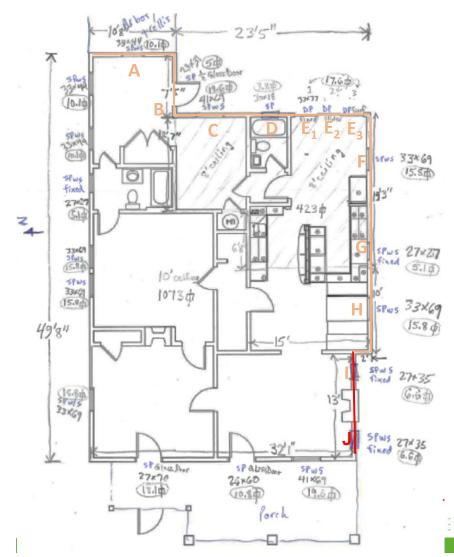








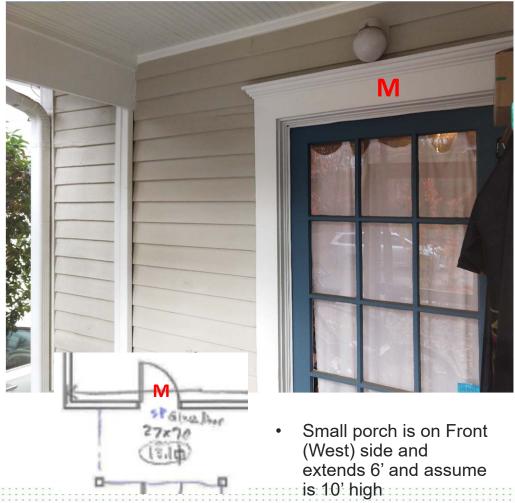


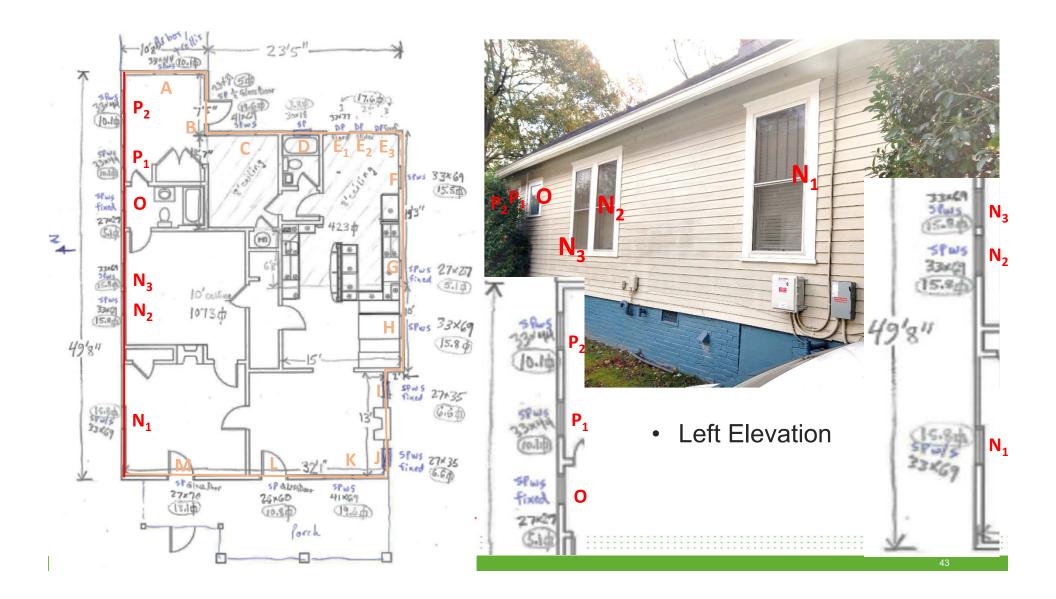












Testing

 Use the same numbers you obtained for the RD and db Field exam for when you are nouse.



- Unless you did a muse point test, don't forget to adjust your BD result
 1.1 for single point test.
- Also, adjust for temperature and elevation (such as in Ft. Collins, CO). The environmental correction was established by the environmental correction was established by the sure to apply the corrections unless that software/app does it for you. See 380 Stands. The environmental corrections unless that the environmental corrections are the environmental corrections and the environmental corrections are the environmental corrections and the environmental corrections are the environ
- Document your raw BD number and your corrections in the Notes. Enter the corrected CFM50 number

Appliances

- 100% LED lights installed
- oking: electric convection (gas range)
- LG gas Jothes dryer (DLGX, 71W), LG Fron pading washer (WM347 JWA)
- Dish Was r: General Electric (PDT7155 N2FS)
- Both shopers are 1 gpm lowflow shoperheads
 - Faucet re low-flow
- tage from Rinnai (V65iN) Grankless WH in attic ore solar thermal) to arthest fixture: 40'
- All hot water pipes R-3





Appliances

 Refrigerator: Frigidaire (PLHS267ZA36)

• Ceiling Fans: Hampton Bay (Wellton 54 in Messesso Bronze De Mos Ceiling Fan with Messes



Blade Span (Diameter) (in	54
Product Type ⊕	Standard with Light
Ceiling Fan Efficiency (CFN	194.0
Power Consumption(W)	2.0
gh ⊕	31.4
Ceiling Fan Components Warrant	3

Features

The Hampton Bay Welton 54 in. LED . 9 Bronze Ceiling Fan has a DC motor for energy efficiency. Has reversible colors for fast installation. With its 270% more efficient than traditional ceiling fans.









654 kWh
Estimated Yearly Electricity Use

Your cost will depend on your utility rates and use.

- Cost range based only on models of similar capacity with automatic defrost, side-mounted freezer, and through-the-door-ice-service
- Estimated operating cost based on a 2007 national average electricity cost of 10.65 cents per kWh.
 PART NO. 218791400
- For more information, visit www.ftc.gov/appliances.

\$119.00 - \$139.00 45

Mechanicals Summary

Mechanicals: Get contactly and efficiency from

www.ahri ectory.

- Condensing grounnace in cra Trane **S9V 040**U3PSBB
- AC condensing unit:
 Trane 4TT 030J1000AB
- AC indoor coi
 Trane 4TXC 04DS3HCA
- Water Heater in a real tankless
- Programmable thermosta.
- All ducts R-6, located in vented crawlspace, 3 return registers

Ventilation:



Panasonic FV-70 exhaust fans in bathrooms

eiling fans in most rooms





PV System

- 4kW array consists of 15 panels (270 W each) facing due South or sloped roof
- Microinverters in alled at each panel
- Assume default erate factor for PV sy







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