METROPOLITAN
Community College

Residential Energy Code – Session 1

History of Building Codes

Instructor: Matt Belcher
Tuesday, February 26, 6:30-8:30 pm

Housekeeping

- Attendees are muted upon entry
- Questions? Enter them in the chat box
- Webinar is being recorded – slides and recording will be sent to attendees
- CEU's will be available upon request (ICC)
  - **Course ID: 26939, CEU: 0.20**
- Email nwestfall@mwalliance.org with questions

Today's Agenda

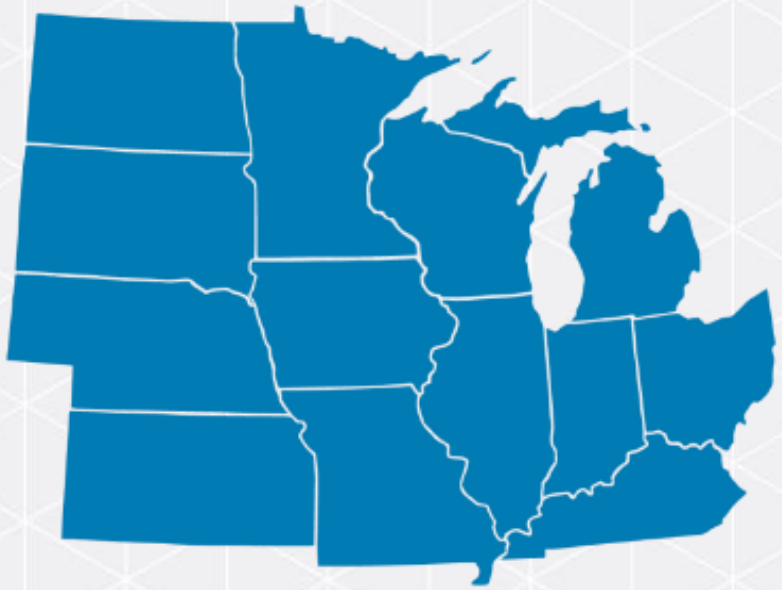
- Introductions
- Course Overview
- Building and Energy Code History
- Importance of the Energy Code and Intersection with Other Building Codes
- Q&A
- Quiz – Session 1

INTRODUCTIONS

About MEEA

The Trusted Source on Energy Efficiency

- Nonprofit membership organization with 160+ members
- Serve 13 Midwest states
- Resource and champion for energy efficiency
- Our mission: advancing energy efficiency in the Midwest for sustainable economic development and environmental stewardship



MEEA
MIDWEST ENERGY EFFICIENCY ALLIANCE

Nebraska Energy Codes Training Program

- Goal: prepare the Nebraska workforce for upcoming changes in construction best practices
- Residential and Commercial Energy Code
- Focused on providing training to builders, code officials, design professionals, public officials and students
- For more information, visit: https://www.mwalliance.org/nebraska-energy-codes-training-program

Our Instructor

Matt Belcher
matt@verda-solutions.com

VERDATEK
SOLUTIONS

Poll Question #1

- What is your profession?
  - Student
  - Academic
  - Residential Builder
  - Commercial Builder
  - Energy Rater/Consultant
  - Code Official
  - State/Local Government
  - Non-profit
  - Utility
  - Other (type in chat)

Poll Question #2

- How much experience do you have in the construction industry?
  - 0-5 years
  - 6-10 years
  - 11-15 years
  - 16-20 years
  - 21+ years

Poll Question #3

- How familiar are you with the residential provisions in the 2018 IECC?
  - Extremely Familiar
  - Somewhat Familiar
  - Somewhat Unfamiliar
  - Not familiar at all

COURSE OVERVIEW

Course Overview

- Focus: Residential Energy Code
- 8-week course, 1 class per week
- Tuesday evenings, 6-8 pm
- Final Exam – March 16

Syllabus

1. Introduction and Energy Code History
2. Basic Building Science – Part 1
3. Basic Building Science– Part 2
4. Residential Energy Code Basics
5. Mechanical Systems
6. Best Practices and Non-Code Standards
7. Advanced Energy Components and Technologies
8. Energy Code Benefits, Economics and Marketing, and Final Exam

HISTORY OF THE BUILDING CODE

Code of Hammurabi – The First Known Building Code

- The Code of Hammurabi is a well-preserved Babylonian code of law from ancient Mesopotamia, circa 1754 BCE. The sixth Babylonian king, Hammurabi, enacted the code.

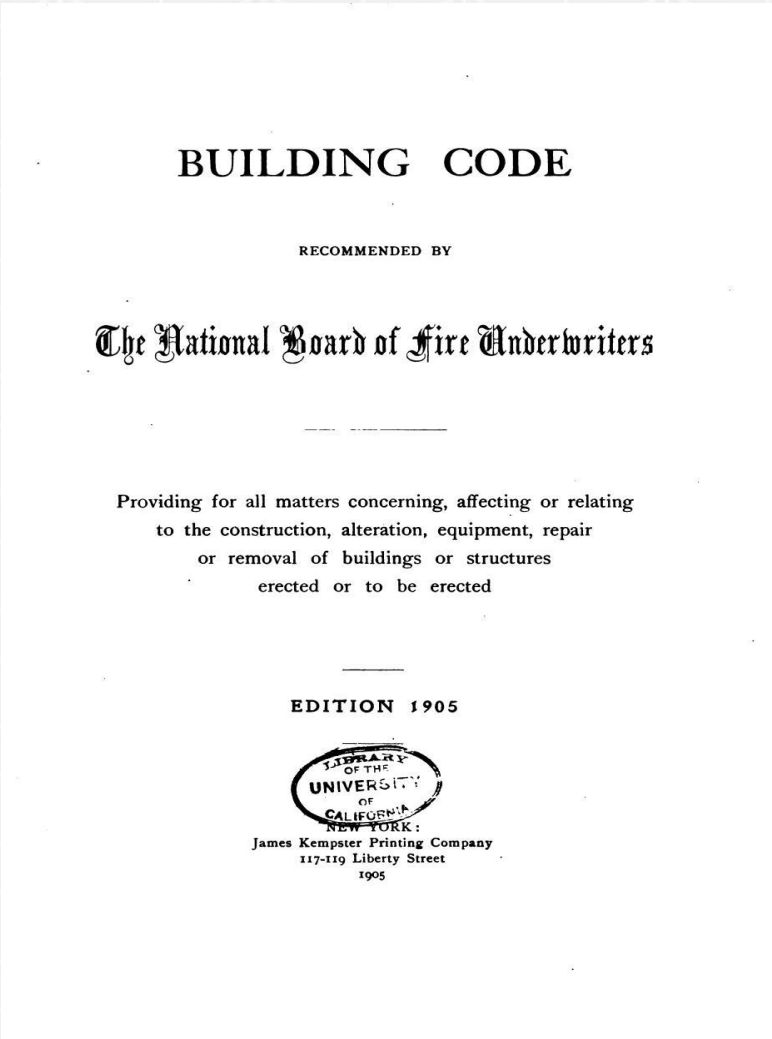
- The basic idea is an eye for an eye. Meaning if you build a building and it collapses and kills someone. The penalty is Death….

Building Code History

- The first building codes in the United States were established in **1625** and addressed fire safety
- Code specified materials for roof coverings
- In 1630, Boston outlawed chimneys made of wood and thatch roof coverings (thatch has other drawbacks but is a fairly good insulator)

Building Code History

- 1905 – the National Board of Fire Underwriters, a U.S. Insurance Group. Created the National Building Code
- Goal: minimize risks to property and building occupants



BUILDING CODE

RECOMMENDED BY

The National Board of Fire Underwriters

Providing for all matters concerning, affecting or relating to the construction, alteration, equipment, repair or removal of buildings or structures erected or to be erected

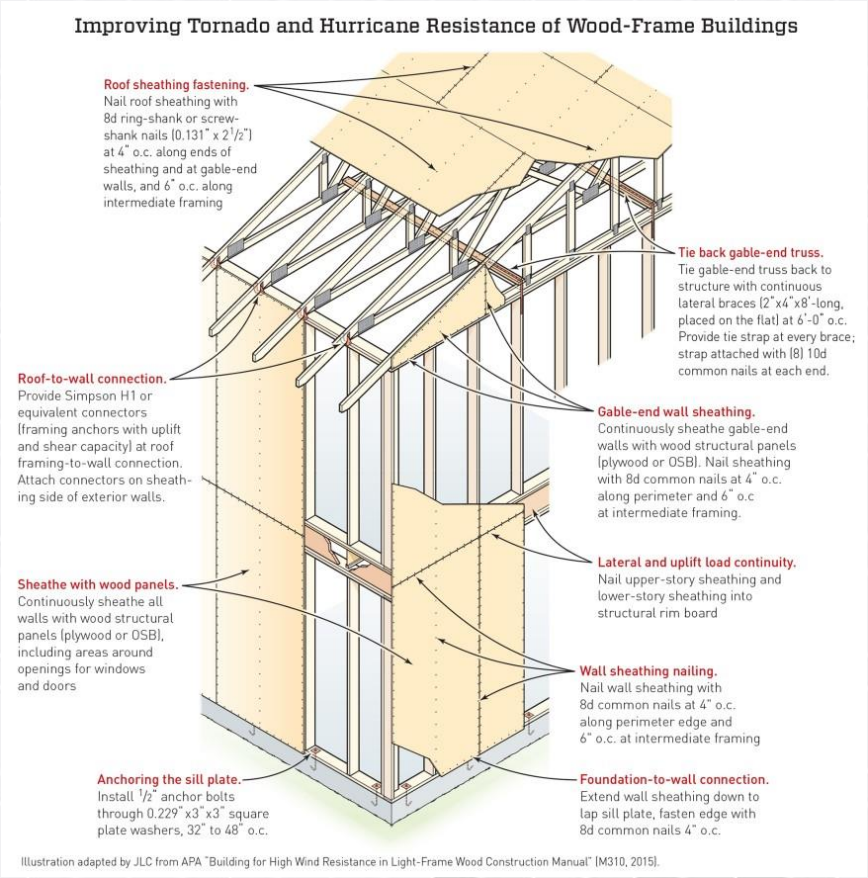
EDITION 1905

NEW YORK:
James Kempster Printing Company
117-119 Liberty Street
1905

Building Code History

- Reaction to disasters, both man made and natural, drive building codes
- After the great fires in London (1666) and Chicago (1871), building codes started addressing risks associated with close proximity

Building Code History

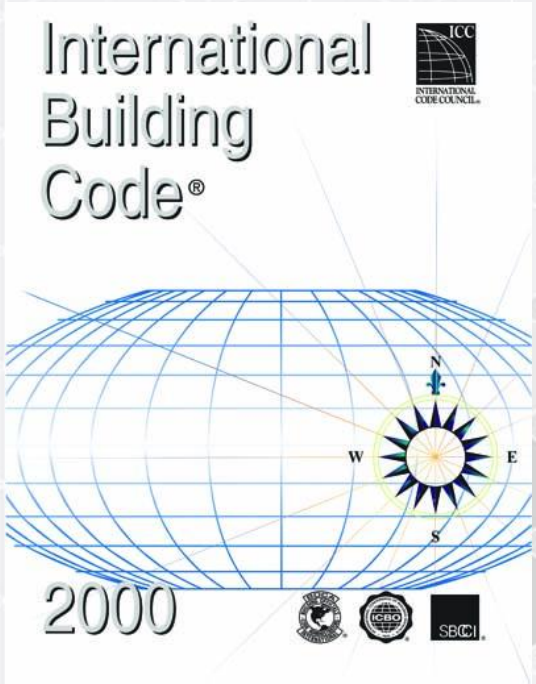


Building Code History

"Legacy Codes"

Building Code History

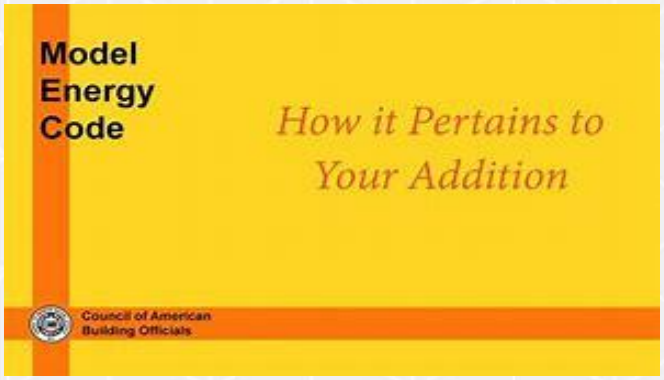
- The first edition of the International Building Code (IBC) was published in 2000 by the International Code Council (ICC)
- Combines the three model building codes published by BOCA, ICBO and SBCCI



THE ENERGY CODE AND BUILDING ENERGY EFFICIENCY

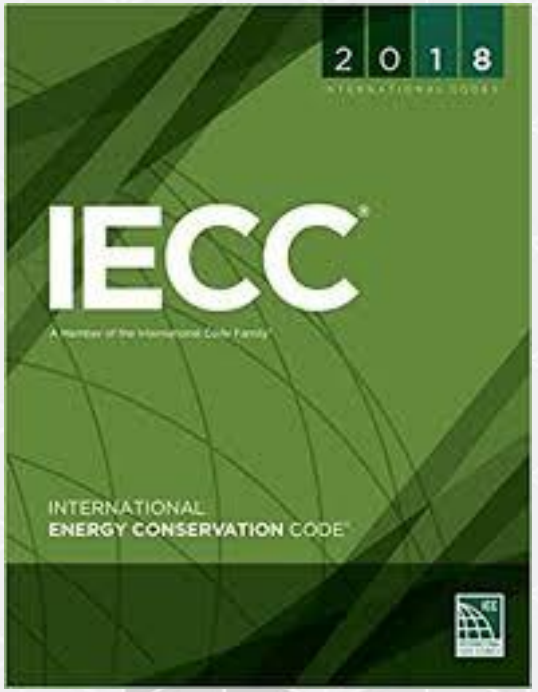
The Energy Code

- Model Energy Code (MEC) developed in 1983 under a U.S. Dept of Energy Contract
- Editions of the MEC released from 1983-1995
- Title changed to International Energy Conservation Code in 1998

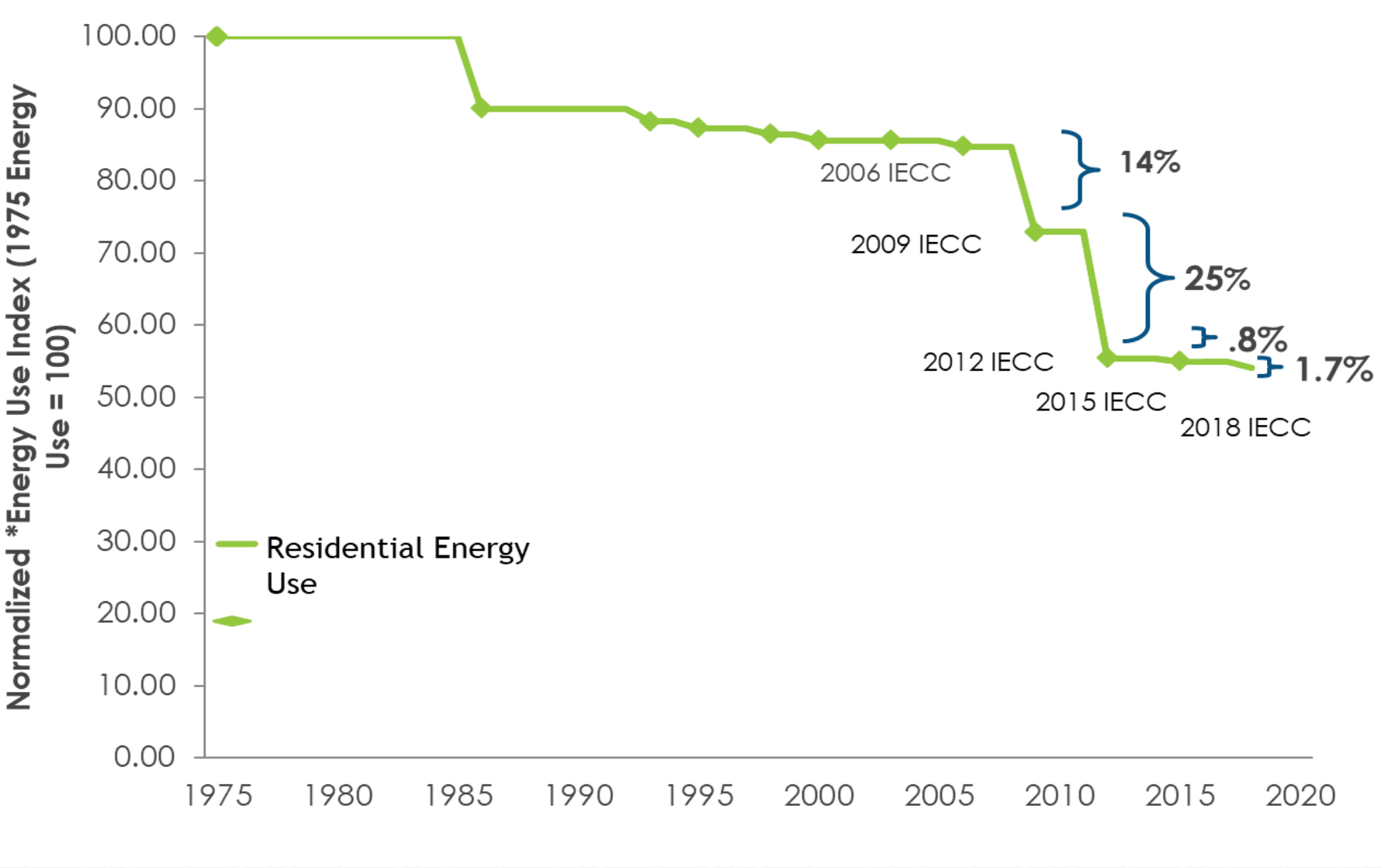


International Energy Conservation Code (IECC)

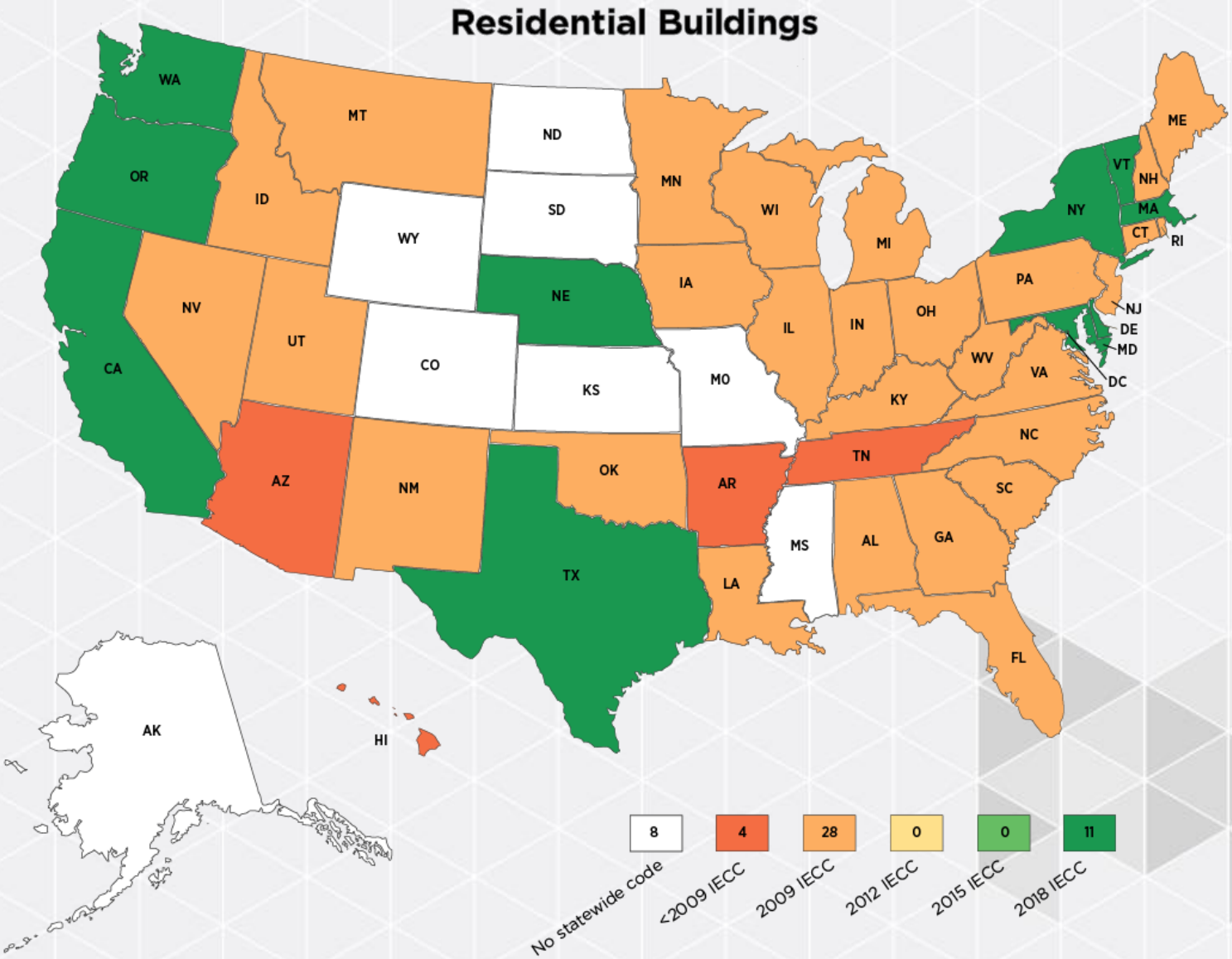
- Developed by the International Code Council
  - Robust stakeholder process
  - Proposed changes accepted from all parties
- New editions published every 3 years



Model Energy Code Improvement



Model Energy Code Improvement



Key Energy Code Components

- Insulation R-value(ceiling, wall, foundation)
- Insulation installation quality
- Continuous air barrier/sealing and testing
- Efficient windows
- Mechanical ventilation
- HVAC system sizing
- Duct sealing and testing
- Efficient lighting

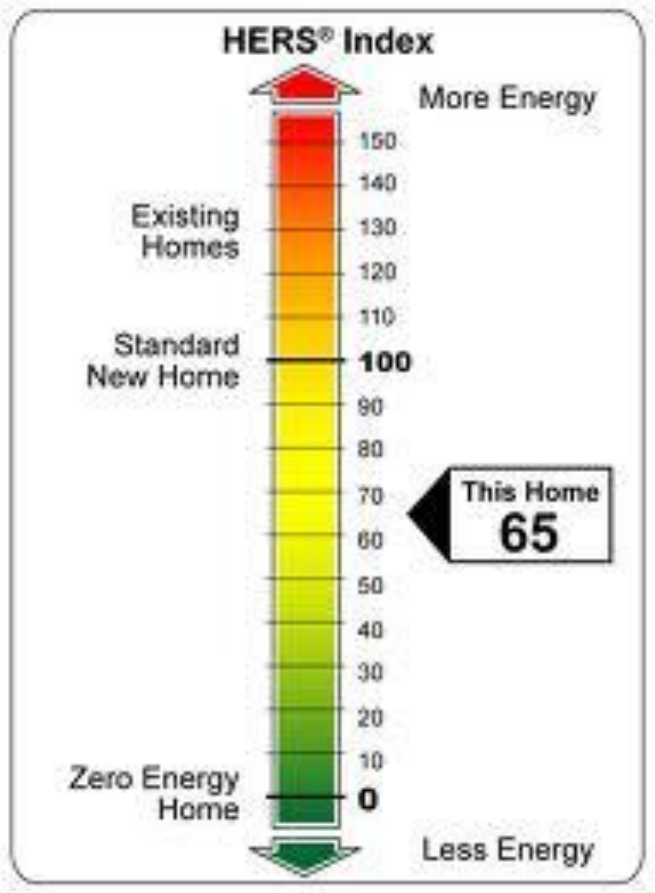
2018 IECC

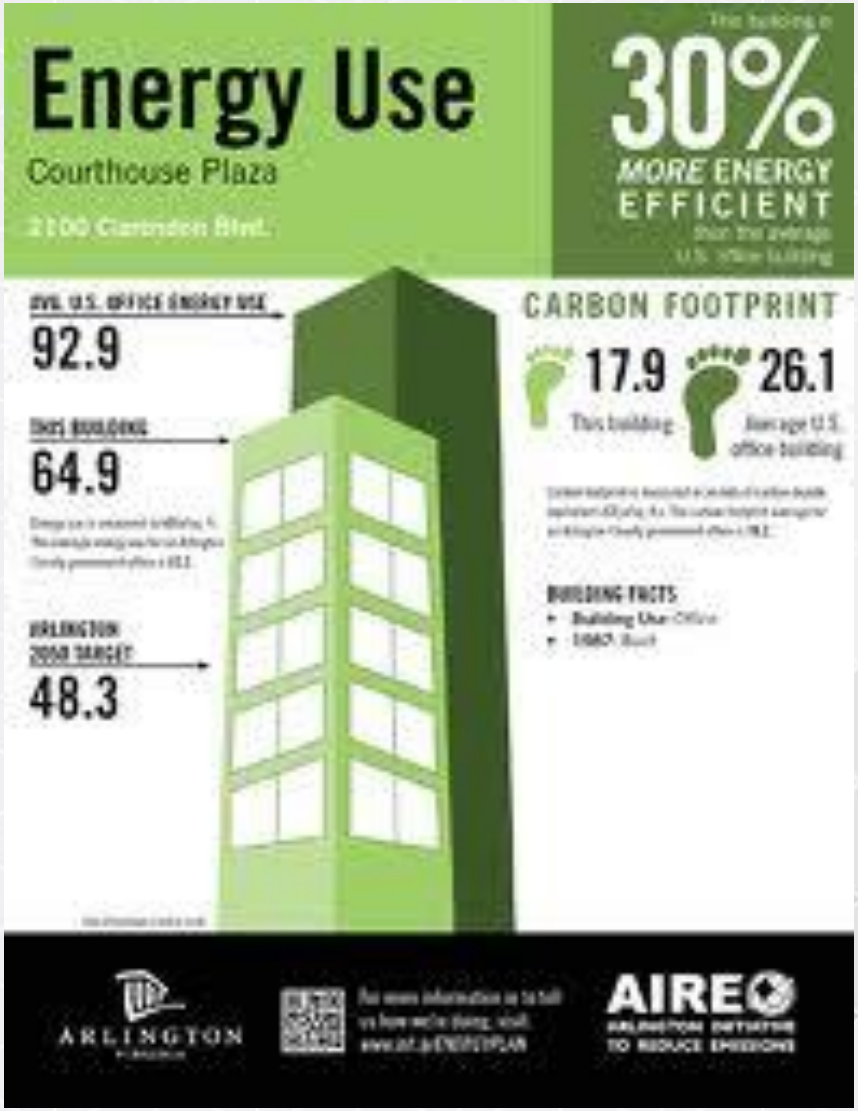
- Advances Energy Code approximately 28% over 2009 IECC
- Residential and commercial provisions
- Blower door and duct pressurization testing and verification required
- Energy Rating Index (ERI) – HERS-like index as an alternative compliance path for residential applications
- Adjusts U-Factor calculations to better align with R-Values
- Pipe insulation required where HW pipes are larger than ¾”

Above Code Programs

- National Green Building Standard
- Energy Star
- Building America's Builder's Challenge (Challenge Home)
- Active House
- LEED-H

Energy Labels and Above Code Certification





Energy Star Program

- Launched in 1992 for appliances
- In 1995, EPA launched Energy Star for Homes
  - 30% more efficient than the Model Energy Code
- In 1996, Energy Star became formal partnership between EPA and DOE

Holistic Approach to Building

- Site Planning and Design
- Resource Efficiency
- Energy Efficiency
- Water Efficiency
- Indoor Environmental Quality
- Homeowner Education
- Global Impact

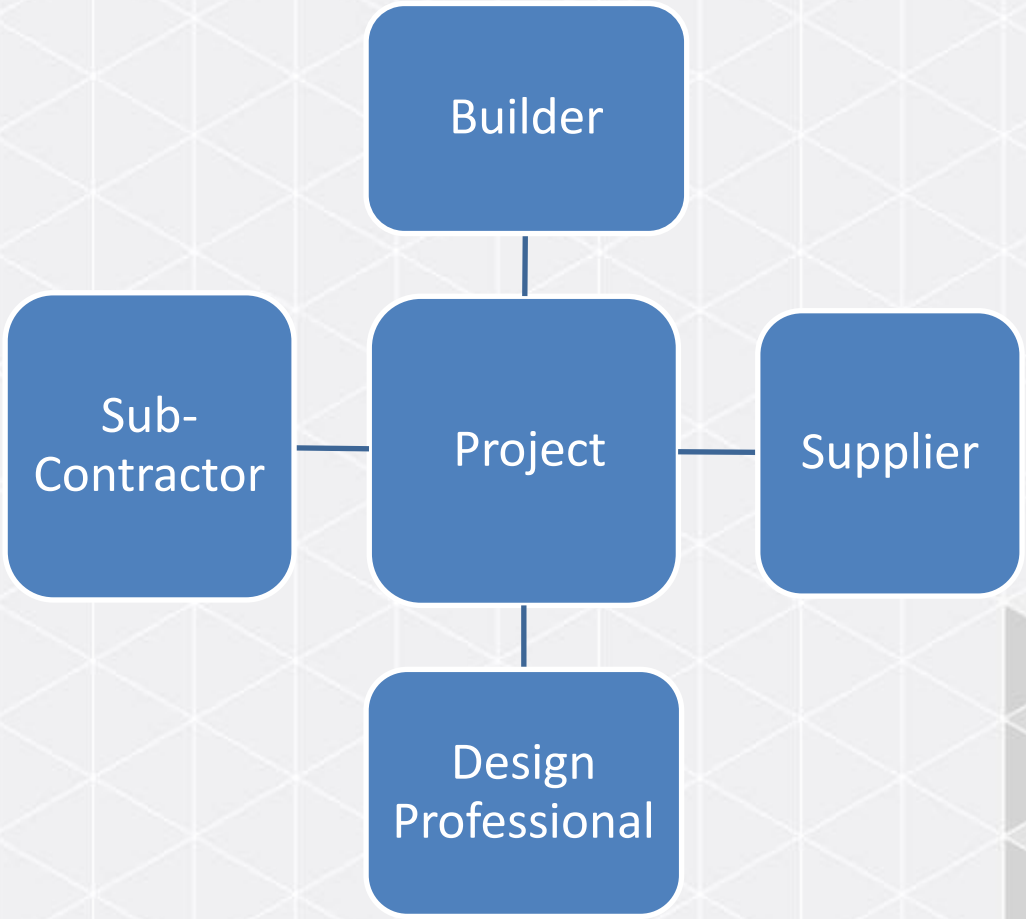
Establishing a Knowledgeable Team

- Begins with /Builder/Design Professional
- Customer/Client
- Building Trades
- Suppliers/Sub-contractors
- Certifications

  -NAHB Certified Green Professional (CGP) (MCGP)

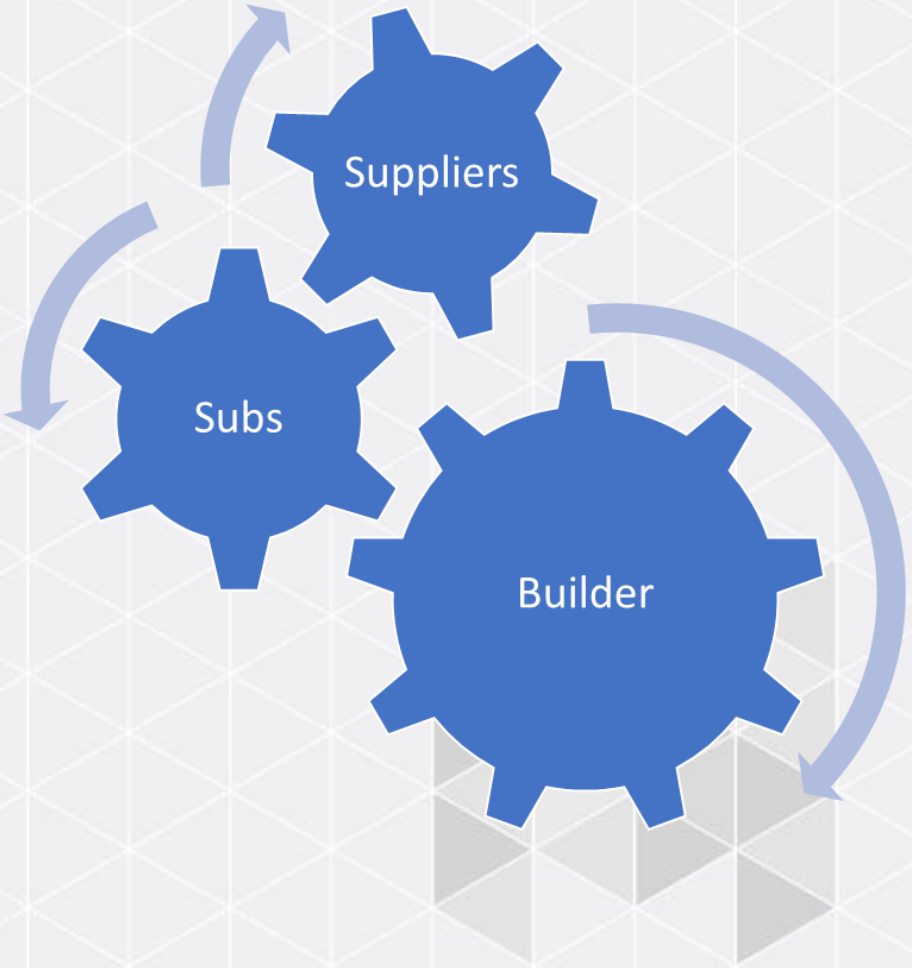
  -LEED-AP

Establishing a Knowledgeable Team



Establishing a Knowledgeable Team

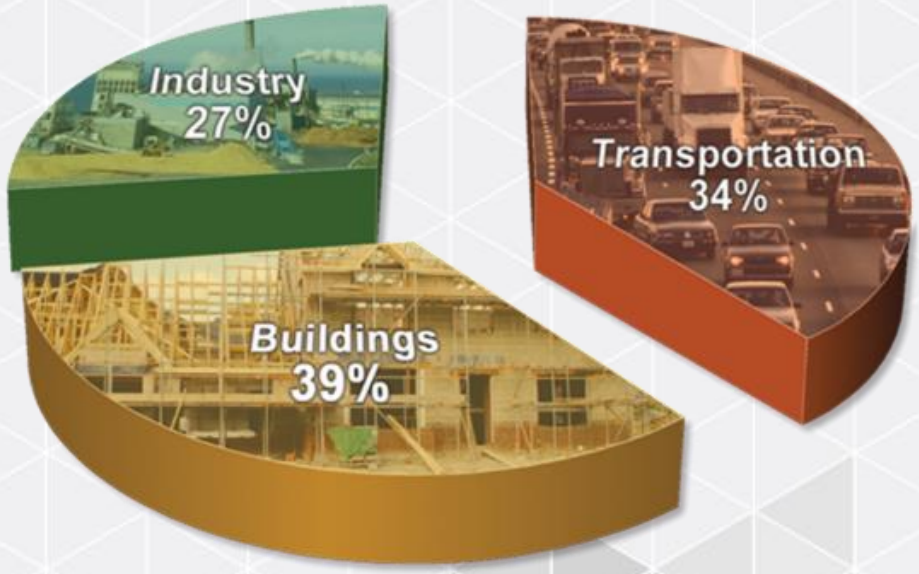
- It takes about 90 people directly and indirectly to construct an average building



IMPORTANCE OF THE ENERGY CODE AND INTERSECTION WITH OTHER CODES

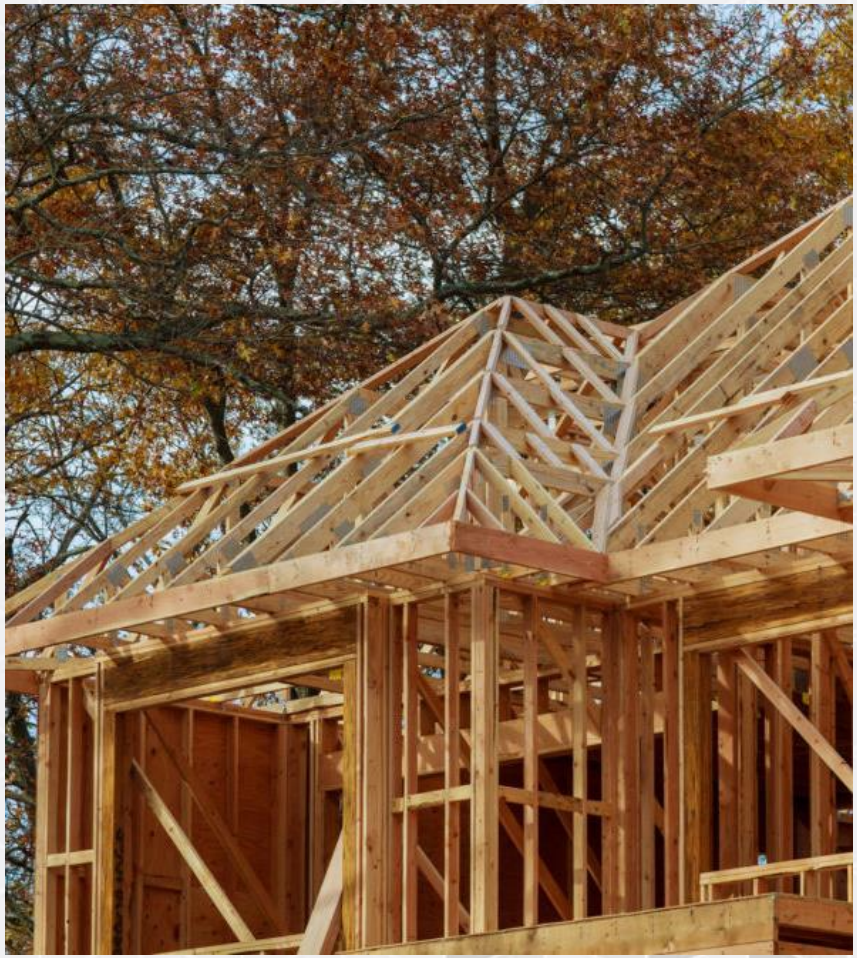
Why are Energy Codes Important?

- Reduce energy use of buildings
- Impacts energy use for the life of a building
  - Most cost-effective to implement during initial design and construction
- Benefits building owners and operators by guaranteeing a minimum of efficiency
- Health and resilience benefits to building owners and occupants



The Energy Code is Everywhere

- Unlike most other codes, the energy code directly impacts the work of many disparate building trades and systems, including
  - Framing
  - Plumbing
  - HVAC
  - Electric
  - Moisture management
  - Concrete
  - Caulking



IECC and IRC

- Chapter 11 in the International Residential Code (IRC) references the energy efficiency requirements found in Chapter 4 of the IECC

IECC and IMC

- Whole-house mechanical ventilation required by energy code

- Ventilation rate requirements in the International Mechanical Code (IMC)

Questions?

- Submit a question in the chat or unmute yourself to ask a question

Review Questions – Session 1

Why was the energy code originally created?

a. To increase sale of insulation
b. To modernize codes
c. To manage the energy use of buildings
d. To increase construction of power plants

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How often are the ICC Codes updated?

a. Every two years
b. Every three years
c. Every four years
d. Every five years

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Review Questions – Session 1

Which of these are an “Above Code” Standard?

a. EnergySTAR
b. ANSI
c. BOCA
d. Morse Code

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Review Questions – Session 1

Why Do “Above Code” Standards Exist?

a. To separate good builders from bad ones
b. To create guidance for incorporating new technology
c. To generate additional tax revenue
d. To give building officials more options

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Continuing Education Credits

- Participants of this session are eligible for continuing education credits from the International Code Council

- Course ID: 26939
- CEUs: 0.20

Next Week

- February 2, 2021, 6:30-8:30pm
- Topic: Basic Building Science
- Contact Matt with Questions: matt@verda-solutions.com

SEE YOU NEXT WEEK!